

Kristen N. Herlosky

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RESEARCH INTERESTS

- My research interests coalesce around experiences of pregnancy, childbirth, postpartum and reproductive health outcomes. I use qualitative, mixed method approaches to examine these experiences and how health outcomes are influenced by healthcare systems, national and global policy initiatives, and localized health beliefs and practices. My theoretical orientations include medical anthropology, critical theory, and feminist and intersectional approaches.
- I currently work in collaboration with Hadzabe Foragers in Tanzania to explore these interests and understand how the Tanzanian maternal health policies influence their health outcomes and decision-making. I also work alongside pregnant peoples and their families as a full-spectrum doula and collaborate on reproductive health projects in the Las Vegas Valley.

EDUCATION

University of Nevada, Las Vegas, PhD

In Progress

Concentration: Medical Anthropology

Dissertation: *Maternal health in the Context of Social, Political, and Economic Change among Transitioning Hadza Foragers of Tanzania*

University of Nevada, Las Vegas, MA

Spring 2018

Concentration: Biocultural Anthropology

Thesis: *Postpartum Maternal Mood among Hadza Foragers*

University of Nevada, Las Vegas, BA

Spring 2015

Concentration: Anthropology; Minored: Sociology & Marriage Family Therapy
Rebel Achievement and Millennial Scholar

RESEARCH EXPERIENCE

Nutrition and Reproduction Lab (UNLV)

- 2021- Data design, collection, and analysis collaboration with UNLV Public Health Department (PI-Gabriela Buccini) on “Early Responsive and Nurturing Care” project in Las Vegas Valley
- 2020- Project design, grant submission, and lead researcher for dissertation project “Maternal health in the context of social, political, and economic change among transitioning Hadza foragers of Tanzania”. (PI K.Herlosky)
- 2017 Data Management and analysis for National Science Foundation sponsored project: “Spatial Navigation and Cognition”, Tanzania (PI A. Crittenden)
- 2016 - 2018 Project design, grant submission, and lead researcher on master’s project: “Postpartum Maternal Health among the Hadza” Tanzania (PI K. Herlosky)
- 2017 Research assistant on project related to growth and development, “Changes in Juvenile foraging behavior among the Hadza” (PI T. Pollom)
- 2015 - 2016 Research assistant on a project related to reproduction, placentophagy, and postpartum health, Las Vegas, NV (PI D. Benyshek)
- 2013-2014 Nutritional data entry for Nutritional and Reproduction Laboratory, Las Vegas, NV

Graduate Assistant for Academic Success Center (UNLV)

2018 - 2020 designed and performed statistical analysis on a quantitative project related to instructor faculty status and student course outcomes. Project involved original data entry, SPSS statistical analysis, and write-up of results.

Research Assistant for Department of Nursing (UNLV)

2018 Assist on data entry, literature review on project related to health in transition among immigrants to the US

2018 Manuscript statistical analysis, drafting, and publication processing for project related to cardiovascular disease risk among college students

2018 Assist on data entry and literature review on project related on graded immersion exercise and neuroendocrine physiology

FIELD EXPERIENCE

2022 Project Manager for dissertation project titled, "Maternal health in the context of social, political, and economic change among transitioning Hadza foragers" Tanzania, East Africa (PI K.Herlosky)

2017 Project Manager and field site director for National Science Foundation sponsored project: "Spatial Navigation and Cognition" Tanzania, East Africa (PI A. Crittenden and E. Cashdan)

2017 Research Assistant on project related to growth and development, "Changes in Juvenile foraging behavior among the Hadza" Tanzania, East Africa (PI T. Pollom)

2017 Project Manager for dissertation pilot research, "Childbirth Experiences and Postpartum health among the Hadza", Tanzania, East Africa (PI K.Herlosky)

2016 Project Manager for master's project, "Postpartum Maternal Health among the Hadza" Tanzania, East Africa (PI K. Herlosky)

PUBLICATIONS

Herlosky, K.N., and Crittenden, A.N. (2021) Alloparenting: evolutionary origins and contemporary significance of cooperative child-rearing as a key feature of human reproduction. *Routledge Handbook of the Anthropology of Reproduction*, Eds. Sallie Han and Cecilia Tomori.

