For students who are:

- mourning the loss of someone significant in their life
- often disagreeing with someone important in their life
- experiencing many life changes and having a hard time managing them
- feeling lonely, bored or emotionally distant from others

**Tuesday**

2:30pm – 4:00pm

3/5 – 4/30

Facilitated by Katherine Isaza, Psy.D. and Liz Carrasco, LCSW

**Friday**

10:30am – noon

3/8 – 5/3

Facilitated by Katherine Isaza, Psy.D.