



DEPARTMENT OF KINESIOLOGY AND NUTRITION SCIENCES

Course Prefix & Number KIN 150-1021
Course Title Emergency Management of Injuries and Illness
Semester & Year Spring 2020
Credits 4 credit hours
Lecture Location & Time Asynchronous learning online via WebCampus
Lab Location & Sections Location: BHS 449
 Lab 1022: Monday 8:30-9:45 AM
 Lab 1023: Tuesday 8:30-9:45 AM
 Lab 1024: Asynchronous learning online via WebCampus
 Lab 1025: Asynchronous learning online via WebCampus

Lecture Instructor Kara Radzak, PhD, LAT, ATC
Lab Instructor Yvonne Tapia LAT, ATC

Dr. Radzak's Office & Hours MPE 100, in the Sports Injury Research Center
 Virtual office hours: See the "WebEx" section on WebCampus
 Tuesday 10:00-11:00 AM
 Thursday 1:00-2:00 PM
 By appointment also welcome using the scheduler below
 Schedule meetings at: <https://kara-radzak.youcanbook.me/>
 Dr. Radzak's office line: 702-895-4421
kara.radzak@unlv.edu
yvonne.tapia@unlv.edu

Contact Information

Course Description

Skill and knowledge development in the application of emergency care procedures. Topics covered include basic CPR & AED certification, primary and secondary evaluation, wound care, splinting, recognition and management of sudden illnesses/injuries and other life-threatening conditions.

Course Objectives

1. Students will obtain understanding of basic anatomy and medical terminology as it relates to injury/illness.
2. Students will obtain the skills to perform basic CPR with AED and will have the option of obtaining certification from the American Heart Association.
3. Students will learn the skills necessary for an entry-level healthcare provider to plan for and implement evaluation and treatment of acute emergencies as a result of physical activity.

Course Requirements and Grading

Weekly Lab Online Assessments	5 points each week	40 points
Quizzes (11 given, 10 graded)	5 points each	50 points
CPR/AED Practical	40 points	40 points
CPR/AED Written Exam	50 points	50 points
Lab Practicals (2)	50 points each	100 points
Midterm Exam	75 points	75 points
Final Exam	75 points	75 points
TOTAL		430 points

Grading Scale

A (>92.5%)	B+ (86.5-89.4%)	C+ (76.5-79.4%)	D+ (66.5-69.4%)	F (<59.4%)
A- (89.5-92.4)	B (82.5-86.4%)	C (72.5-76.4%)	D (62.5-66.4%)	
	B- (79.5-82.4%)	C- (69.5-72.4%)	D- (59.5-62.4%)	

Required Textbook, Articles & Readings

- ❖ **Rehberg RS, Konin JG. *Sports Emergency Care: A Team Approach*. 3rd Ed. Slack Inc. Thorofare, NJ. 2018. ISBN 10 1-63091-433-9**

Articles will be regularly assigned and posted on WebCampus (Canvas). It is the expectation that you keep up with these readings, as quiz and test questions can come from this material.

Course Policies

Attendance and Participation

- Lecture and lab attendance are expected.** Students' grades typically reflect both attendance and participation level. **Due to the current difficulties caused by the COVID-19 pandemic lab attendance is NOT graded.** However, we value your dedication to your education and believe in the lab experience will promote a greater understanding of the material and your success. In accordance to this strong belief in the lab experience, the only extra credit offered this semester is one point for each in-person lab attendance or skill completion video for online labs.
- Students are responsible for **completing the required readings** prior to viewing material related to the corresponding class modules.
 - This is for your benefit and is a strong practice for academic success. Students who actually read the textbook and use its resources tend to understand the material better, they are able to ask relevant, clarifying questions during lecture or lab times, and they allow themselves multiple opportunities to revisit the information throughout the week. This correlates with better academic performance and success in the class. *So please do it!*
- Students will not eat in the lab. Drinks are permissible if in a closed container.
- No photography is allowed in the lab.** Any unauthorized cell phone use in lab will be subject to a 1% grade deduction.
- I welcome tablets and laptops into the classroom in order to take notes and do class-related activities. The use of unapproved electronics, or inappropriate use of approved electronics, during the class period will result in you being asked to leave the classroom for the remainder of that session and may result in disciplinary action with the UNLV Office of Student Conduct.

