

UNIVERSITY OF NEVADA LAS VEGAS
SCHOOL OF ALLIED HEALTH SCIENCES
DEPARTMENT OF KINESIOLOGY AND NUTRITION SCIENCES
NUTR 431- Seminar in Nutrition
Spring 2016

Instructor: Laura Kruskall, PhD, RDN, CSSD, LD, FACSM, FAND

Office: BHS 330

Nutrition Office: Audrey Coffee, AAIV; BHS 319. Phone: (702) 895-4328

Email: Audrey.coffee@unlv.edu

Phone: (702) 895-4985

E-mail: laura.kruskall@unlv.edu or via WebCampus

Office Hours: M: 2:30-3:30 W: 1:00-2:00 or by appointment. Check WebCampus for temporary changes.

Class credits, times, and location: 3 credits, M/W 11:30-12:45 BHS 133

Course Description

Students will synthesize their knowledge of nutrition as a science and will understand and participate in the role of nutrition and dietetics professionals in the Nutrition Care Process. Prerequisite: NUTR 426 and senior standing. Co-requisite: NUTR 427 and NUTR 450.

This course is a combination of professional and clinical/scientific seminar. Professional topics that will be covered include dietetic internships, graduate studies, job opportunities, developing a learning portfolio, resume writing, specialty credentialing, and interviewing. Scientific and clinical topics include principles of nutrition counseling, literature searching, scientific writing and referencing, lay writing and communication, and professional presentations. Students will be required to complete a capstone project that synthesizes knowledge primarily from NUTR 426, NUTR 427, and NUTR 450, and is integrated with assignments in NUTR 431. Students are required to present a poster of their case study at a professional meeting. Details of the project are presented in a separate document.

Course Text

No text will be required. You will be responsible for the cost of printing your poster (\$35). Other readings will be required to complete the capstone project. You will need word processing software, presentation software, and access to the Academy of Nutrition & Dietetics Nutrition Care Manual and Academy of Nutrition & Dietetics Evidence Analysis Library for your capstone project. You may make an appointment with Audrey to access the Nutrition Care Manual in BHS 313.

Course Objectives

Upon completion of the course the student will:

- ✓ Prepare a professional resume or CV
- ✓ Complete a mock interview
- ✓ Complete a personal learning portfolio
- ✓ Be able to complete a literature search for both peer-reviewed and lay information
- ✓ Learn the components of primary research and review articles
- ✓ Learn the principles of scientific writing and referencing
- ✓ Apply the principles of scientific writing and referencing by completing a literature review
- ✓ Learn effective communication and counseling skills
- ✓ Prepare and deliver a professional presentation
- ✓ Learn how to earn and maintain the RDN credential

Core Knowledge Gained for the DPND

- KRD 1.1** The curriculum must reflect the scientific basis of the dietetics profession and must include research methodology, interpretation of research literature and integration of research principles into evidence-based practice.
- KRD 2.1** The curriculum must include opportunities to develop a variety of communication skills sufficient for entry into pre-professional practice.
- KRD 2.2** The curriculum must provide principles and techniques of effective counseling methods.
- KRD 3.3** The curriculum must include education and behavior change theories and techniques.

Course Evaluation

Item	% of Total Grade	Total Points
Participation/Class Discussion	5%	50
Mock interview and resume	5%	50
Capstone Project (See below for breakdown of points)	90% Total	900 Total
Background/Pathophysiology	20%	200
Nutrition Care Process (Graded in NUTR 427)	0%	0
Financial Impact & Dietary Supplements	10%	100
Handout Development	10%	100
Handout Critique & Scenario Development	5%	50
Counseling Session as the Counselor	20%	200
Counseling Session Critique	5%	50
Poster Session at NDA Meeting	20%	200
Total	100%	1000
Course Grade: 93-100% = A; 90-92% = A-; 87-89% = B+; 83-86% = B; 80-82% = B-; 77-79% = C+; 73-76% = C; 70-72% = C-; 67-69% = D+; 63-66% = D; 60-62% = D-; <60% = F		

