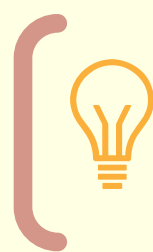
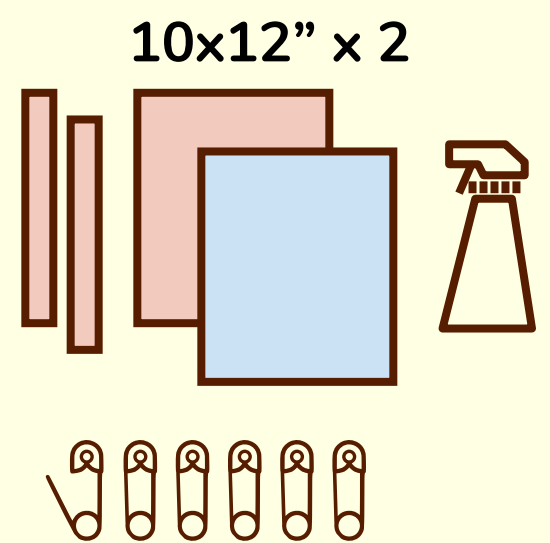


How to Make

NO SEWING REQUIRED DOUBLE LAYER CLOTH MASK

Materials :

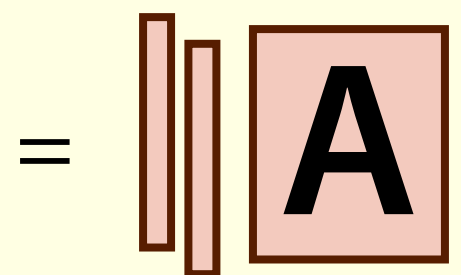
- 2 pieces of cotton fabric torn into 10x12” rectangles
- Something to use as ties
- 6 safety pins
- Spray bottle filled with water (optional)



Tips- Ties can be made out of anything, you could even use elastic if preferred. Hair ties, shoelaces, or even a strip off of the bottom of a T-shirt would work well.

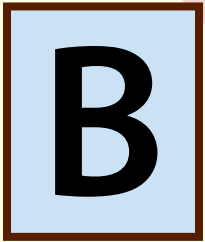
Instructions :

Step 1. Gather and prepare materials





=



Tear all four sides of both rectangles so that edges are evenly frayed. You can do this by cutting about ½” into the fabric and then tearing the rest of the way(see reference A). This ensures it will make it through the wash many times without falling apart.

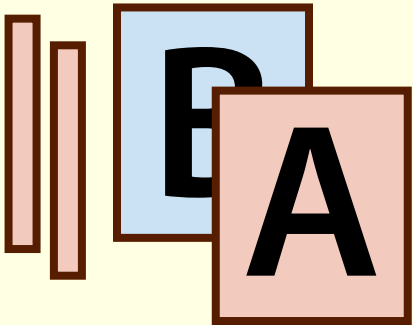


(reference A)