Grading Policies

- Exams and quizzes will be taken at the assigned time window as listed on WebCampus; please see the schedule. **All exams and quizzes will be timed (including time per question), you will be required to use a browser lock down and exams will have a 48 hour window for completion.** See below for the make-up policy regarding quizzes/exams.
- Accurate spelling of all medical terminology** will be graded on all materials.
- Academic dishonesty will not be tolerated** and will be handled according to University Policy.
 - Along with the sanctions determined by the Office of Student Conduct, the instructor may institute either a grade of 0 for the assignment or a grade of "F" for the class.
- If you are caught using any electronic devices during exams or quizzes, you will receive an F for the related grade, along with an immediate referral to UNLV Office of Student Conduct.

Make-up Policies

1. **Please inform the instructor as early as possible if you know you have a conflict that falls into one of the listed categories:** jury duty, military duty, UNLV activities, religious activity or a documented illness.
 - a. See below for the University's Policy on Missed Classwork for more information.
2. Make-up exams or quizzes are **NOT** permitted unless the student obtains permission from the instructor **PRIOR** to the start of the exam/quiz. **Make-ups are at the discretion of the instructor.**
 - a. Permitted make-ups may have up to a 20% deduction of points; this will be determined on a case-by-case basis at the discretion of the instructor.
 - b. All make-ups must be completed within 1 week from the original date on the syllabus.
 - c. If the instructor is **NOT** notified prior to the time of the exam/quiz, a make-up exam/quiz will **NOT** be permitted and the student will receive a grade of "0" for that assignment.
 - d. Lab Assignments and any Extra Credit cannot be made-up.

Communication Policies

1. WebCampus will be used and updated as the semester progresses. Each week's learning material will be posted onto WebCampus by Monday at noon. **Students are expected to check WebCampus on a regular basis** in order to view updates and/or possible changes to the course.
 - a. By policy, faculty and staff can only email students' RebelMail accounts. It is required that all students establish and use their RebelMail account. Canvas will be used to communicate announcements and/or changes for the class; however, **email through the RebelMail account is preferred for all individual communication.**
2. If you have a question regarding lecture or class content, please direct your email to Dr. Radzak. If you have a question regarding labs, please put your section number in the subject line, address the email to Ms. Tapia, and copy Dr. Radzak on the email (CC).
3. If you have any questions or foresee any concerns regarding class policies and expectations, bring it to my attention as soon as possible. This syllabus should be used as your first place to find information.

IMPORTANT UNLV INFORMATION

Academic Misconduct – Academic integrity is a legitimate concern for every member of the campus community; all share in upholding the fundamental values of honesty, trust, respect, fairness, responsibility and professionalism. By choosing to join the UNLV community, students accept the expectations of the Student Academic Misconduct Policy and are encouraged when faced with choices to always take the ethical path. Students enrolling in UNLV assume the obligation to conduct themselves in a manner compatible with UNLV's function as an educational institution. An example of academic misconduct is plagiarism. Plagiarism is using the words or ideas of another, from the Internet or any source, without proper citation of the sources. See the *Student Academic Misconduct Policy* (approved December 9, 2005) located at: <http://studentconduct.unlv.edu/misconduct/policy.html>.

Copyright – The University requires all members of the University Community to familiarize themselves **with** and to follow copyright and fair use requirements. **You are individually and solely responsible for violations of copyright and fair use laws. The university will neither protect nor defend you nor assume any responsibility for employee or student violations of fair use laws.** Violations of copyright laws could subject you to federal and state civil penalties and criminal liability, as well as disciplinary action under University policies. Additional information can be found at: <http://www.unlv.edu/provost/copyright>.

