

|  |  |
| --- | --- |
| 1 | **Full Title Page** |
| 2 | **Full names, academic degrees, institutional affiliations, and email addresses for all authors** |
| 3 | **Corresponding author** |
| 4 | **Author ORCID ID# (Persistent Digital Identifier; e.g., https://orcid.org/0000-0002-4929-173X)** |
| 5 | **Abstract** |
| * Introduction
 |
| * Methods
 |
| * Results
 |
| * Discussion
 |
| * Conclusion
 |
| 6 | **Keywords** |
| 7 | **Introduction** |
| * Research objective(s)
 |
| * Conceptual/theoretical framework(s)
 |
| * Literature review and background
 |
| * Significance and contribution(s)
 |
| * Specific research question(s)
 |
| 8 | **Methods** |
| * Design and protocol
 |
| * Materials and sampling
 |
| * Types of analysis
 |
| 9 | **Results** |
| * Key findings
 |
| * Quantitative or statistical analysis
 |
| 10 | **Discussion** |
| * Interpretation of results
 |
| 11 | **Conclusions** |
| * Main conclusions
 |
| * Importance to the fields
 |
| * Broader implications
 |
| * New questions and future directions
 |
| 12 | **List of abbreviations used** |
| 13 | **Conflicts of Interest** |
| 14 | **Ethics Approval** |
| 15 | **Authors’ Contributions** |
| 16 | **Acknowledgements** |
| 17 | **Funding** |
| 18 | **References** |
| 19 | **List of Figures** |
| 20 | **List of Tables** |
| 21 | **Additional Files** |