UNLV

University of Nevada, Las Vegas

School of Integrated Health Sciences – Department of Kinesiology and Nutrition Sciences

NUTR 470 – Community Nutrition – Course Syllabus

Course Information
Course Title: Community Nutrition
Course Number: NUTR 470, Section 1001
Session: Fall 2025
Dates: August 25, 2025 – December 12, 2025
Course Format: Hybrid, Meeting Wednesdays, 4:00 – 5:15 pm, BHS 133

Hybrid format means that we will meet once per week, and there will be online work to be completed every week. Attendance is mandatory. Per DPND guidelines, missing more than one (1) class will result in a 10% deduction on your overall grade at the end of the semester.

Course Description: Provides background and skill development on the organization, implementation, and evaluation of community-based nutrition programs for individuals and communities.

For NUTR Majors
Pre-Requisites: NUTR 271, NUTR 301

Instructor Information
Instructor: Dawn Matusz, MS, NDTR (Pronouns: *she, her, hers*)
Contact: Use Web Campus / Canvas mail only for course inquiries. ("Inbox" tab to the left.)

Office Hours: I will hold virtual office hours on Mondays from 1:00 pm – 3:00 pm by appointment only. You can request an appointment via the following link -----.

Kinesiology & Nutrition Sciences Main Office: 702-895-4328. Location: BHS 323.

Course Materials
This course requires the purchase of a Cengage Unlimited Subscription in order to get access to our textbook plus access to the required MindTap platform. There is no other way to gain access to our textbook and online assignments without a subscription.

Text: ***Community Nutrition in Action: An Entrepreneurial Approach*, Boyle, 8th edition**.

Juniors already have access to Cengage Unlimited through enrollment in NUTR 370. You can access this course's materials through the link provided in the MindTap Link & Overview Module.

Course Objectives
Upon completion of this course, the student will be able to:
- Describe the roles and responsibilities of community nutrition professionals and arenas of practice.
- Understand the health care system and national health objectives as they relate to community nutrition.
- Describe the role of public policy including current nutrition guidelines and the legislative process as it relates to community nutrition.
- Understand and describe the components of nutrition programming, i.e., assessment,

development of objectives, implementation, evaluation and marketing.

- Identify local and national nutrition education/assistance programs, the target audiences they serve and their key objectives.
- Work within a team to apply information on program planning, implementation and evaluation to the development of a mock nutrition/health intervention program.

Foundational Knowledge and Skills

At the completion of the course students will have met the following ACEND Foundation Knowledge Requirements and Learning Outcomes:

Professional Practice Expectations: beliefs, values, attitudes and behaviors for the professional dietitian level of practice.
> **KRDN 2.4**: Discuss the impact of health care policy and different health care delivery systems on food and nutrition services.

Clinical and Customer Services: development and delivery of information, products and services to individuals, groups and populations.
> **KRDN 3.2**: Develop an educational session or program/educational strategy for a target population.

Practice Management and Use of Resources: strategic application of principles of management and systems in the provision of services to individuals and organizations.
> **KRDN 4.6**: Explain the processes involved in delivering quality food and nutrition services.

Leadership & Career Management Skills: strengths, knowledge and experience relevant to leadership potential and professional growth for the nutrition and dietetics practitioner.
> **KRDN 5.5:** Promote team involvement and recognize the skills of each team member.

Course Policies (Important Notes)

