MTA Fridays:
Virtual Discussion Groups

Parenting and Working from Home

Moderated by:
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May 22, 2020
Welcome!
Agenda

I. Orientation & introductions
II. Warm up
III. Learning objectives
IV. Introduction to topic
V. Discussion
VI. Resources
VII. Thank you!!
Orientation & Introductions
Share one good thing.
Learning objectives
Parenting & Working from Home
I’m not one to talk trash, but my new coworkers suck. They keep asking for snacks. One asked me to make her lunch, and the other has done nothing but stream Boss Baby all day. Booger eating. Peeing with the door open. Crying. Totally unproductive. These people should be fired.
But look at you! Maintaining eye contact and everything!
Dream together.
Debrief
Returning to reality...
I don’t want to just “survive” another day, I want to enjoy these moments and make these memories because who wouldn’t want the chance to work and be home with their family?

When this all began I thought it would be a piece of cake. But it turned out I was wrong, and after 2 months of the shut down I still don’t have it right. I feel like I’m in groundhogs day, or some days it just feels like the longest day ever and turns out 2 days have passed.

I still don’t have that “quarantine mom” schedule. It is what it is and I can’t really plan much, it drives me crazy because our household has always ran on structure, routines and schedules. But I can’t fight this...whatever “this” is.
Debrief
Additional Resources
Webinar
• Registration link: https://astec.arizona.edu/understanding-coronavirus-children-webinar
• Dates:
  o May 26
  o June 9
  o June 23

Kindness at home activities
• Link: https://s29053.pcdn.co/wp-content/uploads/2020/03/BensBells_KindAtHome_.pdf

Podcasts
• Link: Covid-19 Diaries- Parenting

Article in the Business Affairs Bulletin on working remotely while parenting/caregiving: https://us20.campaign-archive.com/?u=92b85b15d17da5c36d10e2738&id=a764d7d2cf
Thank you!