TRANSITIONS OF CARE/HANDOFFS POLICY

PURPOSE

To establish protocol and standards within the Kirk Kerkorian School of Medicine at UNLV residency and fellowship programs to ensure the quality and safety of patient care when transfer of responsibility occurs during duty hour shift changes and other scheduled or unexpected circumstances.

DEFINITION

A hand-off is defined as the communication of information to support the transfer of care and responsibility for a patient/group of patients from one provider to another. Transitions of care are necessary in the hospital setting for various reasons. The transition/hand-off process is an interactive communication process of passing specific, essential patient information from one caregiver to another. Transition of care occurs regularly under the following conditions:

I. Change in level of patient care, including inpatient admission from an outpatient procedure or diagnostic area or ER and transfer to or from a critical care unit.

II. Temporary transfer of care to other healthcare professionals within procedure or diagnostic areas

III. Discharge, including discharge to home or another facility such as skilled nursing care

IV. Change in provider or service change, including change of shift for nurses, resident sign-out, and rotation changes for residents.

POLICY

Individual programs must design schedules and clinical assignments to maximize the learning experience for residents as well as to optimize transitions in patient care, including their safety, frequency, and structure, and adhere to general institutional policies concerning transitions of patient care.

PROCEDURE

I. The transition/hand-off process must involve face-to-face interaction* with both verbal and written/computerized communication, with opportunity for the receiver of the information to ask questions or clarify specific issues. The transition process should include, at a minimum, the following information in a standardized format that is universal across all services within the same training program (residency or fellowship):

   a. Identification of patient, including name, medical record number, and date of birth
   b. Identification of admitting/primary/supervising physician and contact information
   c. Diagnosis and current status/condition (level of acuity) of patient
   d. Recent events, including changes in condition or treatment, current medication status, recent lab tests, allergies, anticipated procedures, and actions to be taken
   e. Outstanding tasks – what needs to be completed in immediate future
f. Outstanding laboratories/studies – what needs follow up during shift

g. Changes in patient condition that may occur requiring interventions or contingency plans

h. Code status (if appropriate)
   * The hand-off process may be conducted by telephone conversation. Voicemail and/or
     any other unacknowledged message is not an acceptable form of patient hand-off. A
     telephonic hand-off must follow the same procedures outlined in Section IV and both
     parties to the hand-off must have access to an electronic or hard copy version of the
     Sign-Out Evaluation. Further, patient confidentiality and privacy must be guarded in
     accordance with HIPAA guidelines.

II. Each residency program must develop components ancillary to the institutional transition of care
    policy that integrate specifics from their specialty field. Programs are required to develop
    scheduling and transition/hand-off procedures to ensure that:

   a. Residents comply with specialty specific/institutional duty hour requirements

   b. Faculty are scheduled and available for appropriate supervision levels according to the
      requirements for the scheduled residents.

   c. All parties (including nursing) involved in a particular program and/or transition process
      have access to one another’s schedules and contact information. All call schedules
      should be available on department-specific password-protected websites and also with
      the hospital operators.

   d. Patients are not inconvenienced or endangered in any way by frequent transitions in their
      care.

   e. All parties directly involved in the patient’s care before, during, and after the transition
      have opportunity for communication, consultation, and clarification of information.

   f. Safeguards and or back-up schedules exist for coverage when unexpected changes in
      patient care may occur due to circumstances such as resident illness, fatigue, or
      emergency.

   g. Programs should provide an opportunity for residents to both give and receive feedback
      from each other or faculty physicians about their handoff skills.

III. Each program must include the transition of care process in its curriculum.

IV. Residents must demonstrate competency in performance of this task. There are numerous
    mechanisms through which a program might elect to determine the competency of trainees in
    handoff skills and communication. These include:

   a. Direct observation of a handoff session by a licensed independent practitioner (LIP)-level
      clinician familiar with the patient(s)

   b. Direct observation of a handoff session by an LIP-level clinician unfamiliar with the
      patient(s)

   c. Either of the previous, by a peer or by a more senior trainee

   d. Evaluation of written handoff materials by an LIP-level clinician familiar with the patient(s)

   e. Evaluation of written handoff materials by an LIP-level clinician unfamiliar with the
      patient(s)

   f. Either of the previous, by a peer, or by a more senior trainee
g. Didactic sessions on communication skills including in-person lectures, web-based training, review of curricular materials, and/or knowledge assessment

h. Assessment of handoff quality in terms of ability to predict overnight events

i. Assessment of adverse events and relationship to sign-out quality through:
   i. Survey
   ii. Reporting hotline
   iii. Trigger tool
   iv. Chart review

V. Programs must develop and utilize a method of monitoring the transition of care process and update as necessary. Monitoring of handoffs by the program to ensure:
   a. There is a standardized process in place that is routinely followed
   b. There is a consistent opportunity for questions
   c. The necessary materials are available to support the handoff (including, for instance, written sign-out materials, access to electronic clinical information, etc.)
   d. A quiet setting free of interruptions is consistently available (for handoff processes that include face-to-face communication)
   e. Patient confidentiality and privacy are ensured in accordance with Health Insurance Portability and Accountability Act (HIPAA) guidelines
   f. Monitoring checklists including these items are attached to the end of the policy

Approved by Graduate Medical Education Committee April 2017