

NICHOLAS BARR, PhD, MSW

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EDUCATION

- 2018 – 2019 Postdoctoral Fellow, Center for Innovation and Research on Veterans & Military Families, University of Southern California, Los Angeles, CA
Funder: Cohen Veteran's Network
- 2013 – 2018 PhD, Suzanne Dworak-Peck School of Social Work, University of Southern California, Los Angeles CA
- 2009-2011 MSW, University of California Los Angeles, Los Angeles, CA
Concentration: Mental Health
- 2001-2005 BA, Columbia University, New York, NY
Major: Religion
- Spring 2004 Institute of Buddhist Dialectics, Dharamsala, India
 Emory University/Institute of Buddhist Dialectics Study Abroad Program

PEER REVIEWED JOURNAL ARTICLES

Barr, N., Castro, C.A. & Keeling, M. (2019). Associations between Mindfulness, PTSD, and Depression in Combat Deployed Post-9/11 Military Veterans. *Mindfulness*, 1-12.

Petering, R., **Barr, N.,** Ajitesh, A. (In press). Mindfulness and Yoga Peer Based Intervention to Reduce Interpersonal Violence among Young Adults Experiencing Homelessness. *Journal of the Society for Social Work and Research*.

Barr, N., Kintzle, S. (In press). Can mindfulness help to predict veterans' mental health service utilization? *Social Work*.

Srivastava, A., Petering, R., **Barr, N.,** Kannan, R., Rice, E., & Prasanna, V. K. (2019). Network-based intervention strategies to reduce violence among homeless. *Social Network Analysis and Mining*, 9(1), 38.

Davis, J. P., **Barr, N.,** Dworkin, E. R., Dumas, T. M., Berey, B., DiGuseppi, G., & Cahn, B. R. (2019). Effect of Mindfulness-Based Relapse Prevention on Impulsivity Trajectories among Young Adults in Residential Substance Use Disorder Treatment. *Mindfulness*, 1-13.

Kintzle, S., **Barr, N.,** Corletto, G., & Castro, C. (2018). PTSD in US Veterans: The role of social connectedness, combat experience and discharge. *Healthcare* (Vol. 6, No. 3, p. 102). Multidisciplinary Digital Publishing Institute.

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Petering, R., **Barr, N.**, & Rice, E. (2018). Can better emotion regulation protect against interpersonal violence in homeless youth social networks? *Journal of Interpersonal Violence*, 0886260518804183.

Barr, N., Kintzle, S., Alday, E., & Castro, C. (2018). How does discharge status impact suicide risk in military veterans?. *Social Work in Mental Health*, 1-11.

Sullivan, K., Kintzle, S., **Barr, N.**, Gilreath, T. D., & Castro, C. A. (2018). Veterans' social-emotional and physical functioning informs perceptions of family and child functioning. *Journal of Military, Veteran and Family Health*, 4(2), 37-47..

Barr, N., Kintzle, S., Sullivan, K., & Castro, C. (2017). Suicidality and nonsuicidal high-risk behavior in military veterans: How does PTSD symptom presentation relate to behavioral risk? *Traumatology*.

Barr, N., Fulginiti, A., Rhoades, H., & Rice, E. (2016). Can better emotion regulation protect against suicidality in traumatized homeless youth? *Archives of Suicide Research*, 1-12.

Barr, N., Sullivan, K., Kintzle, S., & Castro, C. A. (2016). PTSD symptoms, suicidality and non-suicidal risk to life behavior in a mixed sample of pre-and post-9/11 veterans. *Social Work in Mental Health*, 1-9.

Sullivan, K., **Barr, N.**, Kintzle, S., Gilreath, T. & Castro, C. A. (2016). The association of PTSD and physical health symptoms with the family functioning of veterans. *Marriage and Family Review*.

Kelly, E. L., Fenwick, K. M., **Barr, N.**, Cohen, H., & Brekke, J. S. (2014). A systematic review of self-management health care models for individuals with serious mental illnesses. *Psychiatric Services*, 65(11), 1300-1310.

BOOK CHAPTERS

McFarr, L. M., Gaona, L., Flores, D., Farias, A., **Barr, N.**, Henriquez, S., Ramirez, G. U. (2013). Cultural adaptation of acceptance and mindfulness-based methods: Cultural competency in dialectical behavior therapy. In A. Masuda, *Cultural issues in acceptance and mindfulness-based approaches*. Oakland, CA: New Harbinger.

TECHNICAL REPORTS

Barr, N. (2016) *Psychometric Assessment of the Army Global Assessment Tool*. Center for Innovation and Research on Veterans & Military Families.

Garban, H. J., Iribarren, F. J., Noriega, C. A., **Barr, N.**, Zhu, W. (2012). Using biological markers to measure stress in listeners of commercial talk radio. Working paper 3. UCLA Chicano Studies Research Center.

INVITED PRESENTATIONS

Petering, R., **Barr, N.**, & Ajitesh, S. (2019). MyPath: An intervention to reduce violence among homeless young adults. Center for Artificial Intelligence in Society – University of Southern California.

