Get Ahead in Your Career

by Victoria Mitchell, Hixson-Lied Success Scholar

It can be difficult to create a resume, and even more difficult to prepare for an interview. At UNLV Career Services students can get help in these areas and many more. Career Services offers resources and support to students through all stages of their career development. In collaboration with the Academic Success Center, Career Services is able to offer students guidance with developing a career plan and choosing a major. Students take an online assessment called Focus 2 to determine areas of interest. After taking Focus 2 they are able to speak to a Career Counselor in either department about their results. Another resource offered by Career Services is resume reviewing. This service allows for students to have their resume corrected.

Another important resource offered by career services is their mock interviews. Students prepare for an interview by dressing professionally and bringing their resume. Students are then asked a series of interview questions and they get feedback afterwards. Perhaps the most useful tools offered by Career Services is Hire a Rebel CareerLink, which is an online database of jobs and internships from all over the world. There are always a wide range of positions available and students can apply directly from the

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database by uploading their resume and cover letter. These resources are not limited to current UNLV students, in fact Alumni, Employers, and Faculty can take part in many of the resources Career Services has to offer. Go ahead and make an appointment with Career Services by calling 702-895-3495 or visiting the second floor of SSC-A Monday through Friday, 8:00 am to 5:00 pm. (UNLV Web Communications, 2014).

Food Options for Rebel Students

By: Sabina Catak, Hixson-Lied Success Scholar

On a 332 acre sized campus, students want a place that is very easy and convenient to get fuel and go! UNLV has many on- and off-campus options ranging from meal plans and commuter plans associated with our dining commons buffet to Subway, Panda Express and Greens to Go inside the Student Union. Popular off-campus options include Café Rio, In and Out, Jimmy Johns and many more! When living on campus, the meal plans are very useful and practical to obtain. You can choose between how many meals you want per week and how much money you would like included in your dining dollars. You can use dining dollars in the Student Union and the POD stands for any purchases. The commuter plans are for students who are not housed on campus but want a convenient and cheaper way to get fueled up before and after class. It is also very quick and easy to get started. You can either go to www.UNLVdining.com or you can go directly to the Rebel Card Office. If you can’t afford to pay for the entire meal plan, they also offer easy meal plan payments to fit anyone’s budget!

Some students would like food options between classes, and since it is such a short span they need something to grab and go. There are many food truck options such as Ben’s BBQ and Smokehouse, Haulin’ Balls LV, Coast to Coast Deli, and the increasingly popular Sin City Wings. The majority of these food trucks are on campus from 9:00 AM to 3:00 PM (Funcion, 2013). Another great option for on campus food is the POD. The POD offers a wide range of healthy snacks, drinks and everyday household items. There are several PODs on campus. The two most convenient locations, in my opinion, are located next to the student union and the other is attached to the dining commons buffet across from Tonopah Residence Hall (Welcome to CampusDish, n.d.). With all of these convenient places to stop for food, all of your focus will be on what is more important to you!

Sources:

"Welcome to CampusDish at University of Nevada, Las Vegas!" Welcome to CampusDish at University of Nevada, Las Vegas! N.p., n.d. Web. 27 Oct. 2014.
Earn Credits with Mid-Semester Courses

By: Maria Navarro, Hixson-Lied Success Scholar

If you are looking to add more credits to your schedule this semester, mid-semester courses will begin instruction on Monday, November 3rd, 2014. For students who are looking to add a class for Fall 2014 semester, mid-semester courses are an option for students to earn credit. Mid-semester classes are a great option to fulfill a class that you were unable to register for or had to withdraw from and help you maintain full-time student standing or financial aid.

Mid-semester courses are also a great way to get ahead in your coursework and work towards graduation. Registrations for mid-semester courses have already begun and fill up fast. Unlike regular full-semester classes, mid-semester courses begin after midterms. Mid-semester courses are five weeks of instruction and many courses are available online. Some classes available include COLA 100E, GEOG 103, and MUS 101.

Like full-semester classes, mid-semester courses include a minimum of 750 minutes of classroom instruction per credit. For more information about mid-semester courses, please meet with your academic adviser or contact the appropriate department. To see which specific mid-semester courses are available, use the MyUNLV search engine.

Source:
Mid-Semester Courses and Mid-Term Grades. UNLV Web Communications University of Nevada, Las Vegas. 2014. Web 28 October 2014.

Insight into COLA 100E with Dr. Brooke Allen-Burnstein

By: Vanessa Huanca, Hixson-Lied Success Scholar

Dr. Brooke Allen-Burnstein, better known as “Dr. Brooke,” has been part of UNLV since 2007. At the time, she was a graduate assistant in the Department of Sports Education Leadership, working on her Ph.D. She taught Human Anatomy and Physiology for a few years at UNLV. Currently, she is faculty-in-residence that teaches COLA 100E: First-Year Seminar for Exploring Majors, which is offered through a partnership between the Academic Success Center and the College of Liberal Arts.

Besides her UNLV involvement, she is very dedicated to volunteer work. Out of all the organizations she has worked with, Miss America Organization and Habitat for Humanity International have been a great part and influence in her life. Dr. Brooke started out as a contestant in the Miss America program and eventually started volunteering with the organization. Habitat for Humanity International gave her the opportunity to travel to Romania for a week and build a house for a family in need. She is also the beloved mother of her two-year-old son.