- Attendance is required for this course. Per DPND guidelines, a 10% deduction will be made on your overall grade if you have missed more than one (1) class session.
- We will be engaging in activities and discussions that require active participation during class. Participation is expected. Please make sure to read the chapter and complete all assignments as noted on the Course Schedule. Also take the time to prepare for class activities that will be posted in each week's module.
- **Deadlines for almost all assignments will be on Fridays at 11:59 pm. There are two instances when the due date moves to Sunday at 11:59 pm. These are noted on the Course Schedule. There is one assignment that will be completed in class and due at the end of class.**
- All assignments, except for RD Exam Practice Quizzes & the Program Evaluation Assignment, will be available from the first day of the semester. It is recommended that students work ahead. Late work will only be accepted for legitimate emergencies if documentation is provided. Leaving assignments until the last minute, work schedules, and forgetting are not legitimate emergencies.
- All written assignments must be typed. Assignment dates are firm. See the Late Work Policy for further information on late submissions.
- Sometimes the subject matter of classes overlaps, and an assignment can meet the requirements for more than one class. If this is the case, standards of academic honesty require that you inform your instructors of your intentions and get written approval before pursuing the assignments.
- The use of AI in writing assignments is not permitted in this course unless instructions specifically state that it is allowed.
- Some of the assignments in this course will utilize TurnItIn to check for plagiarism. TurnItIn also checks for probably AI generated content. General matches above 15% will be examined, and significant

matches will automatically be reported to the Office of Student Conduct. Academic sanctions will be determined based on the severity of the infraction. Probable AI matches above 10% will be examined thoroughly and could result in a report to the Office of Student Conduct. Academic sanctions will be determined based on the severity of the infraction.

- Once points are issued via Web Campus for any quiz, assignment, or project, students have **72 hours** to ask questions about earned points. After that, points will not be changed. There is also no guarantee that points will be changed due to an inquiry. The instructor reserves all rights in the final grading decisions.
- It is important for you to check Web Campus / Canvas regularly. Communication outside of class will be conducted via Announcements and/or the Canvas Inbox. You are responsible for keeping apprised of any announcements.
- It will be beneficial for you to bring your laptop or other device with textbook loaded and/or internet access to class for discussions and activities. It is not required for you to have a device in class. Activities and discussions may utilize websites and Google slides and will be completed as groups.
- Contract --- This syllabus is a contract between the student and the instructor. By enrolling in this course, it is assumed and implied that the student understands that they are obliged to follow all of the requirements and rules set forth in this document.
- I reserve the right to modify this syllabus at any point during the semester.

Late Work Policy

Late work is *not* accepted in this course without **legitimate medical or emergency documentation**. In addition, best efforts must be made to notify the instructor *prior* to the due date.

Please note that contacting the instructor prior to a due date does not guarantee an extension as that decision will be determined based on the nature of the need for an extension. Please note that work schedules, other course deadlines/schedules, technology issues/errors, submission/upload errors, and lack of access to technology devices and/or software are **not** considered legitimate excuses.

In the event that you have submission issues, at a minimum, you must email the instructor your submission *prior to the deadline* for any type of consideration to be made, and a **10% penalty** will be implemented for failure to follow assignment and submission instructions. However, submitting in this format does not guarantee that it will be accepted by the instructor based on the nature of the need to submit in this format, and may result in a grade of zero for that assignment, assessment, or major project.

Furthermore, if the instructor agrees to an extension (prior to the due date), an automatic **20% late penalty** will be implemented to the overall grade of the assignment, assessment, or major project. Inquiries made to the instructor after submission without legitimate medical or emergency documentation *will not* be answered or considered for credit. All other late submissions will receive a grade of zero.

Course Evaluation

Activity	Points
Class Participation (12 x 10 points)	180
Healthcare Systems Discussion Posting	60
Information Portfolio	40
RD Exam Practice Quizzes (4x20)	80
Nutrition Kitchen Project	100
Community Intervention Project Written Report (100) + Media Pitch (20)	120
Community Intervention Project Video Presentation	100
Community Intervention Project Self and Peer Review	75
Program Evaluation Assignment	50
Cengage MindTap Assignments (13 chapters x 15 points each)	195
Total	**1000**

Course Grade Breakdown

Letter Grade	Percentage	Points
A	93-100%	
A-	90-92.99%	
B+	87-89.99%	
B	83-86.99%	
B-	80-82.99%	
C+	77-79.99%	
C	73-76.99%	
C-	70-72.99%	
D+	67-69.99%	
D	63-66.99%	
D-	60-62.99%	
F	<60%	

Note: Final course grades in letter format are NOT provided by the instructor. Letter grades are reported to the Registrar, where students will access them electronically.

