

# Kristen N. Herlosky

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## RESEARCH INTERESTS

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- I am currently a doctoral student researching traditional forms of birth knowledge and the overmedicalization of childbirth. I seek to explore the myriad of ways in which mothers give birth, whether it be at home, in a hospital, or alone, and how they make their reproductive decisions.
- My current research foci include: examination of maternal health national policy and health care systems, birth practices, indigeneity, birth experience, and maternal health outcomes
- I currently work in collaboration with Hadzabe Foragers in Tanzania to explore these interests and ask questions in light of a quickly changing socio-political and environmental landscape.

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## EDUCATION

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### University of Nevada, Las Vegas, PhD

Concentration: Medical Anthropology

*Started Fall 2018*

### University of Nevada, Las Vegas, MA

Concentration: Biocultural Anthropology

Thesis: *Postpartum Maternal Mood among Hadza Foragers*

Graduated Spring 2018

### University of Nevada, Las Vegas, BA

Concentration: Anthropology; Minored: Sociology & Marriage Family Therapy

*Rebel Achievement and Millennial Scholar*

Graduated Spring 2015

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## RESEARCH EXPERIENCE

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### Nutrition and Reproduction Lab (UNLV)

- 2017 - Project Manager/Field Site director for NSF sponsored project: "Spatial Navigation and Cognition", Tanzania (PI A. Crittenden)
- 2016, 2017 – Lead researcher on graduate MA project: "Postpartum Maternal Health among the Hadza", Tanzania (PI K. Herlosky)
- 2017 - Field assistant/Research assistant on project related to growth and development, Tanzania (PI T. Pollom)
- 2015 - Research Assistant on a project related to reproduction, placentophagy, and postpartum health, Las Vegas, NV (PI D. Benyshek)
- Nutritional data entry for Nutritional and Reproduction Laboratory, Las Vegas, NV

### Graduate Assistant for Academic Success Center (UNLV)

- 2018- 2020- performed statistical analysis on a quantitative projects related to instructor faculty status and student course outcomes. Project involved original data entry, SPSS statistics, graphing, and write-up.

### Research Assistant for Department of Nursing (UNLV)

- 2018- Assist on data entry and literature review on project related to health in transition among immigrants to the US
- 2018- Manuscript statistical analysis, drafting, and publication processing for project related to cardiovascular disease risk among college students
- 2018- Assist on data entry and literature review on project related on graded immersion exercise and neuroendocrine physiology

## PUBLICATIONS

**Herlosky, K.N.**, and Crittenden, A.N. (In press, 2021) Alloparenting: evolutionary origins and contemporary significance of cooperative child-rearing as a key feature of human reproduction. *Routledge Handbook of the Anthropology of Reproduction*, Eds. Sallie Han and Cecilia Tomori. I

**Herlosky, K.N.**, Benyshek, D.B., Mabulla, I.A.M., Pollom, T. & Crittenden, A.N., (2020). Postpartum maternal mood among the Hadza foragers of Tanzania: a mixed methods approach. *Culture, Medicine, and Psychiatry*, 44(3), 305-332.

**Herlosky, K. N.**, & Tran, D. M. T. (2019). Differences in Cardiovascular Risk Factors in College Students: Midwest Versus Southwest. *Biological research for nursing*, doi: 1099800419856109.

Pollom, T.R., **Herlosky, K.N.**, Mabulla, I.A. *et al.* Changes in Juvenile Foraging Behavior among the Hadza of Tanzania during Early Transition to a Mixed-Subsistence Economy. *Hum Nat* (2020). <https://doi.org/10.1007/s12110-020-09364-7>

Pollom T.R., Cross C.L., **Herlosky K.N.**, Ford E., Crittenden A.N. (2020). Mixed-subsistence diet impacts the growth trajectories of Hadza children. *American Journal of Human Biology*. I

Crittenden, A. N., Samson, D. R., **Herlosky, K. N.**, Mabulla, I. A., Mabulla, A. Z., & McKenna, J. J. (2018). Infant co-sleeping patterns and maternal sleep quality among Hadza hunter-gatherers. *Sleep Health*, 4(6), 527-534.

**Herlosky, K.N.**, Brogdon, E., Granco, C. & Crittenden, A. (2015). Allomaternal care and the significance of naturalist observations among contemporary foragers: a commentary on Denham's "allyawarra kinship, infant care, and alloparenting". *Mathematical Anthropology and Cultural Theory: An International Journal*, 8:2, 1-9.

## SCHOLARSHIPS AND AWARDS

**The Judith L. Gibbons Award for Research on Culture and Gender**, Society For Cross-Cultural Research, Spring 2020.

This award is in honor of long time SCCR member Dr. Judith L. Gibbons, Professor Emerita of Psychology at Saint Louis University. The award is given yearly to a graduate student or early career professional who presents research on culture and gender at the annual SCCR meeting.