Disability Resource Center (DRC) – The UNLV Disability Resource Center (SSC-A 143, <http://drc.unlv.edu/>, 702-895-0866) provides resources for students with disabilities. If you feel that you have a disability, please make

an appointment with a Disabilities Specialist at the DRC to discuss what options may be available to you. If you are registered with the UNLV Disability Resource Center, bring your Academic Accommodation Plan from the DRC to me during office hours so that we may work together to develop strategies for implementing the accommodations to meet both your needs and the requirements of the course. Any information you provide is private and will be treated as such. To maintain the confidentiality of your request, please do not approach me in front of others to discuss your accommodation needs.

Library Resources—Librarians are available to consult with students on research needs, including developing research topics, finding information, and evaluating sources. To make an appointment with a subject expert for this class, please visit the Libraries' Research Consultation website: <http://guides.library.unlv.edu/appointments/librarian>. You can also ask questions via chat and text message at <http://ask.library.unlv.edu/>

Religious Holidays Policy -- Any student missing class quizzes, examinations, or any other class or lab work because of observance of religious holidays shall be given an opportunity during that semester to make up missed work. The make-up will apply to the religious holiday absence only. It shall be the responsibility of the student to notify the instructor within the first 14 calendar days of the course for fall and spring courses of his or her intention to participate in religious holidays which do not fall on state holidays or periods of class recess. For additional information, please visit: <http://catalog.unlv.edu/content.php?catoid=6&navoid=531>.

Transparency in Learning and Teaching – The University encourages application of the transparency method of constructing assignments for student success. Please see these two links for further information: <https://www.unlv.edu/provost/teachingandlearning>
<https://www.unlv.edu/provost/transparency>

Incomplete Grades - The grade of I – Incomplete – can be granted when a student has satisfactorily completed three-fourths of course work for that semester/session but for reason(s) beyond the student's control, and acceptable to the instructor, cannot complete the last part of the course, and the instructor believes that the student can finish the course without repeating it. The incomplete work must be made up before the end of the following regular semester. If course requirements are not completed within the time indicated, a grade of F will be recorded and the GPA will be adjusted accordingly. Students who are fulfilling an Incomplete do not register for the course but make individual arrangements with the instructor who assigned the I grade.

Tutoring and Coaching -- The Academic Success Center (ASC) provides tutoring, academic success coaching and other academic assistance for all UNLV undergraduate students. For information regarding tutoring subjects, tutoring times, and other ASC programs and services visit <http://www.unlv.edu/asc> or call 702-895-3177. The ASC building is located across from the Student Services Complex (SSC). Academic success coaching is located on the second floor of the SSC (ASC Coaching Spot). Drop-in tutoring is located on the second floor of the Lied Library and College of Engineering TEB second floor.

UNLV Writing Center -- One-on-one or small group assistance with writing is available free of charge to UNLV students at the Writing Center, located in CDC-3-301. Although walk-in consultations are sometimes available, students with appointments will receive priority assistance. Appointments may be made in person or by calling 702-895-3908. The student's Rebel ID Card, a copy of the assignment (if possible), and two copies of any writing to be reviewed are requested for the consultation. More information can be found at: <http://writingcenter.unlv.edu/>

Rebelmail -- By policy, faculty and staff should e-mail students' Rebelmail accounts only. Rebelmail is UNLV's official e-mail system for students. It is one of the primary ways students receive official university communication such as information about deadlines, major campus events, and announcements. All UNLV students receive a Rebelmail account after they have been admitted to the university. Students' e-mail prefixes are listed on class rosters. Emailing within WebCampus is acceptable.

Final Examinations- The University requires that final exams given at the end of a course occur at the time and on the day specified in the final exam schedule. See the schedule at: <http://www.unlv.edu/registrar/calendars>.

