



Bachelor of Science in Nutrition Sciences – Nutrition for Healthcare

4-Year Plan (Fall 2025- Spring 2026)

****This is an advisory tool, and may be subject to change based on course availability.**

Freshman Year

FALL SEMESTER	Credits
HSC 100 (or other FYS)	2
ENG 101	3
MATH 126 (or higher)	3
BIOL 189A/L	4
US/NV CONSTITUTION	3
SEMESTER TOTAL	15 cr
SPRING SEMESTER	Credits
ENG 102	3
CHEM 121A/L	4
KIN 223	4
FINE ARTS	3
PSY 101 (preferred)	3
SEMESTER TOTAL	17 cr

Junior Year

FALL SEMESTER	Credits
NUTR 370	3
NUTR 470	3
KIN 391 (preferred NUTR elective)	4
HMD 130	3
HUMANITIES	3
SEMESTER TOTAL	16 cr
SPRING SEMESTER	Credits
NUTR 311/L	4
NUTR 326	3
FAB 230	3
HUMANITIES	3
SEMESTER TOTAL	13 cr

Sophomore Year

FALL SEMESTER	Credits
PBH 205 (or other SYS)	3
KIN 224	4
NUTR 271	1
NUTR 223	3
CHEM 122A/L	4
SEMESTER TOTAL	15 cr
SPRING SEMESTER	Credits
CHEM 241/L	4
BIOL 251A/L	4
KIN 200	3
SOC 101 (preferred)	3
NUTR 301	3
SEMESTER TOTAL	17 cr

Senior Year

FALL SEMESTER	Credits
NUTR 405	3
NUTR 426	3
NUTR 429	3
NUTR 451	3
SOCIAL SCIENCE W/ MULTICULTURAL	3
SEMESTER TOTAL	15 cr
SPRING SEMESTER	Credits
NUTR 427	3
NUTR 431	3
NUTR 450	3
NUTR 452	3
SEMESTER TOTAL	12 cr

***Note:** If Multicultural and International courses are taken under the General Education Domains the Total Credits are 120.

In the healthcare profession, fingerprinting is often required.

Credit Requirements: Student must complete a minimum of 120 credits to graduate; student must complete last 30 credits within NSHE residency.

Courses are outlined by departmental preference, prerequisite requirements, and common course rotations.