

Pre- and Post-Event Evaluation Report

Area of Assessment	Outcomes
Pre-Event Data	<p>Leadership</p> <ul style="list-style-type: none"> 71% of student-athletes (n = 62) “strongly agree” or “agree” to having a leadership philosophy they utilize to guide their individual behaviors 13% of student-athletes (n = 62) “strongly agree” they are an effective leader <p>Legacy</p> <ul style="list-style-type: none"> 17% of student-athletes (n = 62) “strongly agree” they have a clear understanding of how to build a legacy at UNLV Prior to the seminar, 32% of student-athletes (n = 62) had a tangible guide they reference regularly to help build their legacy at UNLV
Student-Athlete Skills and/or Knowledge	<ul style="list-style-type: none"> Student-athletes (n = 82) “strongly agree” or “agree” their skills and/or knowledge improved in the following areas: Leadership: <ul style="list-style-type: none"> How to build my own leadership philosophy (93%) Leadership traits, techniques, and styles (91%) How to be an effective leader (90%) Legacy: <ul style="list-style-type: none"> How to build a legacy I can be proud of (93%) How I am accountable for my own individual legacy (93%) How to create a tangible guide I can reference to build my legacy at UNLV (94%)
Event Satisfaction	<ul style="list-style-type: none"> 100% of student-athletes (n = 73) report they were “very satisfied” or “satisfied” with the event
Leadership Discussion Content (Marissa)	<p>Leadership Discussion Content: 99% of student-athletes (n = 82) selected “agree” or “strongly agree” with five questions evaluating the leadership discussion content:</p> <ul style="list-style-type: none"> 100% of student-athletes “strongly agree” or “agree” the discussion seemed well planned and organized 100% of student-athletes “strongly agree” or “agree” the most important points were clear 100% of student-athletes “strongly agree” or “agree” this information will be useful while at UNLV 99% of student-athletes “strongly agree” or “agree” they enjoyed the content of the discussion 98% of student-athletes “strongly agree” or “agree” they enjoyed the way this information was presented <p>Overriding Themes in “Other Comments/Suggestions” Section: Working with other sports teams was great; enjoyed how interactive the discussion was; appreciated the “four quarter” layout; very fun; the activities were interesting and interactive; speaker was very good, effective, and inspirational</p>
Legacy Content (Marissa)	<p>Legacy Content: 100% of student-athletes (n = 82) selected “agree” or “strongly agree” with six questions evaluating the legacy content:</p> <ul style="list-style-type: none"> 100% of student-athletes “strongly agree” or “agree” the discussion seemed well planned and organized 100% of student-athletes “strongly agree” or “agree” the most important points were clear 100% of student-athletes “strongly agree” or “agree” the presenter communicated her objectives clearly 100% of student-athletes “strongly agree” or “agree” this information will be useful while at UNLV 99% of student-athletes “strongly agree” or “agree” they enjoyed the content of the discussion 99% of student-athletes “strongly agree” or “agree” they enjoyed the way this information was presented

<p>Student-Athlete Reported Meaningful Take-Aways</p>	<p>Overriding Themes in “Other Comments/Suggestions” Section: People don’t usually think of the “big picture” like their legacy, and it was nice to take a step back; enjoyed the legacy video; appreciated engaging with other teams; presenter was fantastic/thorough; loved this section; easily relatable because presenter was a previous student-athlete; presenter helped me grow as a leader and person; enjoyed and appreciated the necklace activity/hearing positive comments from others</p> <p><u>Overriding Themes:</u></p> <p><u>Leadership Discussion Content:</u></p> <ul style="list-style-type: none"> • How to become the best leader I can be, even without the leadership title • The characteristics of admirable leaders and how to utilize those tools • Learning other student-athlete views on leadership • How to be a responsible leader that does what is best for all • To continually think about our leadership goals • Leaders create other leaders • Simply because you are not elected a leader doesn’t mean you cannot act as one/be one • Being a leader is not only about what I do, but what I will leave behind <p><u>Legacy Presentation Content:</u></p> <ul style="list-style-type: none"> • It’s never too late to make a change in yourself and others; it’s never too late to change your path • Be as great as you can everyday • Making sacrifices now will lead to less regrets in the end • I can act and behave like my role models to help establish my personal legacy • How to build, create, write, and leave a legacy at UNLV • We hold all of the control over our individual legacy • Be more than physically present by becoming mentally and emotionally present • Motivation to give 100% all of the time towards “how we are going to be remembered”
<p>What Student-Athletes are Saying <i>Italicized indicates student-athlete direct quote</i></p>	<p><u>Event Value:</u></p> <ul style="list-style-type: none"> • <i>“Super motivating. I wish my whole team would have picked this seminar.”</i> • <i>“It made me realize qualities I do or don’t have, and qualities that I can work to have.”</i> • <i>“These classes are awesome and I always learn a lot of new necessary stuff [sic].”</i> • <i>“I really enjoyed this event. I feel like I needed this and now I’m one step closer to my goal, which is leading and helping my team get to the NCAA tournament and cutting down the nets.”</i> • <i>“I felt the passion from the staff. It really made me think about my life and where I want to go.”</i> • <i>“I loved it! It was very motivating and inspiring.”</i> • <i>“Really enjoyed this event and it helped motivate me to become a better leader...”</i> • <i>“It was extremely informative and helpful to me personally...”</i> • <i>“Thank you! I can tell you actually care about us and teaching us instead of just going through the motions.”</i> • <i>“It was a good feeling walking out [sic] the door.”</i> • <i>“I just love coming to these and the necklace was a great activity.”</i> • <i>“I loved the inspirational video on legacy; building a legacy starts with effort; legacy starts with you; “don’t judge the day by the harvest you reap, but by the seeds you plant.”</i> • <i>“...we often forget how important our legacy is and this reminded me that I need to think about what kind of legacy I am leaving.”</i> • <i>“I need to make the most of my time as a UNLV student-athlete. Discipline vs. Regret!”</i>
<p>Suggested Areas for Enrichment</p>	<p>While the survey did not merit many suggested areas for improvement, a few points were identified for further enrichment:</p> <ul style="list-style-type: none"> • Wishing the seminar would have been longer • Wanting more time to collaborate with the groups

Surveys Analyzed: 82 out of 82 (100%)