U.S.O. Group
(Understanding Self & Others)

For students who feel distress or dissatisfaction in their relationships with others. This group can be helpful if you are interested in:
- forming meaningful connections with others
- relating better to others
- learning socializing skills that may help you interact more effectively with others
- practicing new behaviors that can help strengthen your interpersonal skills
- feeling more satisfied in your relationships, overall

Please call CAPS at (702)895-3627 to learn when this group is held.