

Contemporary Marriage and Families CFT 360, Section 1001, Fall 2021 Couple and Family Therapy Program

Kirk Kerkorian School of Medicine at UNLV
1001 Shadow Lane Campus

Professor:

Phone:

Office:

Email:

Office Hours: By appointment

Class Time & Place:

REQUIRED TEXTS:

Lamanna, M. A., & Riedmann, A., Stewart, S. D. (2014). Marriages, families, and relationships: Making choices in a diverse society (13th ed.). Belmont, CA: Wadsworth/Thompson.

You may purchase at the UNLV bookstore or online. Please have it for the start of the class.

PowerPoints for CFT 360 are posted on Webcampus.

COURSE DESCRIPTION:

CFT 360 involves an analysis of historic and contemporary trends in marriage and family relationships in American society. It includes an examination of major family processes through the life cycle, including functional and dysfunctional patterns as well as the family's interactions with individuals and communities. It also includes information on family development and parenting. The textbook for this course contains a great deal of information. You should read all the texts and the special "boxes" and all other material.

COURSE OBJECTIVES:

Upon successful completion of this course, students will be able to:

- Interpret how macrosystems influence couple and family relationships.
- Summarize historic and contemporary developments and issues pertaining to couple and family relationships.
- Apply a variety of theoretical models to describe couple and family relationships.
- Discover trends in the couple and family therapy treatment literature.

GENERAL REQUIREMENTS & POLICIES:

Learning is a cooperative effort between each individual, the teacher, and the classroom community as a whole. You are expected to attend class each day having read the assigned material, being prepared with comments or questions about the readings. Preparation, discussion,

and other class participation are important to both you and your classmates' learning and development. This will be an active class with questions and class discussion.

Students are expected to:

Participate in class discussions. This includes your respectful thoughts, comments, and questions regarding the readings and materials presented in class. Some topics may be controversial. You are expected to be non-judgmental and respectful of your classmates. Your comments should be grounded in critical and scientific thinking. Personal opinions are also welcome but should be presented as such. It is important for all of us to examine our biases and opinions in order to find a rational conclusion.

Cell Phones & Electronics:

Please turn off cell phones and pagers during class, unless you have made arrangements with the instructor prior to the class period. Texting during class is strictly prohibited. Use other electronics (e.g., laptops, tablets) only for class purposes such as taking notes. Please do not check emails, social media, or browse the web during class. Since we are virtual, I know you will be tempted to open new tabs and check things that are not class related, please do your best to refrain from doing so. Since I will not be able to 'walk' around, like I usually do in in-person classes, I am relying on the honor policy.

Grading:

Students will be graded according to their performance on exams. Grades will be calculated by a percentage of points earned in relation to the total points possible in the course. Grades will be based on the following percentages.

| | |
|--------------|--------------|
| 93 – 100 = A | 73 – 76 = C |
| 90 – 92 = A- | 70 – 72 = C- |
| 87 – 89 = B+ | 67 – 69 = D+ |
| 83 – 86 = B | 63 – 66 = D |
| 80 – 82 = B- | 60 – 62 = D- |
| 77 – 79 = C+ | Below 60 = F |

Assessment:

8 ICA's (10 points each)= 80 points

4 Assignments (5 points each)= 20 points

Final Research Paper= 100 points

3 Exams (100 points each)= 300 points

Total= 500 points

Communication with professor: The professor will use Webcampus and Email for communication. Any announcements will be sent via Webcampus, and students may email the professor through Webcampus or Email. You should expect a reply within 24 hours unless the professor is out of town. If you do not hear back with 24 hours, please re-send the email and call the professor that an email was sent or to speak to the professor.

Your relationships with instructors are professional ones; please treat them as such.

- Include text in the subject line of your email (e.g., “Contemporary Marriage and Family Relationships”; “CFT 360”; “Question about ...”)
- Include a greeting at the beginning of your message (e.g., “Dear Dr. Kazlauskaitė”; “Hi Dr. K.”)
- Include a salutation and your name at the conclusion of your message (e.g., “Thank you, Rick”; “Talk to you soon, Sally”)
- Remember that professional e-mails are not the same as e-mails or texts written between you and your friends; they should be composed with appropriate grammar and complete sentences
- Before writing an email, consider whether the answer that you are seeking can be found on the course website and/or in the syllabus

ADDITIONAL POLICIES:

Public Health Directives:

Face coverings are mandatory for all faculty and students in the classroom. Students must follow all active UNLV public health directives while enrolled in this class. UNLV public health directives are found at [Health Requirements for Returning to Campus](https://www.unlv.edu/coronavirus/health-requirements), <https://www.unlv.edu/coronavirus/health-requirements>. Students who do not comply with these directives may be asked to leave the classroom. Refusal to follow the guidelines may result in further disciplinary action according to the UNLV [Student Conduct Code](https://www.unlv.edu/sites/default/files/page_files/27/StudentConduct-Code.pdf), https://www.unlv.edu/sites/default/files/page_files/27/StudentConduct-Code.pdf, including being administratively withdrawn from the course.