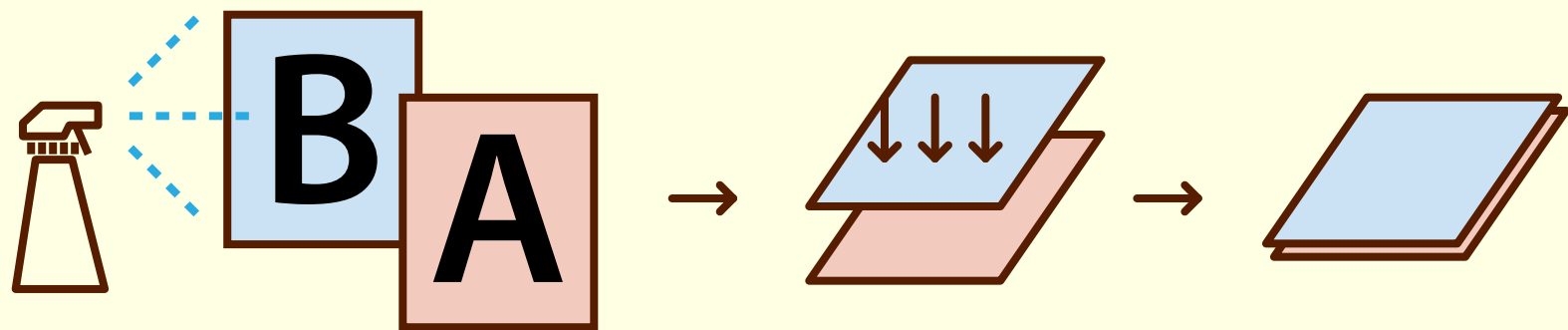


Tips- find the highest quality of cotton you can find. I used a button up shirt and a pillowcase. Sheets or pillowcases are best. Thread count matters +600 thread count is the best. Clothes and sheets have tags that tell what they are made of and are already preshrunk. Find something at least 50% cotton. If you are using new cotton fabric you need to preshrink before using by washing in hot water. You can test quality of fabric by holding up to the light, you should not be able to see through the weave of the fabric.

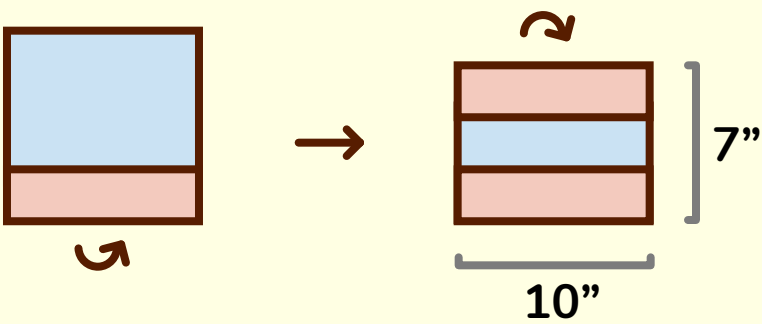
Result:



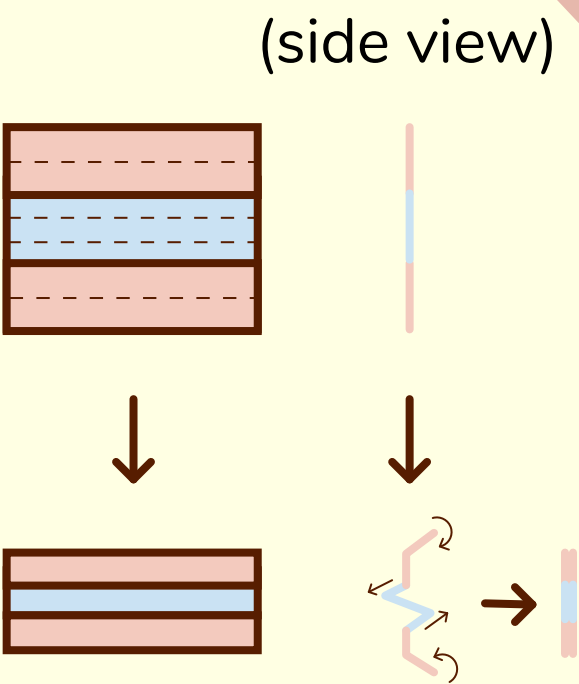
Step 2. Folding the Fabric



Spray rectangles with water to make folding easier. Lay them on top of each other and fold the longest sides in so that both folds and middle are the same width. Your measurements after folding should be about 10" x 7".

