

Bachelor of Science in Nutrition Sciences – Sports Nutrition Concentration

4-Year Plan (Fall 2023- Spring 2024)

****This is an advisory tool, and may be subject to change based on course availability.**

Freshman Year

FALL SEMESTER	Credits
BIOL 189A/L	4
MATH 124	3
ENG 101	3
FIRST-YEAR SEMINAR – HSC 100	2-3
SOCIAL SCIENCE	3
SEMESTER TOTAL	15 cr
SPRING SEMESTER	Credits
ENG 102	3
SOCIAL SCIENCE	3
CHEM 108	4
HUMANITIES	3
KIN 223	4
SEMESTER TOTAL	17 cr

Junior Year

FALL SEMESTER	Credits
KIN 200* (or approved Health-related Stats at 200-level or higher)	3
FAB 230	3
NUTR 370 (FALL ONLY COURSE)	3
KIN 391	4
MULTICULTURAL	3
SEMESTER TOTAL	16 cr
SPRING SEMESTER	Credits
NUTR 311 (SPRING ONLY COURSE)	3
NUTR 311L (SPRING ONLY COURSE)	1
NUTR 326 (SPRING ONLY COURSE)	3
KIN 492	3
NUTR ELECTIVE	3
SEMESTER TOTAL	13 cr

Sophomore Year

FALL SEMESTER	Credits
SECOND YEAR SEMINAR (SYS)	3
HMD 130	3
NUTR 223 (FALL ONLY COURSE)	3
NUTR 271 (FALL ONLY COURSE)	1
US/NV CONSTITUTION	4
KIN 224	4
SEMESTER TOTAL	18 cr
SPRING SEMESTER	Credits
HUMANITIES	3
NUTR 301*	3
SOCIAL SCIENCE	3
BIOL 251A/L	4
FINE ARTS	3
SEMESTER TOTAL	16 cr

Senior Year

FALL SEMESTER	Credits
NUTR 405 (FALL ONLY COURSE)	3
NUTR 426 (FALL ONLY COURSE)	3
NUTR 451 (FALL ONLY COURSE)	3
NUTR 470 (FALL ONLY COURSE)	3
NUTR ELECTIVE	3
SEMESTER TOTAL	15 cr
SPRING SEMESTER	Credits
NUTR 427 (SPRING ONLY COURSE)	3
NUTR 429 (SPRING ONLY COURSE)	3
NUTR 431 (SPRING ONLY COURSE)	3
NUTR 450 (SPRING ONLY COURSE)	3
NUTR ELECTIVE	3
SEMESTER TOTAL	15 cr

***APPLY TO THE MAJOR IN JUNE (AFTER SOPH YEAR)**

***Note:** If Multicultural and International courses are taken under the General Education Domains the Total Credits are 120; NUTR 301 fulfills the university's International requirement.

In the healthcare profession, fingerprinting will be required

Credit Requirements: Student must complete a minimum of 120 credits to graduate. Student must complete last 30 credits within NSHE residency.

Courses are outlined by departmental preference, prerequisite requirements, and common course rotations.