Herlosky, K.N., Benyshek, D.B., Mabulla, I.A.M., Pollom, T. & Crittenden, A.N., (2020). Postpartum maternal mood among the Hadza foragers of Tanzania: a mixed methods approach. *Culture, Medicine, and Psychiatry*, 44(3), 305-332.

Herlosky, K. N., & Tran, D. M. T. (2019). Differences in Cardiovascular Risk Factors in College Students: Midwest Versus Southwest. *Biological research for nursing*, doi: 1099800419856109.

Crittenden, A.N., Farahani, A., **Herlosky, K.N.** et al. (2021). Harm Avoidance and Mobility During Middle Childhood and Adolescence among Hadza Foragers. *Hum Nature* <https://doi.org/10.1007/s12110-021-09390-z>

Pollom, T.R., **Herlosky, K.N.**, Mabulla, I.A. et al. (2020) Changes in Juvenile Foraging Behavior among the Hadza of Tanzania during Early Transition to a Mixed-Subsistence Economy. *Hum Nature* <https://doi.org/10.1007/s12110-020-09364-7>

Pollom T.R., Cross C.L., **Herlosky K.N.**, Ford E., Crittenden A.N. (2020). Mixed-subsistence diet impacts the growth trajectories of Hadza children. *American Journal of Human Biology*.

Crittenden, A. N., Samson, D. R., **Herlosky, K. N.**, Mabulla, I. A., Mabulla, A. Z., & McKenna, J. J. (2018). Infant co-sleeping patterns and maternal sleep quality among Hadza hunter-gatherers. *Sleep Health*, 4(6), 527-534.

Herlosky, K.N., Brogdon, E., Granco, C. & Crittenden, A. (2015). Allomaternal care and the significance of naturalist observations among contemporary foragers: a commentary on Denham's "allyawarra kinship, infant care, and alloparenting". *Mathematical Anthropology and Cultural Theory: An International Journal*, 8:2, 1-9.

GRANTS & FELLOWSHIPS

- 2021 **Wenner-Gren Dissertation Fieldwork Grant**, Wenner-Gren Foundation, \$19,168.
This is a program designed for doctoral research. The program contributes to the Foundation's overall mission to support basic research in anthropology for significant work that furthers our understanding of humanity's cultural and biological origins, development, and variation.
- 2022 **Summer Doctoral Fellowship**, University of Nevada, Las Vegas, Graduate College, \$7,000.
The Summer Doctoral Research Fellowship is awarded to outstanding doctoral students who have demonstrated excellence in their fields of study and who will reduce their time to degree through summer support.
- 2021-2022 **President's Graduate Research Fellowship**, UNLV Foundation, package worth, \$25,000.
The UNLV President's UNLV Foundation Graduate Research Fellowships are funded by gifts from the Frank Koch Living Trust for the research support of doctoral students. Candidates are nominated by their graduate coordinator and selected by a committee to represent the Foundation for one academic year. The package covers tuition, health insurance, fees, and a monthly stipend.

SCHOLARSHIP

- 2020 **Graduate and Professional Student Association Research Scholarship**, UNLV. \$892.
Rocchio Scholarship, Department of Anthropology, UNLV. \$900.
- 2019 **Patricia Sastaunik Scholarship**, UNLV Graduate College, Fall 2019-Spring 2020
This is a university-wide scholarship, granted to several university students yearly from a selected committee in the amount of \$2,500.00
Friends of World Anthropology Award, Department of Anthropology UNLV. \$1,770.
- 2018 **Ron Smith and Susan Thompson Scholarship**, UNLV Foundation, Spring 2018
This is a university-wide scholarship, granted to one graduate student yearly from a selected committee in the amount of \$500.00.
Edwards and Olswang Grant, Department of Anthropology UNLV. \$1,000.
- 2017 **Graduate and Professional Student Association Research Scholarship**, UNLV. \$340.

Friends of World Anthropology Award, Department of Anthropology, UNLV. \$900.
Graduate and Professional Student Association Research Scholarship, UNLV. \$490.