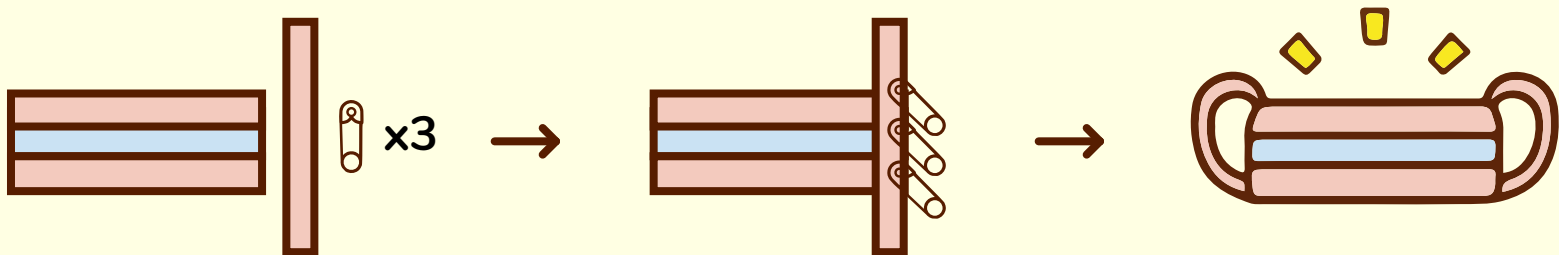
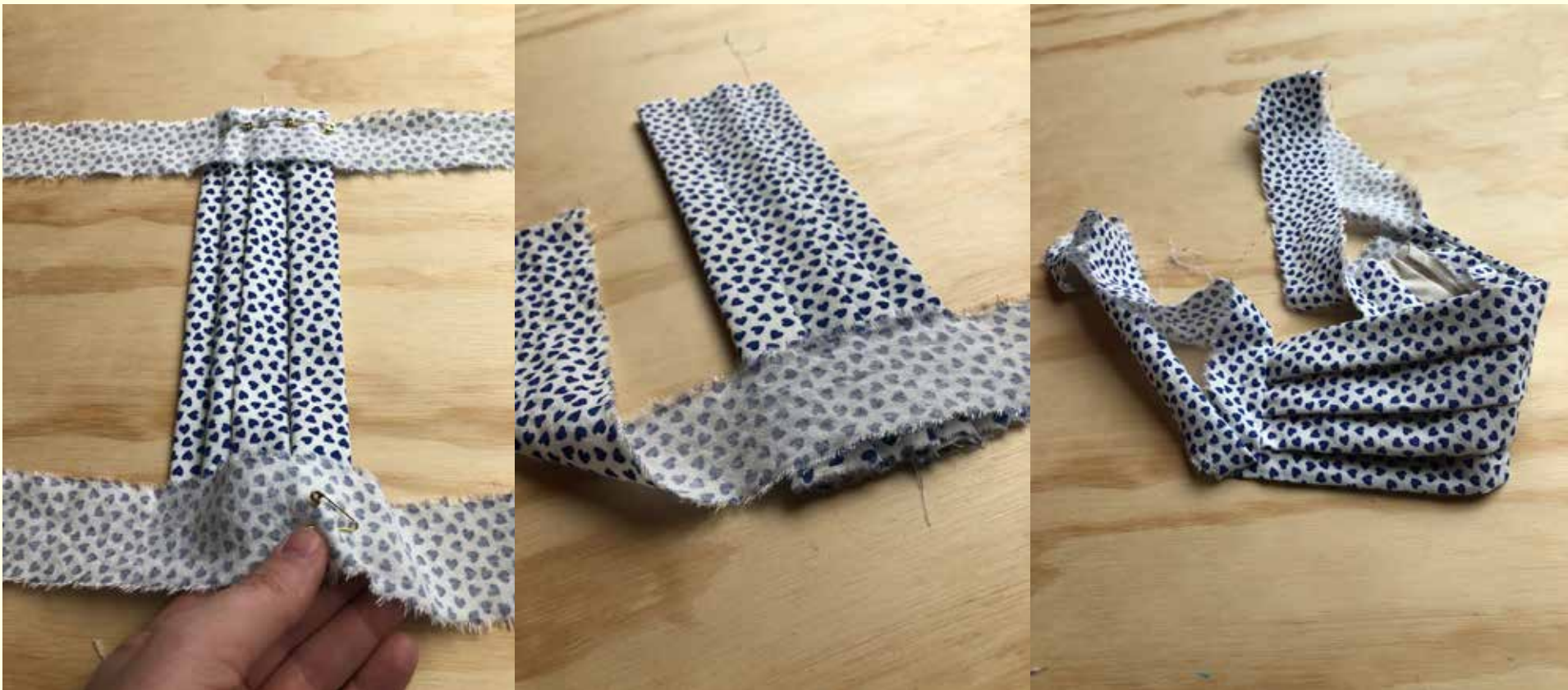



Result:



Step 3. Finishing the Mask

Fold each of the already folded sections and the middle in the same direction making 3 equal pleats. Flip fabric over so that the clean side without the folded frayed edges is facing you.



 **Tips-** Instead of safety pins you could staple together or hand stitch or machine stitch together.

Result:

DONE! I fold the top fold up to make the mask fit tighter around the bridge of my nose.



Cloth mask must be washed in hot water after every use. Try not to touch the front of the mask during use and while removing the mask. Wash hands after taking off. Wash hands if you touch the front of the cloth mask while in use.



About the Author- Lilia is a recent UNLV Graduate, class of 2019. As an artist she focuses on making art out of found materials.

Keep distance & Be safe!!