**Patricia Sastaunik Scholarship**, UNLV Graduate College, Fall 2019-Spring 2020

This is a university-wide scholarship, granted to several university students yearly from a selected committee in the amount of \$2,500.00

**Best Student Poster**, Society for Cross-Cultural Research, Jacksonville, Florida, Spring 2019

Awarded \$100.00 and Certificate of Achievement

Title: *Birthing Practices among the Hadza Foragers of Tanzania: What Brings Happiness and Unhappiness for Mothers during Pregnancy and in the Postpartum Period?*

**Ron Smith and Susan Thompson Scholarship**, UNLV Foundation, Spring 2018

This is a university-wide scholarship, granted to one graduate student yearly from a selected committee in the amount of \$500.00.

**IDEAS (Increasing Diversity in Evolutionary Anthropology Sciences)** inaugural member for American Association of Physical Anthropologist (AAPA) Meeting, Austin, Texas, Spring 2017

This is a National Science Foundation grant program that provides support for underrepresented minority or first-generation students that are engaged in pursuing careers in biological anthropology. The recipient receives full travel stipend, airfare, and registration fee waivers for the annual AAPA conference.

**Friends of World Anthropology Award**, Department of Anthropology UNLV, Fall 2018 & Spring 2017

**Edwards and Olswang Grant**, Department of Anthropology UNLV, Fall 2017, Fall 2015

**Graduate and Professional Student Association Research Scholarship**, UNLV, Fall 2016 & 2017

**Graduate and Professional Student Association Research Scholarship**, UNLV, Spring 2016, 2017, 2020

**Rocchio Scholarship**, Department of Anthropology, UNLV, Fall 2016 & Spring 2020

**Angela Peterson Scholarship**, Department of Anthropology UNLV, Spring 2016

**Lambda Alpha Graduate Scholarship**, Department of Anthropology UNLV, Spring 2016

### **CERTIFICATIONS**

**Communication Certificate (UNLV) 2018-2019 Program Cohort:** year-long professional development program that provides graduate students with the opportunity to build and refine communication skills.

**Mentorship Certificate (UNLV) 2019-2020 Program Cohort:** year-long professional development program that provides graduate students with the skills and knowledge necessary to effectively be mentored and serve as a mentor in higher education settings.

**Collaborative Institutional Training Initiative (CITI)** Biomedical IRB, Social/ Behavioral IRB: Research and ethics compliance training for human subjects research. Certified in both the Biomedical IRB and the Social/Behavioral IRB which provides foundational training in human subjects research and includes the historical development of human subject protections, ethical issues, and current regulatory and guidance information.

**Full-Spectrum Doula, Doula Training International (DTI) 2020-2021:** This is a 12-month certification program to become a birth and postpartum doula. The DTI program teaching specific skills for learning how to be present and meet the needs of a wide-range of clients, specializing in issues of human rights and reproductive justice. Full-spectrum doulas provide support during pregnancy, during and after childbirth, and throughout the immediate postpartum period.

### **PODIUM PRESENTATIONS**

**Herlosky, K.N. & Crittenden, A.N. (2020, Feb. 28)** *Childbirth and Postpartum Practices among Hadza Mothers in Northern Tanzania*. Society for Cross-Cultural Research, Seattle, Washington.

**Herlosky, K.N. & Crittenden, A.N. (2018, Feb. 23)** *Maternal Breastfeeding Practices and Infant Colostrum Consumption among Hadza Foragers*. Society for Cross-Cultural Research, Las Vegas, Nevada.

**Herlosky, K.N. & Crittenden, A.N. (2018, Feb. 3)** *Maternal Breastfeeding Practices and Implications of Transition among Hadza Foragers*. Graduate and Professional Student Association Research Forum, Las Vegas, Nevada.

**Herlosky, K.N. Benyshek, D.C., Crittenden, A.N. (2017, March 5)** *Postpartum Maternal Mood among the Hadza*. Society for Cross-Cultural Research, New Orleans, Louisiana.

**Herlosky, K.N.** Benyshek, D.C., Crittenden, A.N. (2017, April 9) *Postpartum Maternal Mood and the Edinburgh Postnatal Depression Scale*. Graduate and Professional Student Association Research Forum, Las Vegas, Nevada.

### **POSTER PRESENTATIONS**

**Herlosky, K.N.** & Crittenden, A.N (2020, April 15) *Labor and delivery experiences, birth outcomes, and colostrum distribution Hadzmothers of Northern Tanzania*. Human Biology Association, Los Angeles, California. Conference Cancelled.