Missed Classwork—Any student missing class quizzes, examinations, or any other class or lab work because of observance of religious holidays shall be given an opportunity during that semester to make up missed work. The makeup will apply to the religious holiday absence only. It shall be the responsibility of the student to notify the instructor within the first 14 calendar days of the course for fall and spring courses (excepting modular courses),

or within the first 7 calendar days of the course for summer and modular courses, of his or her intention to participate in religious holidays which do not fall on state holidays or periods of class recess. For additional information, please visit: <http://catalog.unlv.edu/content.php?catoid=6&navoid=531>.

In accordance with the UNLV Faculty Senate-approved policy regarding class time and assignments missed, students who represent UNLV in any official extracurricular activity shall also have the opportunity to make up assignments, provided that the student provides official written notification to the instructor no less than one week prior to the missed class(es).

The spirit and intent of the policy is to offer fair and equitable opportunities to all students, including those representing the university in extracurricular activities. Instructors should consider, for example, that in courses which offer a "drop one" option for the lowest assignment, quiz, or exam, assigning the student a grade of zero for an excused absence for extracurricular activity is both contrary to the intent of the Faculty Senate's policy, and an infringement on the student's right to complete all work and fairly earn her or his grade in the course.

This policy shall not apply in the event that completing the assignment or administering the examination at an alternate time would impose an undue hardship on the instructor or the university that could reasonably have been avoided. There should be a good faith effort by both faculty and student to come to a reasonable resolution. When disagreements regarding this policy do arise, they can be appealed to the department chair/unit director, college/school dean, and/or the Faculty Senate Academic Standards Committee.

For purposes of definition, extracurricular activities may include, but are not limited to: fine arts activities, competitive intercollegiate athletics, science and engineering competitions, liberal arts competitions, academic recruitment activities, and any other event or activity sanctioned by a college/school dean, and/or the Executive Vice President and Provost.

Public Health Directives

Face coverings are mandatory for all faculty and students in the classroom. Students must follow all active UNLV public health directives while enrolled in this class. UNLV public health directives are found at [Health Requirements for Returning to Campus, https://www.unlv.edu/coronavirus/health-requirements](https://www.unlv.edu/coronavirus/health-requirements). Students who do not comply with these directives may be asked to leave the classroom. Refusal to follow the guidelines may result in further disciplinary action according to the [UNLV Student Conduct Code, https://www.unlv.edu/sites/default/files/page_files/27/StudentConduct-Code.pdf](https://www.unlv.edu/sites/default/files/page_files/27/StudentConduct-Code.pdf), including being administratively withdrawn from the course.

[Academic Policies](https://catalog.unlv.edu/content.php?catoid=29&navoid=7326): <https://catalog.unlv.edu/content.php?catoid=29&navoid=7326>

[Student Services & Activities](https://catalog.unlv.edu/content.php?catoid=29&navoid=7331): <https://catalog.unlv.edu/content.php?catoid=29&navoid=7331>

[University Policies](https://catalog.unlv.edu/content.php?catoid=29&navoid=7332): <https://catalog.unlv.edu/content.php?catoid=29&navoid=7332>

[University Community & Libraries](https://catalog.unlv.edu/content.php?catoid=29&navoid=7322): <https://catalog.unlv.edu/content.php?catoid=29&navoid=7322>

TENTATIVE COURSE SCHEDULE

Due to extenuating circumstances this syllabus may be altered or changed by the Instructor, though sufficient notice will be provided to the student.