- 2016 **Rocchio Scholarship**, Department of Anthropology, UNLV. \$290.
General Scholarship, College of Liberal Arts, UNLV. \$1,500.
Angela Peterson Scholarship, Department of Anthropology UNLV. \$1,100.
Lambda Alpha Graduate Scholarship, Department of Anthropology UNLV. \$500.
Graduate and Professional Student Association Research Scholarship, UNLV. \$1,150.
- 2015 **Edwards and Olswang Grant**, Department of Anthropology UNLV. \$2,300.
- 2020 - 2021 **Graduate Assistant**, Department of Anthropology, UNLV, Fall 2020- Spring 2021
Funded graduate assistantship covering tuition and health insurance in the amount of \$21,600.50.
- 2018 – 2020 **Graduate Assistant**, Academic Success Center, UNLV, Fall 2018-Spring 2020
Funded graduate assistantship covering tuition and health insurance in the amount of FY 2018: \$19,924.46 || FY 2019: \$21,202.15
- 2017 - 2018 **Graduate Research Assistant**, Department of Nursing, UNLV, Fall 2017- Spring 2018
FY 2018: Funded graduate research assistantship covering tuition and health insurance in the amount of \$8,923.25. FY 2017: Funded graduate research assistant, \$1,687.50.

AWARDS

- 2020** **The Judith L. Gibbons Award for Research on Culture and Gender**, Society for Cross-Cultural Research, Spring 2020
Awarded: \$300. This award is in honor of long time SCCR member Dr. Judith L. Gibbons, Professor Emerita of Psychology at Saint Louis University. The award is given yearly to a graduate student or early career professional who presents research on culture and gender at the annual SCCR meeting.
- 2018** **IDEAS (Increasing Diversity in Evolutionary Anthropology Sciences)** inaugural member for American Association of Physical Anthropologist (AAPA) Meeting, Austin, Texas, Spring 2017
This is a National Science Foundation grant program that provides support for underrepresented minority or first- generation students that are engaged in pursuing careers in biological anthropology. The recipient receives full travel stipend, airfare, and registration fee waivers for the annual AAPA conference and continued access and mentorship from IDEAS members and representatives.
- 2021** **First Place Session Winner**, Graduate and Professional Student Association Research Forum, Las Vegas, NV, UNLV. Awarded \$500.00 for title: *Changes in birth and perinatal care practices among Hadza mothers in a transitioning food economy.*
- 2019** **Best Student Poster**, Society for Cross-Cultural Research, Jacksonville, Florida, Spring 2019
Awarded \$100.00 and Certificate of Achievement Title: *Birth Practices among the Hadza Foragers of Tanzania: What Brings Happiness and Unhappiness for Mothers during Pregnancy and in the Postpartum Period?*

2020 **Best Student Poster** Society for Cross-Cultural Research, Seattle, Washington, Spring 2020
Awarded \$100.00 and Certificate of Achievement Title: *Cross-cultural approaches to the management of maternal postpartum pain*

2019 **Rebel Spirit Award**, UNLV Academic Success Center, Fall 2019
These awards specifically recognize employees who by actions, words, and deeds, make UNLV an exceptional place to work and learn.

TEACHING EXPERIENCE

Course Instructor, Fall 2018-Fall 2020

First-Year Seminar Exploration (COLA 100e), College of Liberal Arts, UNLV

Concepts: designed to introduce students to university life and the University Undergraduate Learning Outcomes via increasing awareness of their roles within their respective communities while exposing them to learning new strategies and critical thinking.

Lab Instructor, Summer 2018- Spring 2021

Physical Anthropology Laboratory (ANTH 110L), Department of Anthropology UNLV

Concepts: practical experience in aspects of physical anthropology, including, the mechanisms of inheritance, osteology and forensic science, comparative anatomy, and human evolution, the processes of human growth and aging, and aspects of human variability.

Co-Instructor, Summer Term 2019

Anthropology of Women and Men (ANTH 403), Department of Anthropology, UNLV

Concepts: introduces upper division undergraduate students to anthropological perspectives on the examination of sexualities of women and men; social role and status; culture and personality; parenting; mate selection; and romantic relationships.

Teaching Assistant, Spring 2015

Human Sexuality (MFT/CFT 350), Couple and Family Therapy Program, UNLV

Concepts: human sexual behavior; human health studies; reproductive studies

COURSE DEVELOPMENT

Online Physical Anthropology Lab Development, Co-developed with Online Education, Spring 2021- Summer 2021

Physical Anthropology Laboratory (ANTH 110L), Department of Anthropology UNLV

Concepts: practical experience in aspects of physical anthropology, including, the mechanisms of inheritance, osteology and forensic science, comparative anatomy, and human evolution, the processes of human growth and aging, and aspects of human variability.

