



Bachelor of Science in Nutrition Sciences – Social and Behavioral

4-Year Plan (Fall 2025- Spring 2026)

****This is an advisory tool, and may be subject to change based on course availability.**

Freshman Year

FALL SEMESTER	Credits
HSC 100 (or other FYS)	2
ENG 101	3
MATH 124 (or higher)	3
BIOL 189A/L	4
US/NV CONSTITUTION	3
SEMESTER TOTAL	15 cr
SPRING SEMESTER	Credits
ENG 102	3
CHEM 108	4
KIN 223	4
FINE ARTS	3
PSY 101 (preferred)	3
SEMESTER TOTAL	17 cr

Junior Year

FALL SEMESTER	Credits
NUTR 370	3
NUTR 470	3
KIN 175	3
HCA 175/201/202/203	3
HUMANITIES W/ MULTICULTURAL	3
SEMESTER TOTAL	15 cr
SPRING SEMESTER	Credits
NUTR 311/L	4
NUTR 326	3
SOC 403	3
HUMANITIES	3
NUTR ELECTIVE	3
SEMESTER TOTAL	16 cr

Sophomore Year

FALL SEMESTER	Credits
PBH 205 (or other SYS)	3
KIN 224	4
NUTR 271	1
NUTR 223	3
SOC 101	3
SEMESTER TOTAL	14 cr
SPRING SEMESTER	Credits
ANTH 101	3
BIOL 251A/L	4
KIN 200	3
ECON 102/103	3
NUTR 301	3
SEMESTER TOTAL	16 cr

Senior Year

FALL SEMESTER	Credits
NUTR 408	3
PBH 200/205/210/440/445/455	3
NUTR ELECTIVE	3
NUTR 451	3
ANTH 428/466	3
SEMESTER TOTAL	15 cr
SPRING SEMESTER	Credits
NUTR 315	3
PSY 316/330/341/360/421/470	3
NUTR ELECTIVE	3
NUTR ELECTIVE	3
SEMESTER TOTAL	12 cr

***Note:** If Multicultural and International courses are taken under the General Education Domains the Total Credits are 120.

In the healthcare profession, fingerprinting is often required.

Credit Requirements: Student must complete a minimum of 120 credits to graduate; student must complete last 30 credits within NSHE residency.

Courses are outlined by departmental preference, prerequisite requirements, and common course rotations.