In this talk, Dr. Markie Twist will open with a comprehensive definition of sexual health and note the barriers towards attaining such health. One of the biggest barriers to sexual health is the larger oppressive societal framework in which we all exist, which keeps many of us silenced and shamed from engaging in comprehensive, sex positive dialogue, discussion and relatedly education. Thus, the presenter will detail mechanisms through which providers can assist people in breaking through sexual silence and sex negativity in order to gain in sexual health and wellness. Such mechanisms will include tools for discussing and negotiating consent, and tips for assisting people in being empowered to engage in lifelong age-appropriate sex talks and education.

GUEST SPEAKER: DR. MARKIE TWIST

Dr. Markie Twist is an adjunct faculty member of the Department of Environmental and Occupational Health in the UNLV School of Public Health. She is also the Program Coordinator of the Graduate Certificate in Sex Therapy Program, and Professor in the Human Development and Family Studies Department and Marriage and Family Therapy Program at the University of Wisconsin-Stout. Dr. Markie is a licensed marriage and family therapist and mental health counselor, AAMFT clinical fellow and approved supervisor, and AASECT certified sexuality educator and approved supervisor.