



# STAY ACTIVE. STAY FIT.

## GX VIRTUAL SPRING SCHEDULE

Spring 2021 | Monday, January 25th - Friday, April 30th



Watch classes on demand at:  
[youtube.com/unlvrebelrec](https://youtube.com/unlvrebelrec)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ZUMBA</b> 12pm - 12:30pm Led by Megi	<b>CORE</b> 12pm - 12:30pm Led by Aubrey	<b>BODY TONING</b> 12pm - 12:30pm Led by Kristine	<b>MEDITATION</b> 12pm - 12:15pm Led by Francis	<b>YOGA</b> 12pm - 12:30pm Led by Stephanie
<b>PILATES</b> 5pm - 5:30pm Led by Kristine	<b>HIIT w/ MOVES</b> 5pm - 5:30pm Led by Lidia	<b>YOGA</b> 5pm - 5:30pm Led by Stephanie	<b>ZUMBA</b> 5pm - 5:30pm Led by Megi	<b>HIIT</b> 5pm - 5:30pm Led by Aubrey

### CLASS TYPE KEY

- CARDIO
- MIND/BODY
- STRENGTH
- SPIN
- DANCE