Assignment grades are posted in Web Campus. *Missed items do not necessarily show up as a graded item. It is your responsibility to keep track of completed assignments and understand that you get zero points for a missed item.*

Course Assignments

The following is a list of all graded assignments for this course. Please see Web Campus / Canvas for further assignment descriptions.

Class Participation (12 weeks x 15 points) Participation in class activities is required. Ten points will be taken off for not participating in class activities (case studies, group activities, etc.) *Tardiness to class of more than 15 minutes will result in an automatic 5 point deduction in the day's participation points.*

Healthcare Systems Discussion Posting (60 points): Students will respond to a discussion post via the Web Campus / Canvas discussion tab. All responses must be professional and courteous, or you will be deducted points. The use of AI generated content is not permitted for this assignment.

Information Portfolio (40 points): Students will collect information from the course and put it together in a portfolio to be used in the future.

RD Exam Practice Quizzes (4x20 points): There will be four RD Exam Practice quizzes worth 20 points each over the course of the semester. These quizzes are designed to simulate the style of questions you will receive on the RD exam and will be delivered in the same way that you will receive them on the RD exam. Questions will be delivered one at a time. Clicking out of the quiz window for any reason will result in a zero on the quiz. Activity logs will be checked. For this reason, it is suggested that students disable pop-ups prior to taking the quiz.

Nutrition Kitchen Project (100 points): You will be to create either a short video, article, nutrition education module, handout, game, quiz or combination of all these items that can be posted onto a community nutrition program's website. You will need to address literacy level, socioeconomic status, and include a recipe. AI generated content is not permitted for this project.

Community Intervention Project + Peer Review (295 points): Students will be assigned to teams of 3-4 individuals for the project that will run throughout the semester. Topics will be assigned using Position Statements and Papers from the Academy of Nutrition and Dietetics as the starting point. The project will involve reading, research, compilation of data from local sources, and creativity. The result will be a written report (100 points) and a video presentation (100 points). There will also be a media pitch (20 points) component to this project. Each team will submit a single written report for which all team members will receive the same grade.

Points for the written portion will be assigned throughout the semester as segments of the CIP are due every couple of weeks beginning with the Literature Review towards the end of September. Each segment that is turned in will be graded as if it is the final version.

AI generated content is not permitted for this project.

Students will be graded individually for the video presentation (even though you will be recording this video together as a team). You can record a video on your phone, with a screen capturing tool or a web conferencing tool such as Google Meet/Hangouts, WebEx, Skype, or Zoom. *You can use any video tool you'd like but need to submit as an assignment in Panopto (UNLV's media content management system) in Web Campus.* You can also use Panopto to record your video!

There is also a self and peer review component which will be worth 100 points out of the total 375 points.

Program Evaluation Assignment (50 Points): Each group will be assigned a program to evaluate. The evaluating group will be given the written report and presentation of another group. An evaluation form will be provided. It is expected that each evaluating group will give thorough and thoughtful feedback. This assignment will be done in class as a group project. This assignment will be due at the end of class that day. Failure to attend class that day will result in a zero on the assignment.

Cengage MindTap Homework (195 points): Students will complete two homework assignments in the MindTap platform for each chapter covered during the semester (15 chapters.)

Important Dates
Wednesday, September 10 – Administrative drop for non-payment.
Friday, October 3 – Last day to completely withdraw from all classes w/ 50% refund if account PIF.
Friday, October 31 – Last day to drop classes w/o refund or to change from credit to audit.

Computer Issues
The instructor cannot help with computer issues. Contact OIT Help Desk for assistance with passwords and access issues or visit the OIT website for helpful information regarding Web Campus, computer labs, software and browser problems. It is your responsibility to be sure that you have a reliable internet connection and a computer operating at an appropriate speed. It is suggested that you do not use a wireless connection. For all technical support and/or computer issues, contact the OIT Help Desk at (702) 895-0777.

