



Bachelor of Science in Kinesiology – Healthcare Rehabilitation Sciences (OT)

4-Year Plan (Fall 2025- Spring 2026)

****This is an advisory tool, and may be subject to change based on course availability.**

Freshman Year

FALL SEMESTER	Credits
FIRST YEAR SEMINAR (FYS)	2
ENG 101	3
BIOL 189A/L	4
KIN 170	3
HUMANITIES with INTERNATIONAL	3
SEMESTER TOTAL	15 cr
SPRING SEMESTER	Credits
ENG 102	3
MATH 124	3
PSY 101	3
KIN 175	3
KIN 223	4
SEMESTER TOTAL	16 cr

Junior Year

FALL SEMESTER	Credits
KIN 346	4
HSC 103	3
FINE ARTS	3
BIOLOGY ELECTIVE	2
ELECTIVE	3
SEMESTER TOTAL	15 cr
SPRING SEMESTER	Credits
KIN 312	3
KIN 350	3
KIN 316	3
SOCIAL SCIENCE	3
US/NEV CONSTITUTION	3
SEMESTER TOTAL	15 cr

Sophomore Year

FALL SEMESTER	Credits
SECOND YEAR SEMINAR (SYS)	3
KIN 224	4
KIN 150	4
SOCIAL SCIENCE with MULTICULTURAL	3
HUMANITIES	3
SEMESTER TOTAL	17 cr
SPRING SEMESTER	Credits
NUTR 121	3
KIN 101	3
KIN 200	3
KIN 245	3
SEMESTER TOTAL	12 cr

Senior Year

FALL SEMESTER	Credits
KIN 391	4
KIN 496	3
PSY 341	3
APPROVED ELECTIVE	3
ELECTIVE	3
SEMESTER TOTAL	16 cr
SPRING SEMESTER	Credits
KIN 475 + KIN 490	4
KIN 411	3
APPROVED ELECTIVE	4
APPROVED ELECTIVE	3
SEMESTER TOTAL	14 cr

***Note:** If Multicultural and International courses are taken under the General Education Domains the Total Credits are 120.

In the healthcare profession, fingerprinting is often required.

Credit Requirements: Student must complete a minimum of 120 credits to graduate; student must complete last 30 credits within NSHE residency.

Courses are outlined by departmental preference, prerequisite requirements, and common course rotations.