Barr, N., (2018). Investigating the Role of Mindfulness in Post-9/11 Military Veterans' Mental Health Outcomes. Oral presentation at the 2nd annual King's College – USC Research Symposium, London, UK

Barr, N., Keeling, M. (2016). Proximal & Distal Indicators of Resilience:

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Mindfulness as a Mediator of PTSD Following Combat Experience. Oral presentation at the first annual King's College – USC Research Symposium, London, UK.

PEER REVIEWED ABSTRACTS

Barr, N., Davis, J., DiGuseppi, G., Keeling, M., & Castro, C. (2019). Direct and indirect effects of mindfulness, PTSD, and depression on self-stigma of mental illness in OEF/OIF veterans. Oral paper accepted for publication at the annual conference of the American Public Health Administration, Philadelphia, PA.

Barr, N., Kintzle, S. (2019). Can mindfulness help to predict veterans' mental health service utilization? Poster accepted for publication at the annual Military Health System Research Symposium. Kissimmee, FL.

Pyne, S., **Barr, N.,** & Schieffellin, S. (2019). *Mindfulness practices to enhance recovery*. Oral paper accepted for publication at the annual University of California Mental Health Best Practices Conference. Los Angeles, CA.

Petering, R., & **Barr, N.** (2018). *Violence and emotion regulation in a network of homeless youth*. Oral paper accepted for publication at the annual meeting of the American Public Health Association, Atlanta GA.

Barr, N., Sullivan, K., Kintzle, S., Castro, C. A. (2017). *How do somatic symptoms and barriers to care affect mental health service use for veterans with PTSD?* Oral paper presented at the annual meeting of the Society for Social Work Research, New Orleans, LA.

Barr, N., Kintzle, S., Castro, C. & Sullivan, K. (2016). Suicidality and high-risk behavior in military veterans: how does PTSD symptom presentation relate to behavioral risk profiles? Oral paper presented at the annual meeting of the Society for Social Work Research, Washington, DC.

Sullivan, K., **Barr, N.,** Kintzle, S., & Castro, C. A. (2015). *The impact of mental health, physical health and previous deployments on the family functioning of veterans*. Oral paper presented at the 2016 annual conference of the Society for Social Work and Research. Washington, D.C.

Barr, N., Fulginiti, A., Rhoades, H., Rice, E. (2014). *Can better emotion regulation protect against suicidality in homeless youth?* Oral paper presented at the annual meeting of the Society for Social Work and Research, New Orleans, LA.

Barr, N., Dour, H. J., Benson, L. A., Nehme, J., McFarr, L. M. (2012). Perceived competence as a potential mediator of DBT knowledge and attitudinal change in clinicians treating borderline personality disorder. Poster presented at the annual meeting of the International Society for Improvement and Teaching of Dialectical Behavior Therapy, National Harbor, MD.

Benson, L., Gaona, L., **Barr, N.,** & McFarr, L. M. (2012). Exploring associations between self-harm and therapy-interfering behaviors in an outpatient DBT setting. Poster presented at the annual meeting of the International Society for Improvement and Teaching of Dialectical Behavior Therapy, National Harbor, MD.

Bonfil, A. D., McFarr, L. M., Raposa, E., Henriquez, S., **Barr, N.,** Higier, R., Gaona, L., Hamilton, H. K. (2012). Effectiveness of second-year DBT: Are there significant gains in treatment outcomes beyond the first year? Poster presented at the annual Association of Behavioral and Cognitive Therapies Conference, National Harbor, MD.

Holler, R., Benson, L., **Barr, N.,** Gaona, L., McFarr, L. M. (2011). Organizational and Individual

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variables associated with transfer of CBT practices in a community mental health setting: A follow-up. Poster presented at the Cognitive Therapy Special Interest Group, annual Association of Behavioral and Cognitive Therapies Conference, Toronto, Canada.

Barr, N., Gaona, L., McFarr, L. M. (2012). Cultural competency in dialectical behavior therapy. Poster accepted for presentation at the first annual meeting of the Harbor-UCLA Scientific Sessions on Mental Health, Torrance, CA.

Brown, L. A., Naman, K., Jackson, L. L., **Barr, N., McFarr, L. M. (2012).** Effects of ACT training on novice therapists' experiential avoidance. Poster submitted to the Anxiety and Depression Association of America Annual Conference, La Jolla, CA.

CLINICAL EXPERIENCE

2013 - 2018 **Clinical Social Worker**
Cognitive Behavior Therapy California

2011 - 2013 **Psychiatric Social Worker I**
Los Angeles County Department of Mental Health
Harbor-UCLA Medical Center, Adult Outpatient Psychiatry Clinic

LEADERSHIP ACTIVITIES

Fall 2018 – Present **Editor**, Military Behavioral Health

Spring 2017 **Representative**: Educational Subcommittee for Doctoral Student Teaching, University of Southern California School of Social Work

Spring 2017 **Organizer**: Second Annual King's College London and University of Southern California School of Social Work Symposium

2015-2016 **Co-Chair**: Doctoral Students Association, University of Southern California School of Social Work

2014 – 2019 **Representative**: Doctoral Students Association, University of Southern California School of Social Work

PROFESSIONAL AFFILIATIONS

2011 - Present Member, Association for Behavioral and Cognitive Therapies

2010 - Present Member, Cognitive Behavioral Therapy Society of Southern California

2013 - Present Member, Society for Social work and Research