Syllabus and In-Person Development, Anthropology of Reproduction, Co-developed with Alyssa N. Crittenden, Fall 2020

Concepts: reproductive health, childbirth, evolutionary medicine, and how these relate to human variability in health practices

PODIUM PRESENTATIONS

Herlosky, K.N. Invited speaker for D.R.E.A.M. Panel (Develop. Reinvent. Educate. Advocate. Motivate.) on mentorship for Graduate and Professional Student Association and Consolidated Students of UNLV. (2021, April 29).

Herlosky, K.N. & Crittenden, A.N. (2021, April 3) *Changing birth and infant feeding practices in a transitioning indigenous community*. Graduate and Professional Student Association Research Forum, Las Vegas, Nevada. Winner: first-place finish in session

Herlosky, K.N. & Crittenden, A.N. (2020, Feb. 28) *Childbirth and postpartum practices among Hadzabe mothers in northern Tanzania*. Society for Cross-Cultural Research, Seattle, Washington.

Herlosky, K.N. & Crittenden, A.N. (2018, Feb. 23) *Maternal breastfeeding practices and infant colostrum consumption among Hadzabe foragers*. Society for Cross-Cultural Research, Las Vegas, Nevada. Winner: best poster

Herlosky, K.N. & Crittenden, A.N. (2018, Feb. 3) *Maternal breastfeeding practices and implications of transition among Hadzabe foragers*. Graduate and Professional Student Association Research Forum, Las Vegas, Nevada.

Herlosky, K.N. Benyshek, D.C., Crittenden, A.N. (2017, March 5) *Postpartum maternal mood among the Hadza*. Society for Cross-Cultural Research, New Orleans, Louisiana.

Herlosky, K.N. Benyshek, D.C., Crittenden, A.N. (2017, April 9) *Postpartum maternal mood and the Edinburgh postnatal depression scale*. Graduate and Professional Student Association Research Forum, Las Vegas, Nevada.

POSTER PRESENTATIONS

Herlosky, K.N. & Crittenden, A.N (2021, March 29) *Changes in birth and perinatal care practices among Hadza mothers in a transitioning food economy*. Human Biology Association, virtual conference.

Herlosky, K.N. & Crittenden, A.N (2020, April 15) *Labor and delivery experiences, birth outcomes, and colostrum distribution Hadza mothers of Northern Tanzania*. Human Biology Association, Los Angeles, California. Conference Cancelled.

Gatlin, M., **Herlosky, K.N.** & Crittenden, A.N (2020, Feb. 28) *Maternal happiness and unhappiness in Hadza foragers of northern Tanzania*. Society for Cross-Cultural Research, Seattle, Washington.

Herlosky, K.N. Benyshek, D.C., Crittenden, A.N. (2019, Feb. 15) *Birthing practices among the Hadza foragers of Tanzania: what brings happiness and unhappiness for mothers during pregnancy and in the postpartum period?* Society for Cross-Cultural Research, Jacksonville, Florida.

Herlosky, K.N. Benyshek, D.C., Crittenden, A.N. (2018, April 13) *Postpartum maternal health and the Edinburgh postnatal depression scale among Hadza foragers*. American Association of Physical Anthropology, *Human Reproduction*, session chair. Austin, Texas.

White, J.C., **Herlosky, K.N.**, Meghan, K., Crittenden, A.N., & Benyshek, D.C. (2020, Feb. 28) *Cross-cultural approaches to the management of maternal postpartum pain*. Society for Cross-Cultural Research Seattle, Washington. Winner: Best Poster

CERTIFICATIONS

Full-Spectrum Doula, Doula Training International (DTI) 2020: This is a 12-month certification program to become a birth and postpartum doula. The DTI program teaching specific skills for learning how to be present and meet the needs of a wide range of clients, specializing in issues of human rights, reproductive justice, and decolonization. Full-spectrum doulas provide support in loss or abortion, during pregnancy, during and after childbirth, and throughout the immediate postpartum period.

