Doctoral Internship in Health Service Psychology

University of Nevada-Las Vegas Student Counseling and Psychological Services (CAPS)

The University of Nevada-Las Vegas Student Counseling and Psychological Services (CAPS) is currently accepting applications for four full-time, one-year paid (2000 hour) positions for the 2019-2020 internship year.

All materials must be submitted for review online by December 1, 2019. This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

We will notify applicants of selection for an interview by December 15, 2019. Interviews will be conducted by phone and/or Skype and will be set up and conducted in late December and early-mid January.

APPIC Phase I Match Day is Friday, February 22, 2019.

APPIC Code: 2293

Description of the Center

Student Counseling and Psychological Services offer training programs for doctoral interns and graduates students. Services include individual, couples, and group psychotherapy, crisis intervention, medication evaluation and management, psychological assessment, drug and alcohol use assessment, educational workshops and presentation, consultation, referrals to community health care providers. These services are undertaken in accordance with the following philosophy:

Counseling and Psychological Services (CAPS)

Counseling and Psychological Services CAPS) adheres to the procedures established by the Association of Psychology Postdoctoral and Internship Centers (APPIC) for the recruitment and selection of doctoral interns. The internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

The CAPS internship has been accredited by the American Psychological Association since November 8, 2016. For questions related to the internship program’s accreditation status, please contact the APA Office of Program Consultation and Accreditation:

Office of Program Consultation and Accreditation
750 First St, NE
Washington, DC 20002-4242

Telephone: (202) 336-5979

CAPS is a proud member of APPIC. CAPS Program Code Number for Match: 2293
Counseling and Psychological Services Philosophy

Student Counseling and Psychological Service strives to enhance the psychological health and personal effectiveness of student, thus empowering them to maximize their personal adjustment and individual accomplishments. In providing service, the staff attends to remedial, developmental, and situational concerns, recognizing that the interaction between the stress associated with the academic environment and individual developmental periods may lead to problems that can be alleviated through therapeutic intervention. CAPS works in concert with the university community to create an environmental that helps students to understand and respond to challenges and opportunities in a way that enhances their personal and academic development.

CAPS is a department of the Student Wellness cluster of the Division of Student Life at UNLV. Together with the Student Health Center, Jean Nidetch Women’s Center, Office of Student Conduct, Rebel Wellness Zone, and Disabilities Resource Center, the Student Wellness cluster works collaboratively to achieve the goals indicated by the following mission statement:

Student Wellness Mission Statement

The mission of Student Wellness is to advance the optimal wellness of UNLV students, thereby enhancing their lives and their academic success. To fulfill our mission, Student Wellness affirms the importance of working in partnership with the greater university community; respecting individual differences and cultural diversity; and providing quality services and programs that address the physical, emotional, social, environmental, intellectual, spiritual, and occupational dimensions of life.

CAPS Staff

The professional staff consists of eight psychologists, a licensed clinical professional counselor, a psychiatrist, a licensed clinical social worker, psychiatric nurse and a care manager. Additionally, there are a number of administrative staff and student workers who support the clinical staff assist in CAPS operations. Each year, we typically have approximately 2-5 graduate-level practicum counselors and 4 interns.
Aims of the Training Program:

CAPS is part of the Student Wellness cluster, which embraces balanced, holistic health and wellness. The doctoral internship is designed to train interns to be competent, entry-level generalist psychologists. The internship training program emphasizes professional identity development, ethical decision making, and multicultural competence. CAPS provides a setting in which interns increase and strengthen their abilities to practice psychology throughout their year. Interns successfully complete their internship when they reach a skill level of intermediate to advanced competence practice defined by having sufficient ability to practice core skills without ongoing supervision. Training involves developing both core skills and positive professional identity essential for the work of an entry-level psychologist. Interns work with a multidisciplinary staff who offers diverse backgrounds and various theoretical orientations, including evidence-based treatment. Interns have the opportunity to work within a university counseling center that includes a Behavioral Health Team, which serves as a bridge between the Student Health Center and CAPS to offer collaborative and integrated care. Interns gain experience by participating in a wide range of supervised professional activities within a large, urban, diverse university counseling center, including:

- Individual, couples, and group therapy from a brief treatment model.
- Crisis assessment and intervention.
- Assessment and diagnosis.
- Individual and group supervision.
- Seminars (Multicultural, Case Conference, Clinical and Professional Issues, Supervision of Supervision).
- Provision of supervision.
- Case management and referrals to community mental health care.
- Outreach, educational workshops and presentations, and consultation across the university.
- Research, training, professional development, and other activities.
- Optional rotations including, but not limited to: behavioral health, eating disorders, multicultural competence, outreach. Rotations include one hour of individual supervision/week with licensed staff.
- Attendance and participation in staff, Clinical Assessment Team (consultation), joint provider (Student Health Center), and cluster (Student Wellness unit) meetings.

Doctoral psychology interns are expected to achieve the following aims during the training year:

To prepare entry level generalist psychologists for practice in health service psychology through:

1. the development of competencies in clinical practice, outreach programming, consultation, and supervision
2. the development of scientific and professional knowledge, identity, and ethical integrity
3. cultivating a commitment to diversity and provision of culturally competent services
This is accomplished through training focused on nine profession-wide competencies:

1. Research
2. Ethical and Legal Standards
3. Individual and Cultural Diversity
4. Professional Values and Attitudes
5. Communication and Interpersonal Skills
6. Assessment
7. Intervention
   a. Individual therapy
   b. Crisis Intervention
   c. Group therapy
8. Supervision
9. Consultation and Interprofessional/Interdisciplinary Skills
10. Outreach Programming
    o Staff/Faculty Consultations
    o Behavioral Health Team

**Internship Admissions, Support, and Initial Placement Data**

**Minimal Eligibility and Qualifications**

Applicants must complete all formal requirements towards Ph.D. or Psy.D. candidacy in Counseling or Clinical Psychology (preferably APA accredited), including:

- All course work necessary for the title of doctoral candidate including comprehensive exams.
- Acceptance of dissertation proposal by dissertation committee no later than the APPIC ranking date.
- Clinical experience with college student population preferred.
- A minimum of 500 cumulative supervised hours in direct clinical service as defined by APPIC criteria.
- At least 400 direct therapy hours; with no less than 300 accrued during the doctoral program.
- Hours must be accumulated no later than the APPIC ranking date.
- CAPS seeks individuals who are team players, have strong communication skills, practice good self-care, are open to learning, value consultation and supervision, and value self-reflection as a tool for professional development.
Internship Program Admissions
Date program Tables are updated:

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements.

The University of Nevada-Las Vegas Student and Counseling and Psychological Services (CAPS) is currently accepting application for four full-time, one-year paid (2000 hour) positions for the 2019-2020 internship year. The internship training is based on a Practitioner-Scholar model with a primary emphasis on competence in the practice of professional psychology that is influenced by the science of psychology. Theory, research, and practice mutually inform each other. Interns are guided and encouraged in their pursuit of observing, inferring, formulating, and evaluating clinical hypotheses. Interns generate clinical hypotheses based on theory and research. The integration of science and practice is encouraged through the use of seminars, readings from scholarly publications, generating clinical hypotheses to explore in supervision, learning the empirical bases that guide the use of comprehensive assessment, and participating in professional development activities on best current practices in clinical practice. A part of competent practice also includes being informed about the influential and current theoretical and research-bases of psychology and other related fields, especially evidence-based treatment.

| Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many: |
|--------------------------------------------------|---------|---------|
| **Total Direct Contact Intervention Hours** | Yes     | Amount: 500 |
| **Total Direct Contact Assessment Hours**   | No      | Amount: 0  |