Course Policies

1. Please be on time for class. Repeated lateness will affect your course grade.
2. Attendance is mandatory in this course. We will be covering some material and performing some activities that cannot be duplicated from reading a text book. Your final grade will be reduced if you repeatedly miss class (see points above).
3. Please turn off your cell phones or any other electronic devices before class.
4. Assigned readings are to take place before the class meeting. It will be the student's responsibility to ask questions in class or during an appointment if any information is unclear.
5. If you miss a class, you are responsible for any announcements made and all material covered. The instructor will not repeat lectures during an appointment.
6. Missed projects must be discussed with the instructor prior to the project due date. In the event of a legitimate emergency, the instructor must be contacted within a reasonable amount of time. Failure to do so will result in a zero. Any make-ups will be at the discretion of the instructor. A conflict with a work schedule will not be considered sufficient reason to be allowed to make-up assignments. Late projects, if approved by the instructor, are subject to a 10% per calendar day penalty. All late projects

must be submitted in BHS 319 and date stamped. Leaving the project with anyone else may result in a delay and subsequent loss of points. The official receive date is when the instructor receives the project, not when it is delivered.

7. Assignment and project grades will be available to students via WebCampus.

Announcements

Professional Behavior- It is expected that all students will behave in a professional and courteous manner when communicating with their instructor, teaching assistants, and fellow students. Rude behavior will not be tolerated. If you engage in any of these behaviors, and fail to correct the problem, a report will be sent to the UNLV Office of Student Conduct. A student who chooses not to comply is subject to an administrative course drop. Of course, professional participation via questions and comments directed toward the instructor, TA, and/or other student is encouraged.

Academic Misconduct – Academic integrity is a legitimate concern for every member of the campus community; all share in upholding the fundamental values of honesty, trust, respect, fairness, responsibility and professionalism. By choosing to join the UNLV community, students accept the expectations of the Student Academic Misconduct Policy and are encouraged when faced with choices to always take the ethical path. Students enrolling in UNLV assume the obligation to conduct themselves in a manner compatible with UNLV's function as an educational institution. An example of academic misconduct is plagiarism. Plagiarism is using the words or ideas of another, from the Internet or any source, without proper citation of the sources. See the Student Academic Misconduct Policy (approved December 9, 2005) located at: <http://studentconduct.unlv.edu/misconduct/policy.html>

Copyright – The University requires all members of the University Community to familiarize themselves with and to follow copyright and fair use requirements. You are individually and solely responsible for violations of copyright and fair use laws. The university will neither protect nor defend you nor assume any responsibility for employee or student violations of fair use laws. Violations of copyright laws could subject you to federal and state civil penalties and criminal liability, as well as disciplinary action under University policies. Additional information can be found at: <http://www.unlv.edu/provost/copyright>

Disability Resource Center (DRC) – The UNLV Disability Resource Center (SSC-A 143, <http://drc.unlv.edu/>, 702-895-0866) provides resources for students with disabilities. If you feel that you have a disability, please make an appointment with a Disabilities Specialist at the DRC to discuss what options may be available to you. If you are registered with the UNLV Disability Resource Center, bring your Academic Accommodation Plan from the DRC to the instructor during office hours so that you may work together to develop strategies for implementing the accommodations to meet both your needs and the requirements of the course. Any information you provide is private and will be treated as such. To maintain the confidentiality of your request, please do not approach the instructor in front of others to discuss your accommodation needs.

Religious Holidays Policy – Any student missing class quizzes, examinations, or any other class or lab work because of observance of religious holidays shall be given an opportunity during that semester to make up missed work. The make-up will apply to the religious holiday absence only. It shall be the responsibility of the student to notify the instructor no later than the end of the first two weeks of classes, January 29, 2016, of his or her intention to participate in religious holidays which do not fall on state holidays or periods of class recess. For additional information, please visit: <http://catalog.unlv.edu/content.php?catoid=6&navoid=531>.

Incomplete Grades – The grade of I – Incomplete – can be granted when a student has satisfactorily completed three-fourths of course work for that semester/session but for reason(s) beyond the student’s control, and acceptable to the instructor, cannot complete the last part of the course, and the instructor believes that the student can finish the course without repeating it. The incomplete work must be made up before the end of the following regular semester for undergraduate courses. Graduate students receiving “I” grades in 500-, 600-, or 700-level courses have up to one calendar year to complete the work, at the discretion of the instructor. If course requirements are not completed within the time indicated, a grade of F will be recorded and the GPA will be adjusted accordingly. Students who are fulfilling an Incomplete do not register for the course but make individual arrangements with the instructor who assigned the I grade.