Communication Certificate (UNLV) 2018-2019 Program Cohort: year-long professional development program that provides graduate students with the opportunity to build and refine communication skills.

Mentorship Certificate (UNLV) 2019-2020 Program Cohort: year-long professional development program that provides graduate students with the skills and knowledge necessary to effectively be mentored and serve as a mentor in higher education settings.

Foundations of Accessibility Certification (UNLV) completed a two-day, in-person course and two private sessions regarding accessibility in higher-education. Foundations of learning covered general accessibility, web-based accessibility, how to create documents and ensure compliance with the university requirements.

Collaborative Institutional Training Initiative (CITI) Biomedical IRB, Social/ Behavioral IRB: Research and ethics compliance training for human subject's research. Certified in both the Biomedical IRB and the Social/Behavioral IRB which provides foundational training in human subject's research and includes the historical development of human subject protections, ethical issues, and current regulatory and guidance information.

MENTORSHIP

Rebel Research and Mentorship Program (RAMP), Fall 2019- Spring 2020

Graduate Student Mentor for Marlena Gatlin

Description: designed to provide undergraduate and graduate students with the opportunity to gain valuable research/scholarly/creative skills and mentorship

Graduate Student Professional Association Mentorship Co-Op, Spring 2021

Graduate Student Mentor

Description: designed to provide undergraduate and graduate students with the opportunity to gain valuable research/scholarly/creative skills and mentorship skills, respectively. Undergraduate students work closely with doctoral graduate student mentors on any topic related to their undergraduate experience.

Community-Building and Networking, inaugural member for the Human Biology Association, Fall 2020-Spring 2021, Matched with Dr. Melanie Martin, University of Washington
Description: Human Biology Association's inaugural program to increase student involvement within the association by matching each doctoral student with a faculty member. Program is designed to increase networking and involvement with the conference process.

ACADEMIC SERVICE

Society for Cross-Cultural Research Student Media Representative, Fall 2019- Spring 2023
Student member of the Executive Board. Purpose is to assist in development and promote social media resources for the organization; assist in newsletter organization and administration, read and review abstract submissions for the annual conference

Society for Cross-Cultural Research Organizing Committee, February 2018
Aid in organization and facilitation of annual conference needs, such as abstract organization, volunteer booths, paperwork, and scheduling

Graduate Student Ambassador, 2018-2019
Department of Anthropology's Hiring/Organizing Committee: facilitate guided lab tours with candidates for hire in the Department of Anthropology

Research Tour for Incoming Freshman/Students, August 2018
Nutrition and Reproduction Lab, directed by Office of Undergraduate Research
Aid in discussions and demonstrations of the lab and equipment; answer student questions on research and the lab

Maternity Ward Volunteer, August 2016
St. Elizabeth's Hospital, Arusha, Tanzania
Volunteer in a government-run hospital facility in Arusha, Tanzania. I was specifically designated to work in the maternity ward, where I would assist nurses with mother/infant patient care, wellness checks, vaccines, & paperwork.

COMMUNITY SERVICE

Olanakwe Community Fund, Board Member and Secretary, 2020- present
Current elected board member of the first and only community-based non-profit organization ran by the Hadzabe hunter-gatherers of Northern Tanzania. Their mission is to support community-based initiatives, including development projects and educational endeavors, that directly benefit the Hadzabe community members.

Olanakwe Community Fund, Social Media Assistant, 2020- Present
Assist with designing and implementing social media initiatives that highlight recent endeavors taken on by the community. The social media platform also serves to elicit funding from outside donors.

Planned Parenthood “Corks and Forks” Annual Gala, Annual Event in Spring

Aid in monetary transactions and donations during event; aid in organization of silent auction

Full-Spectrum Doula, Las Vegas Valley

Provides fertility awareness education and support during the postpartum period for a limited amount mothers and pregnant persons at no-cost in the greater Las Vegas Valley

AFFILIATIONS

2019 - Present	Doula Training International
2019 - Present	American Anthropological Association
2018 - Present	Human Biology Association
2018 - Present	Graduate Women in Science
2017- 2018	American Association of Physical Anthropologists
2017 - Present	Society for Cross-Cultural Research
2015 – Present	Anthropology Society
2015 – Present	Lambda Alpha Honor Society