

Bachelor of Science in Kinesiology – Healthcare Rehabilitation Sciences (OT)

4-Year Plan (Fall 2025- Spring 2026)

****This is an advisory tool, and may be subject to change based on course availability.**

Freshman Year

| FALL SEMESTER | Credits |
|-------------------------------|---------|
| FIRST YEAR SEMINAR (FYS) | 2 |
| ENG 101 | 3 |
| BIOL 189A/L | 4 |
| KIN 170 | 3 |
| HUMANITIES with INTERNATIONAL | 3 |
| SEMESTER TOTAL | 15 cr |
| SPRING SEMESTER | Credits |
| ENG 102 | 3 |
| MATH 124 | 3 |
| PSY 101 | 3 |
| KIN 175 | 3 |
| KIN 223 | 4 |
| SEMESTER TOTAL | 16 cr |

Junior Year

| FALL SEMESTER | Credits |
|---------------------|---------|
| KIN 346 | 4 |
| HSC 103 | 3 |
| FINE ARTS | 3 |
| BIOLOGY ELECTIVE | 2 |
| ELECTIVE | 3 |
| SEMESTER TOTAL | 15 cr |
| SPRING SEMESTER | Credits |
| KIN 312 | 3 |
| KIN 350 | 3 |
| KIN 316 | 3 |
| SOCIAL SCIENCE | 3 |
| US/NEV CONSTITUTION | 3 |
| SEMESTER TOTAL | 15 cr |

Sophomore Year

| FALL SEMESTER | Credits |
|-----------------------------------|---------|
| SECOND YEAR SEMINAR (SYS) | 3 |
| KIN 224 | 4 |
| KIN 150 | 4 |
| SOCIAL SCIENCE with MULTICULTURAL | 3 |
| HUMANITIES | 3 |
| SEMESTER TOTAL | 17 cr |
| SPRING SEMESTER | Credits |
| NUTR 121 | 3 |
| KIN 101 | 3 |
| KIN 200 | 3 |
| KIN 245 | 3 |
| SEMESTER TOTAL | 12 cr |

Senior Year

| FALL SEMESTER | Credits |
|-------------------|---------|
| KIN 391 | 4 |
| KIN 496 | 3 |
| PSY 341 | 3 |
| APPROVED ELECTIVE | 3 |
| ELECTIVE | 3 |
| SEMESTER TOTAL | 16 cr |
| SPRING SEMESTER | Credits |
| KIN 475 + KIN 490 | 4 |
| KIN 411 | 3 |
| APPROVED ELECTIVE | 4 |
| APPROVED ELECTIVE | 3 |
| SEMESTER TOTAL | 14 cr |

***Note:** If Multicultural and International courses are taken under the General Education Domains the Total Credits are 120.

In the healthcare profession, fingerprinting is often required.

Credit Requirements: Student must complete a minimum of 120 credits to graduate; student must complete last 30 credits within NSHE residency.

Courses are outlined by departmental preference, prerequisite requirements, and common course rotations.