Last week, I had the opportunity to interview Dr. Brooke and receive valuable insight into COLA 100E. Below are highlights of questions and responses:

What is it about COLA 100E that you enjoy the most?

I love being able to engage...
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with my students in discussions. Beyond that, it is the variety of topics. I feel more connected to UNLV because we talk about campus resources, we bring in guest speakers from all over campus—from all over the community—so I feel like I am more connected to the university and I really like that (Allen-Burstein, 2014).

What do you see students struggle with the most in COLA 100E?

Overall, time-management is the biggest issue students’ face. We spend a lot of time on prioritizing, structuring their schedule, and examining campus resources that will help them with that. That’s probably the biggest thing. The next thing I see particularly in relation to what they do, in terms of their writing. A lot of students come in without college level writing skills; they are still writing at a high school level. In class, we do a lot of written reflection and written assignments, so in regards with written assignments they tend to struggle with the mechanics of writing (Allen-Burstein, 2014).

Do you see students improve in their writing skills at the end of the course?

Yes, there are definitely improvements as they go because their first paper is usually really rough. I feel guilty if I give back a paper and there is not an explanation for their grade, so I am constantly marking grammatical mistakes and providing helpful feedback. By the end of the semester, the comments are still there, but the grammatical mistakes are fewer (Allen-Burstein, 2014).

Tips for students who will take COLA 100E:

The biggest tip for students coming in COLA 100E class is to be open-minded. Students come to UNLV and see it is a mandatory class. It is study skilled based, so they may see it as an easy class. They need to be open minded to the fact that it does provide all of those things and is enriched in discussion — and maybe your grade is not solely based on tests like some courses — but at the same time there is the critical thinking skills that students do not necessarily have initially. That is where the challenge comes in. Students should be open-minded to critical thinking to the diverse topics that we have, especially considering the importance of the course’s in-class discussions. A lot of the freshmen classes are lecture based and often less interactive. They really have to be open-minded to be an active learner. Students that come in open-minded will get out a lot more than those who passively sit back and fail to engage themselves. Students in COLA 100E should be actively learning (Allen-Burstein, 2014).

Dr. Brooke also encourages students to visit their professors during their office hours. In COLA 100E, they learn about office hour etiquette which involves: having questions prepared, knowing what subject will be discussed and letting know the professor ahead of time about the meeting him/her during his/her office hours. She encourages students to volunteer and get involved in their community. Dr. Brooke is a wonderful person with so much to offer to not only UNLV and the students, but to the world as a whole.

Note: Responses were paraphrased from interview (Allen-Burnstein, 2014)
Notable Upcoming November Events

By: Bridget Manguiat, Hixson-Lied Success Scholar

It’s November and you know what that means? The holidays are coming up! There are many events going on here on campus in preparation for the holidays as well as other intricate looking events. Have nothing to do during your break time? Try checking out some of these exhibits:

“Yesterday and Today”

This exhibit will have various pottery up for display from Southern Nevada. In addition, items from the Nevada State Museum, The Lost City Museum, and Nevada Folk life Archives-Nevada Arts Council will be on display for you to explore.

“Panorama” and “Panorama +”

Both Panorama exhibits will be showcasing various works involving views of landscapes from various recognized artists from Nevada Arts.

All three exhibits will be up for viewing on:

- November 3rd – 5th, 7th, 10th, 12th, 14th, 17th – 19th, 21st, 24th – 26th
- Where: Majorie Barrick Museum / Harry Reid Center

The museum is open Monday through Friday from 9am – 5pm, and Saturday from 12pm – 5pm.

The best part is – it’s free! There is no cost to enter the exhibit. If you can though, be sure to try and leave a small tip at the front in a jar. Who knows, you might just find yourself inspired by these works. You do not have to be an art student to find such work as inspiring or beautiful.

There will also be plays being performed at the Judy Bayley Theatre. *The Last Five Years* is said to be about a couple who fall in and out of love for five consecutive years. It sounds highly interesting. The pricing for all seats is $30. If you’re looking to hang out with a significant other, perhaps it will serve as an opportunity to hang out and enjoy an evening of inspiring performances.
_The Last of Five Years_ will be performed on the following days:

- Thursday, November 6 at 8:00pm
- Friday, November 7 at 8:00pm
- Saturday, November 8 at 2:00pm and 8:00pm
- Sunday, November 9, at 2:00pm

All of the events mentioned above could prove worth the time, so be sure to check them out when you can.

In addition to the various art events occurring on campus this month, do not forget to support our fellow Rebels in their games.

Following are the dates for the basketball games that are to take place here at UNLV this month:

**Thomas and Mack Center**

**Men’s**
- November 05: Florida National Exhibition: 7:00pm
- November 14: Morehead State: 7:30pm
- November 16: Sam Houston State: 5:00pm
- November 29: Albany: 7:00pm

**Women’s**
- November 14: Texas A&M-Corpus Christi: 4:00pm

**Cox Pavilion**
Women’s
- November 10: Dixie State Exhibition: 7:00pm
- November 17: Loyola Marymount: 5:00pm
- November 29: Delaware State: 12:00pm
- November 30: Consolation Game Lady Rebel Round-Up: 12:00pm
- November 30: Championship Game Lady Rebel Round-Up: 2:30pm

For more information about any of these events, feel free to go onto UNLV’s website. To purchase tickets for the games, visit www.unlvrebels.com.


*All photos used are original or can be found at unlv.edu unless otherwise noted.