Tutoring – The Academic Success Center (ASC) provides tutoring and academic assistance for all UNLV students taking UNLV courses. Students are encouraged to stop by the ASC to learn more about subjects offered, tutoring times and other academic resources. The ASC is located across from the Student Services Complex (SSC). Students may learn more about tutoring services by calling 702-895-3177 or visiting the tutoring web site at: <http://academicsuccess.unlv.edu/tutoring/>.

UNLV Writing Center – One-on-one or small group assistance with writing is available free of charge to UNLV students at the Writing Center, located in CDC-3-301. Although walk-in consultations are sometimes available, students with appointments will receive priority assistance. Appointments may be made in person or by calling 702-895-3908. The student’s Rebel ID Card, a copy of the assignment (if possible), and two copies of any writing to be reviewed are requested for the consultation. More information can be found at: <http://writingcenter.unlv.edu/>

Rebelmail – By policy, faculty and staff should e-mail students’ Rebelmail accounts only. Rebelmail is UNLV’s official e-mail system for students. It is one of the primary ways students receive official university communication such as information about deadlines, major campus events, and announcements. All UNLV students receive a Rebelmail account after they have been admitted to the university. Students’ e-mail prefixes are listed on class rosters. The suffix is always @unlv.nevada.edu. Emailing within WebCampus is acceptable.

Final Examinations – The University requires that final exams given at the end of a course occur at the time and on the day specified in the final exam schedule. See the schedule at: <http://www.unlv.edu/registrar/calendars>. Any other class specific information – (e.g., absences, make-up exams, extra credit policies, plagiarism/cheating consequences, policy on electronic devices, specialized department or college tutoring programs, bringing children to class, policy on recording classroom lectures, etc.).

Library Resources – Students may consult with a librarian (www.library.unlv.edu/consultation) about research needs. For this class, the subject librarian is Xan Goodman. UNLV Libraries provides resources to support students’ access to information. Discovery, access, and use of information are vital skills for academic work and for successful post-college life. Access library resources and ask questions at www.library.unlv.edu/

TENTATIVE COURSE OUTLINE

Date	Topic
1/20	Capstone Project discussion Career options: dietetic internship, graduate school, professional school, etc.
1/25	Preparing for Dietetic Internships
1/27	Preparing for Dietetic Internships/Anything you want to know about nutrition...
2/1	Scope of practice & specialty credentialing
2/3	Interviewing
2/8	Meet with Interns
2/10	Interviewing- Career Services
2/15	HOLIDAY- NO CLASS
2/17	Principles of nutrition counseling
2/22	Principles of nutrition counseling
2/24	Principles of nutrition counseling
2/29	Principles of nutrition counseling
3/2	Principles of nutrition counseling
3/7	Principles of nutrition counseling Counseling Scenario Development Due (via WebCampus)
3/9	Handout Due- First Handout Critique
3/14	Discussing exercise with your patients & clients
3/16	Discussing exercise with your patients & clients POSTER DRAFT DUE- background & pathophysiology (via WebCampus)
3/21	Spring Break
3/23	Spring Break
3/28	POSTER DRAFT DUE- B/P & ADIME (Paper in class & electronic via WebCampus)
3/30	Final handout & counseling scenario due (electronically via Webcampus by 11:30 pm) POSTER DRAFT DUE- B/P, ADIME, & drugs/supplements, financial impact, resources/references (Paper in class & electronic via WebCampus)
4/4	Final poster file submission (electronically via WebCampus) by 9:00 am. Mock Counseling
4/6	Tube Feeding Calculations (PN in NUTR 427 same day)
4/11	Mock Counseling
4/13	Mock Counseling
4/18	Mock Counseling
4/20	Mock Counseling
4/23	THIS IS A SATURDAY. POSTER SESSION AT NDA MEETING 11:00-2:00.
4/25	Mock Counseling
4/27	Mock Counseling
5/2	Mock Counseling
5/4	Program Wrap Up Capstone Project Due- Hard copy in BHS 319 and via Webcampus