University Policies
https://www.unlv.edu/policies/students

The NUTR 470 Course Schedule is located on pages 7 – 9.

NUTR 470 – Fall 2025 – Course Schedule

Week / Date	Class (Wednesdays, 4:00-5:15 pm)	Online Component	What's Due
1 Aug 27	Course Introduction Introduction to the CIP Group Introductions – Discuss Topics	**Chapter 2**: Principles of Epidemiology • Reading & Lecture Video & MindTap Quiz Academic Integrity Verification ***Prepare for Next Class*** • Chapter 2 Case Study	**Academic Integrity Verification** **Chapter 2 MindTap Quiz** DUE: Friday, August 29 @ 11:59 pm
2 Sep 03	**Chapter 2**: Principles of Epidemiology Potential Class Activities: • Paraphrasing & Plagiarism • Chapter 2 Case Study • CIP Group Work (as time permits)	**Chapter 4**: Understanding & Achieving Behavior Change • Reading & Lecture Video & MindTap Quiz ***Prepare for Next Class*** • Find a Newspaper / Magazine Article for Next Class (Nutrition Related) • Chapter 4 Case Study	**Chapter 4 MindTap Quiz** DUE: Friday, September 5 @ 11:59 pm
3 Sep 10	**Chapter 4**: Understanding & Achieving Behavior Change • Chapter 4 Case Study • Article Analysis & Discussion	**Chapter 5**: Community Needs Assessment • Reading & Lecture Video & MindTap Quiz RD Exam Practice Quiz #1 (Chapter 2) ***Prepare for Next Class*** • Chapter 5 Case Study	**Chapter 5 MindTap Quiz** **RD Exam Practice Quiz #1** DUE: Friday, September 12 @ 11:59 pm
4 Sep 17	**Chapter 5**: Community Needs Assessment • Chapter 5 Case Study • CIP Group Work (as time permits)	**Chapter 6**: Program Planning for Success • Reading & Lecture Video & MindTap Quiz RD Exam Practice Quiz #2 (Chapter 4) ***Prepare for Next Class*** • Group Activity: Program Development: F&V Intake in Children – Prework • CH 6 – Nutrition Care Process • NCP Basics Quiz	**Chapter 6 MindTap Quiz** **RD Exam Practice Quiz #2** DUE: Friday, September 19 @ 11:59 pm
5 Sep 24	**Chapter 6**: Program Planning for Success • Group Activity: Program Development: F&V Intake in Children • NCP Basics Quiz • CIP Group Work (as time permits)	**Chapter 16**: Principles of Nutrition Education • Reading & Lecture Video & MindTap Quiz ***Prepare for Next Class*** • Chapter 16 Case Study	**CIP Literature Review Section** **Chapter 15 MindTap Quiz** DUE: Friday, September 26 @ 11:59 pm