DATE	TOPIC	TEXTBOOK READINGS*	LECTURE ASSIGNMENTS
<i>Week 1:</i> 1/18	Course Introduction		
	Baseline Vital Signs	Ch. 1 & 3	
<i>Week 2:</i> 1/25	Primary & Secondary Survey	Ch. 3	
	Assessment of Sports Injuries		QUIZ 1
<i>Week 3:</i> 2/1	Self-Protection		
	Bleeding & Shock	Ch. 12	QUIZ 2
<i>Week 4:</i> 2/8	Respiratory emergencies	Ch. 4	
	Cardiovascular emergencies	Ch. 5	QUIZ 3
<i>Week 5:</i> 2/15	Study for CPR exam		CPR Written Exam
	Abdominal and Pelvic Injuries	Ch. 10	
<i>Week 6:</i> 2/22	Thoracic Injuries	Ch. 9	
	Wounds & wound care	Ch.11	QUIZ 4
<i>Week 7:</i> 3/1	Heat, cold & other environmental conditions and emergencies	Ch. 13	
	Emergency Action Plans	Ch. 2	QUIZ 5
<i>Week 8:</i> 3/8	Study for midterm		Midterm Exam
<i>Week 9:</i> 3/15	SPRING BREAK		SPRING BREAK
<i>Week 10:</i> 3/22	Altered mental state & unconsciousness	Ch. 7	QUIZ 6
<i>Week 11:</i> 3/29	Neck & Spine Injuries	Ch. 6	
	Spine boarding		QUIZ 7
<i>Week 12:</i> 4/5	Facial injuries	Ch. 6	
	Injuries to the head & brain	Ch. 8	QUIZ 8
<i>Week 13:</i> 4/12	Musculoskeletal injuries & splinting	Ch. 11	
	Youth Injuries	Ch. 15	QUIZ 9
<i>Week 14:</i> 4/19	Skin conditions	Ch. 12	QUIZ 10
<i>Week 15:</i> 4/26	Poisoning & Allergies		
	Mental health emergencies	Ch. 14	QUIZ 11
<i>Week 16:</i> 5/3	Documentation		
	Final Exam Review		
<i>Week 17:</i> 5/10	Study for final exam		FINAL EXAM

* Additional readings in the form of articles will be assigned as needed via WebCampus

Lab Schedule

Instructor: Yvonne Tapia, LAT, ATC

Contact Information: yvonne.tapia@unlv.edu

Office Hours: Appointment only – Please email

Schedule: This schedule is tentative and subject to change so please be sure to stay up-to-date with Canvas announcements.

Lab Dates	Topic	Assignment(s)	What's Due
Mon 1/18	NO LABS- MLK DAY		
Mon 1/25	Lab 1: Vital Signs	Lab 1 Quiz	
Mon 2/1	Lab 2: CPR	Lab 2 Quiz	Lab 1 Quiz
Mon 2/8	CPR Practical Exam		Lab 2 Quiz
Mon 2/15	NO LABS- PRESIDENTS DAY		
Mon 2/22	Lab 3: Stop the Bleed	Lab 3 Quiz	
Mon 3/1	Lab 4: Wound Care	Lab 4 Quiz	Lab 3 Quiz
Mon 3/8	Lab 5: EAP	Lab 5 Quiz	Lab 4 Quiz
Mon 3/15	NO LABS - SPRING BREAK		Lab 5 Quiz
Mon 3/22	Lab Review 1, 3-5		
Mon 3/29	Practical 1	Labs 1, 3-5	
Mon 4/5	Lab 6: Spine boarding	Lab 6 Quiz	
Mon 4/12	Lab 7: Head Injuries	Lab 7 Quiz	Lab 6 Quiz
Mon 4/19	Lab 8: Splinting	Lab 8 Quiz	Lab 7 Quiz
Mon 4/26	Lab Review 6-8		Lab 8 Quiz
Mon 5/3	Practical 2	Labs 6-8	
Mon 5/10	NO LABS- FINALS WEEK		

Lab Points Breakdown

Lab Quizzes/Assessments (8)	5 points each	40 pts
CPR Practical	40 points	40 pts
Lab Practical Exams (2)	50 points each	100 pts

TOTAL **180 pts**

Lab Expectations

Lab Quizzes/Assessments (8 @ 5 points each = 40 points total)

- Lab assessments will be available to students at the end of each lab and due at the beginning of the following lab. All due dates are listed in the lab schedule as well as on Canvas.
 - Ex: Lab 1 will be available to take at 9:45 am on Monday Jan 25th and close at 8:00 am the following Friday Feb 1st.
- You will have 15 minutes to complete the quiz. It must be completed in one session—meaning it cannot be paused and revisited.
- Spelling errors on medical terminology will be considered incorrect answers.