Describe Any Other Required Minimum Criteria Used to Screen Applicants

Applicants must complete all formal requirements towards Ph.D. or Psy.D. candidacy in Counseling of Clinical Psychology (preferably APA accredited), including: all coursework necessary for the title of doctoral candidate including comprehensive exams. Acceptance of dissertation proposal by dissertation committee no later than the APPIC ranking date. Clinical experience with college student population preferred. A minimum of 500 cumulative supervised hours in direct clinical services as defined by APPIC criteria. At least 400 direct therapy hours; with no less the 300 accrued during the doctoral program. Experience with intellectual and personality assessment measure and a completion of a minimum of 4 integrated assessment reports. Hours must be accumulated no later than the APPIC ranking date.
<table>
<thead>
<tr>
<th><strong>Financial and Other Benefit Support for Upcoming Training Year</strong>*</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Annual Stipend/Salary for Full-time Interns</strong></td>
<td>$27,000</td>
</tr>
<tr>
<td><strong>Annual Stipend/Salary for Half-time Interns</strong></td>
<td>N/A</td>
</tr>
<tr>
<td><strong>Program provides access to medical insurance for intern?</strong></td>
<td>Yes</td>
</tr>
<tr>
<td><strong>If access to medical insurance is provided:</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Trainee contribution to cost required?</strong></td>
<td>No</td>
</tr>
<tr>
<td><strong>Coverage of family member(s) available?</strong></td>
<td>Yes</td>
</tr>
<tr>
<td><strong>Coverage of legally married partner available?</strong></td>
<td>Yes</td>
</tr>
<tr>
<td><strong>Coverage of domestic partner available?</strong></td>
<td>Yes</td>
</tr>
<tr>
<td><strong>Hours of Annual Paid Personal Time Off (PTO and/or Vacation)</strong></td>
<td>120 hours</td>
</tr>
<tr>
<td><strong>Hours of Annual Paid Sick Leave</strong></td>
<td>80 hours</td>
</tr>
<tr>
<td><strong>In the event of medical conditions and/or family needs that required extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?</strong></td>
<td>Yes</td>
</tr>
</tbody>
</table>

**Other Benefits (please describe): Parental Leave Policy**

If an intern needs parental leave, they should consult with the Training Director as soon as feasible, who will consider a multitude of factors and come up with a plan that is in the best interest of the intern's training needs, CAPS, cohort members and UNLV.
Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each Individual represented in this table should be counted only one time. For former trainees working in more than one setting, selecte the setting that represents their primary position.

Application Procedures

APPIC Match Number 2293

Refer to the APPIC website for more details and complete application instructions for applying online. All application materials listed below are uploaded via the APPIC applicant portal. We do not accept any paper materials. Interested candidates should submit:
- Completed AAPI online.
- Cover letter.
- Current curriculum vitae.
- Official graduate transcript(s).
- The Academic Program’s Verification of Internship Eligibility and Readiness.
- Three letters of recommendation, with at least two from clinical supervisors who will speak directly about the quality of your clinical work and your engagement in clinical supervision.
- Background check upon hire, based on Student Wellness requirements.
- **All materials must be submitted for review online by December 1, 2018.** This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.
- We will notify applicants of selection for an interview by **December 15, 2018.** Interviews will be conducted by phone and/or Skype and will be set up and conducted in late December and early-mid January.
- **APPIC Phase I Match Day is Friday, February 22, 2019. Our APPIC Code is 2293.**

**Training Year and Benefits**

We will offer four positions for the 2019-2020 internship year. The internship is 40+ hours/week starting August 5, 2019. The stipend will be $27,000 plus benefits paid monthly. Interns also receive university holiday and annual, sick, and professional development leave. The leave is intended for an intern's dissertation defense, job interviews, and conferences. The timing of this leave is subject to approval of the Training Coordinator. All interns will have a private office with a computer, printer, webcam for videotaping and library privileges.

**Internship Responsibilities and Expectations**

The UNLV CAPS Doctoral Internship is a 2000 hour experience, with the expectation of 500 hours of direct service activities. Interns will be able to gain experience through a wide range of activities some of which will be negotiated individually by each trainee based on their interest areas and the needs of the center. The doctoral internship in professional psychology includes these components:

**Direct Service:**

- Intake Assessments
- Brief Individual and Couples Counseling
- Group Counseling
- Triage Coverage (4 hours/week)
- Supervision of a therapist in training
- Consultation
Training Activities:

- Training Seminars, including: Multicultural Seminar, Intern Case Conference, Supervision of Supervision, and Clinical and Professional Issues Seminar. Additionally, training seminars will include didactics such as:
  - Brief Psychotherapy
  - Crisis/Suicidal/At-Risk Clients
  - Ethics
  - Group Counseling
  - Couples Counseling
  - Mindfulness
  - Theories of Psychotherapy
  - Eating Disorders

- Clinical Assessment Team meeting
- Individual Supervision
- Supervision of Group Therapy
- Professional Development Supervision with the Training Coordinator
- Staff Meeting

Other Activities

- Prep time/Admin time/Dissertation research time
- Specialty rotation depending on intern interests and center needs. Examples include, but are not limited to: Behavioral Health, Eating Disorders, Multicultural Competence, and Outreach.

