Grad Support Group

For master and doctorate level students who want to have open conversations about:

- How academic and professional challenges impact one’s mental health and overall well-being
- The difficulties of balancing academic and personal lives
- The pressure of thriving and surviving in graduate school and how to cope with the multiple demands
- The importance of increasing one’s sense of belonging
- Building confidence as a graduate student

Please call CAPS at (702)895-3627 for additional information about this group.