Week / Date	Class (Wednesdays, 4:00-5:15 pm)	Online Component	What's Due
6 Oct 01	**Chapter 16**: Principles of Nutrition Education • Chapter 16 Case Study • CIP Group Work (as time permits)	**Chapter 17**: Marketing Nutrition & Health Promotion • Reading & Lecture Video & MindTap Quiz ***Prepare for Next Class*** • Chapter 17 Case Study	**Chapter 16 MindTap Quiz** DUE: Friday, October 3 @ 11:59 pm
7 Oct 08	**Chapter 17**: Marketing Nutrition & Health Promotion • Chapter 17 Case Study • CIP Group Work (as time permits)	**Chapter 18**: Managing Community Nutrition Programs • Reading & Lecture Video & MindTap Quiz ***Prepare for Next Class*** • FreshSteps Case Study • Logic Models	**CIP Needs Assessment Section** **Chapter 17 MindTap Quiz** DUE: Friday, October 10 @ 11:59 pm
8 Oct 15	**Chapter 18**: Managing Community Nutrition Programs • FreshSteps Case Study • Logic Models (p. 783) • CIP Group Work (as time permits)	**Chapter 3**: A National Nutrition Agenda for the Public's Health • Reading & Lecture Video & MindTap Quiz **Review**: Dietary Guidelines for Americans ***Prepare for Next Class*** • Chapter 3 Case Study Prework	**Chapter 3 MindTap Quiz** DUE: Friday, October 17 @ 11:59 pm
9 Oct 22	**Chapter 3**: A National Nutrition Agenda for the Public's Health • Chapter 3 Case Study • CIP Group Work (as time permits)	**Chapter 10**: Food Insecurity & Food Assistance Programs • Reading & Lecture Video & MindTap Quiz Nutrition Kitchen Project ***Prepare for Next Class*** • Chapter 10 Case Study Prework	**CIP Intervention/Implementation Section** **Chapter 10 MindTap Quiz** DUE: Friday, October 24 @ 11:59 pm
10 Oct 29	**Chapter 10**: Food Insecurity & Food Assistance Programs • Chapter 10 Case Study • CIP Group Work (as time permits)	**Chapter 8**: Addressing the Obesity Epidemic • Reading & Lecture Video & MindTap Quiz ***Prepare for Next Class*** • Chapter 8 Case Study	**Nutrition Kitchen Project** **Chapter 8 MindTap Quiz** DUE: Sunday, November 2 @ 11:59 pm *Nevada Day Recess, October 31*

Week / Date	Class (Wednesdays, 4:00-5:15 pm)	Online Component	What's Due
11 Nov 5	**Chapter 8**: Addressing the Obesity Epidemic • Chapter 8 Case Study • CIP Group Work (as time permits)	**Chapter 7**: The Art of Science of Policymaking • Reading & Lecture Video & MindTap Quiz RD Exam Practice Quiz #3 (Chapter 16) ***Prepare for Next Class*** • Chapter 7 Case Study Prework	**CIP Monitoring & Evaluation Section** **Chapter 7 MindTap Quiz** **RD Exam Practice Quiz #3** DUE: Friday, November 7 @ 11:59 pm
12 Nov 12	**Chapter 7**: The Art of Science of Policymaking • Chapter 7 Case Study • Food / Nutrition Legislation • CIP Group Work (as time permits)	**Chapter 9**: Healthcare Systems & Policy • Reading & Lecture Video & MindTap Quiz **Chapter 19**: Building Grantsmanship Skills • Reading & Lecture Video & MindTap Quiz Healthcare Systems Discussion – Original Post ***Prepare for Next Class*** • Chapter 19 Case Study	**Chapter 9 MindTap Quiz** **Chapter 19 MindTap Quiz** **Healthcare Systems Discussion Original Post** DUE: Friday, November 14 @ 11:59 pm
13 Nov 19	**Chapter 19**: Building Grantsmanship Skills • Chapter 19 Case Study • Grants.gov • CIP Group Work (as time permits)	RD Exam Practice Quiz #4 (Chapter 10) Healthcare Systems Discussion – Peer Responses Finish Up CIP ***Note: Full CIP includes sections you have not yet turned in.***	**CIP Full Written Report** **CIP Video Presentation** **Healthcare Systems Discussion Peer Responses** **RD Exam Practice Quiz #4** DUE: Friday, November 21 @ 11:59 pm
14 Nov 26	NO CLASS		**CIP Self & Peer Evaluation** ==DUE: Sunday, November 30 @ 11:59 pm== *Thanksgiving Day Recess* *November 27 & 28*
15 Dec 3 Study Week	**Graded Group Activity: Program Evaluation Assignment** ==*Note: Absence from class will result in a zero on the Program Evaluation Assignment.*==	Finish up Portfolio Assignment	**Program Evaluation Assignment** DUE: Wednesday, December 3 by 5:15 pm **Portfolio Assignment** DUE: Friday, December 5 @ 11:59 pm
16 Dec 10 Finals Week	NO CLASS		**Course Closes December 13 @ 5 pm** Grades will be posted in MyUNLV by Tuesday, December 17 @ 4:00 pm