Sample Schedule

Weekly Activities for CAPS Interns (approximate)

<table>
<thead>
<tr>
<th>Intern weekly Activities</th>
<th>Fall Hours/Week</th>
<th>Spring Hours/Week</th>
<th>Summer Hours/Week</th>
</tr>
</thead>
<tbody>
<tr>
<td>Direct Service</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Individual/Couples Therapy*</td>
<td>12</td>
<td>12</td>
<td>14</td>
</tr>
<tr>
<td>Intakes</td>
<td>3</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>Group Therapy</td>
<td>1.5-3</td>
<td>1.5-3</td>
<td>1.5</td>
</tr>
<tr>
<td>Triage</td>
<td>4</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>Clinical Total</td>
<td>20.5-22</td>
<td>20.5-22</td>
<td>22.5</td>
</tr>
</tbody>
</table>

*Hours will adjust depending on number of groups

<table>
<thead>
<tr>
<th>Other Service</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical and Professional Issues Seminar</td>
<td>1</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Individual Supervision</td>
<td>2</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Group Supervision</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Intern Case Conference (every other week)</td>
<td>0.5</td>
<td>0.5</td>
<td>0.5</td>
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</table>
Commitment to Diversity

The UNLV CAPS doctoral internship recognizes the importance of cultural and individual differences and diversity in the training of psychologists. The training program is committed to providing a rich multicultural experience for interns. As a campus community, U.S. News and World Report named UNLV as tied for the most diverse college campus in 2016-2017. Additionally, UNLV was designated as a Minority Serving Institution (MSI) by the U.S. Department of Education in December 2012. See the following links for additional information:

- Minority-Serving Institution (MSI)
- U.S. News Ranks UNLV Among Nation's Most Diverse College Campuses

UNLV is a large, urban, and diverse campus located in the heart of Las Vegas. According to the 2013 US census estimate, the population of the Las Vegas metropolitan area was 2,027,828. The 2010 Census reported that the racial composition of Las Vegas was 62.1% White, 31.5% Hispanic or Latino, 11.1% Black or African American, 6.1% Asian, 4.9% Multiracial, .7% Native American, and .5% Native Hawaiian or Pacific Islander. At UNLV, the main Paradise campus, where CAPS is located, is just over a mile east of the Las Vegas Strip.

UNLV is an Equal Opportunity Affirmative Action Employer Committed to Achieving Excellence through Diversity
CAPS offers bilingual therapy (Spanish and Hindi).
Las Vegas is a city with many exciting attractions. Like any other large metropolitan area, the city has fine libraries, museums, the Smith Center for Performing Arts, community theater, art galleries, and parks. Mild desert temperatures make outdoor recreation possible throughout the year in southern Nevada. Within a 30-mile radius lie the shores of Lake Mead, massive Hoover Dam and the Colorado River recreation area, the snow-skiing and hiking trails of 12,000-foot Mount Charleston, and a panorama of red rock mountains and eroded sandstone landscapes. In addition, the city is only four to five hours by car from the beaches of Southern California and the national parks of Utah and Arizona. Las Vegas enjoys a mild year-round climate, yet there are noticeable seasonal differences. The annual average temperature is 79 degrees, but it is not unusual for the mercury to hit the 110 degree mark during the summer and dip into the 30s in the winter. Annual rainfall amounts to only 3.5 inches, much of it falling in the winter when it is snowing in the nearby mountains.

CAPS/Student Wellness has ADA approved wheelchair accommodations for doors, hallways, and an emergency wheelchair stairwell system (Evacu Trac).