Gatlin, M., **Herlosky, K.N.** & Crittenden, A.N (2020, Feb. 28) *Maternal Happiness and Unhappiness in Hadza Foragers of Northern Tanzania*. Society for Cross-Cultural Research, Seattle, Washington.

**Herlosky, K.N.** Benyshek, D.C., Crittenden, A.N. (2019, Feb. 15) *Birthing Practices among the Hadza Foragers of Tanzania: What Brings Happiness and Unhappiness for Mothers during Pregnancy and in the Postpartum Period?* Society for Cross-Cultural Research, Jacksonville, Florida.

**Herlosky, K.N.** Benyshek, D.C., Crittenden, A.N. (2018, April 13) *Postpartum Maternal Health and the Edinburgh Postnatal Depression Scale among Hadza Foragers*. American Association of Physical Anthropology, Human Reproduction, session chair. Austin, Texas.

White, J.C., **Herlosky, K.N.**, Meghan, K., Crittenden, A.N., & Benyshek, D.C. (2020, Feb. 28) *Cross-Cultural Approaches to the Management of Maternal Postpartum Pain*. Society for Cross-Cultural Research Seattle, Washington.

### **TEACHING EXPERIENCE**

#### **Course Instructor, Fall 2018-Present**

First-Year Seminar Exploration (COLA 100e), College of Liberal Arts, UNLV

Concepts: designed to introduce students to university life and the University Undergraduate Learning Outcomes via increasing awareness of their roles within their respective communities while exposing them to learning new strategies and critical thinking.

#### **Lab Instructor, 2020-2021, Summer Term 2018, 2019**

Physical Anthropology Laboratory (ANTH 110L), Department of Anthropology UNLV

Concepts: practical experience in aspects of physical anthropology, including, the mechanisms of inheritance, osteology and forensic science, comparative anatomy, and human evolution, the processes of human growth and aging, and aspects of human variability.

#### **Co-Instructor, Summer Term 2019**

Anthropology of Women and Men (ANTH 403), Department of Anthropology, UNLV

Concepts: introduces upper division undergraduate students to anthropological perspectives on the examination of sexualities of women and men; social role and status; culture and personality; parenting; mate selection; and romantic relationships.

#### **Teaching Assistant, Spring 2015**

Human Sexuality (MFT/CFT 350), Couple and Family Therapy Program, UNLV

Concepts: human sexual behavior; human health studies; reproductive studies

### **AFFILIATIONS**

Human Biology Association  
American Anthropological Association  
Society for Cross-Cultural Research

Doula Training International  
Graduate Women in Science  
Anthropology Society

## SERVICE

### ACADEMIC

#### **Rebel Research and Mentorship Program (RAMP), Fall 2019- Spring 2020**

Graduate Student Mentor

Description: designed to provide undergraduate and graduate students with the opportunity to gain valuable research/scholarly/creative skills and mentorship skills, respectively. Undergraduate students work closely with doctoral graduate student mentors on a research/creative/scholarly project. This will allow the undergraduate student first-hand experience while conducting research and gain academic support.

#### **Society for Cross-Cultural Research Student Media Representative, Fall 2019- Spring 2023**

Student member of the Executive Board. Purpose is to assist in development and promote social media resources for the organization; assist in newsletter organization and administration, read and review abstract submissions for the annual conference

#### **Society for Cross-Cultural Research Organizing Committee, February 2018**

Aid in organization and facilitation of annual conference needs, such as abstract organization, volunteer booths, paperwork, and scheduling

#### **Graduate Student Ambassador, 2018-2019**

Department of Anthropology's Hiring/Organizing Committee: facilitate guided lab tours with candidates for hire in the Department of Anthropology

#### **Research Tour for Incoming Freshman/Students, August 2018**

Nutrition and Reproduction Lab, directed by Office of Undergraduate Research

Aid in discussions and demonstrations of the lab and equipment; answer student questions on research and the lab

#### **Maternity Ward Volunteer, July 2016**

St. Elizabeth's Hospital, Arusha, Tanzania

Volunteer in a government-run hospital facility in Arusha, Tanzania. I was specifically designated to work in the maternity ward, where I would assist nurses with mother/infant patient care, wellness checks, vaccines, & paperwork.

### COMMUNITY

#### **Olanakwe Community Fund, Board Member and Secretary**

Current board member of the first and only community-based non-profit organization ran by the Hadzabe hunter-gatherers of Northern Tanzania. Their mission is to support community-based initiatives, including development projects and educational endeavors, that directly benefit the Hadzabe community members.

#### **Planned Parenthood "Corks and Forks" Annual Gala, Annual Event in Spring**

Aid in monetary transactions and donations during event; aid in organization of silent auction