Academic Misconduct:

Academic integrity is a legitimate concern for every member of the Campus community; we all share in upholding the fundamental values of honesty, trust, respect, fairness, responsibility, and professionalism. By choosing to join the UNLV community, students accept the expectations of the Student Academic Misconduct Policy, and are encouraged to always take the ethical path whenever faced with choices. Students enrolling at UNLV assume the obligation to conduct themselves in a manner compatible with UNLV’s educational mission. An example of academic misconduct is plagiarism. Plagiarism is using the words or ideas of another person, from the Internet or any other source without proper citation of the sources. See the [Student Conduct Code](https://www.unlv.edu/studentconduct/student-conduct), <https://www.unlv.edu/studentconduct/student-conduct>.

Auditing Classes:

Auditing a course allows a student to continue attending the lectures and/or laboratories and discussion sessions associated with the course, but the student will not earn a grade for any component of the course. Students who audit a course receive the same educational experience as students taking the course for a grade, but will be excused from exams, assessments, and other evaluative measures that serve the primary purpose of assigning a grade.

Classroom Conduct:

Students have a responsibility to conduct themselves in class and in the libraries in ways that do not interfere with the rights of other students to learn, or of instructors to teach. Use of devices such as cellular phones and pagers, or other potentially disruptive activities are only permitted with the prior explicit consent of the instructor. Students are specifically prohibited to record classes without instructor authorization, including online/remote classes (either audio only, or video and audio). The instructor may rescind permission at any time during the class. If a student does not comply with established requirements or obstructs the functioning of the class, the instructor may initiate an administrative withdrawal of the student from the course.

Since the COVID-19 pandemic forced some instruction to be delivered remotely starting in Spring 2020, numerous students have asked instructors to record their synchronous classes, so that they can access them at their convenience. Instructors who agree to record their classes (audio only, or video and audio) should inform students in advance. Recorded lectures may not be broadly released to anyone, but made available exclusively to those students enrolled in the class during the particular academic term. Recorded lectures must be stored securely, and are subject to the Nevada System of Higher Education's Records Retention Policy, meaning that the recordings can only be deleted 120 days after the end of class (i.e., after grades are posted). Once this requirement is met, the recordings should be deleted. Class recordings are protected from disclosure, as they are deemed part of an educational record under the Family Educational Rights and Privacy Act (FERPA).

Copyright:

The University requires all members of the University Community to familiarize themselves with, and to follow copyright and fair use requirements. You are individually and solely responsible for violations of copyright and fair use laws. The University will neither protect nor defend you, nor assume any responsibility for employee or student violations of fair use laws. Violations of copyright laws could subject you to federal and state civil penalties and criminal liability, as well as disciplinary action under University policies. Additional copyright policy information is available at <http://www.unlv.edu/provost/copyright>.

DISABILITY RESOURCE CENTER (DRC):

The [UNLV Disability Resource Center](https://www.unlv.edu/drc) (SSC-A, Room 143, <https://www.unlv.edu/drc>, 702-895-0866) provides resources for students with disabilities. Students who believe that they may need academic accommodations due to injury, disability, or due to pregnancy should contact the DRC as early as possible in the academic term. A Disabilities Specialist will discuss what options may be available to you. If you are registered with the UNLV Disability Resource Center, bring your

Academic Accommodation Plan from the DRC to the instructor during office hours, so that you may work together to develop strategies for implementing the accommodations to meet both your needs and the requirements of the course. Any information you provide is private and will be treated as such. To maintain the confidentiality of your request, please do not approach the instructor in front of others to discuss your accommodation needs.

FINAL EXAMINATIONS:

The University requires that final exams given at the end of a course occur on the date and at the time specified in the Final Exam schedule. The general schedule is typically available at the start of the semester, and the classroom locations are available approximately one month before the end of the semester. See the [Final Exam Schedule](https://www.unlv.edu/registrar/calendars): <https://www.unlv.edu/registrar/calendars>.

INCOMPLETE GRADES:

The grade of “I” (Incomplete) may be granted when a student has satisfactorily completed three-fourths of course work for that semester/session, but cannot complete the last part of the course for reason(s) beyond the student’s control and acceptable to the instructor, and the Instructor believes that the student can finish the course without repeating it. For undergraduate courses, the incomplete work must be made up before the end of the following regular semester. If course requirements are not completed within the period indicated, a grade of “F” will be recorded, and the student’s GPA will be adjusted accordingly. Students who are fulfilling an Incomplete grade do not register for the course, but make individual arrangements with the instructor who assigned the “I” grade.

LIBRARY RESOURCES:

Librarians are available to consult with students on research needs, including developing research topics, finding information, and evaluating sources. To make an appointment with a subject expert for this class, please visit the Libraries’ Research Consultation website: <http://guides.library.unlv.edu/appointments/librarian>. You can also ask the library staff questions via chat and text message at: <http://ask.library.unlv.edu/>.

MISSED CLASSWORK:

Any student missing class, quizzes, examinations, or any other class or laboratory work because of observance of religious holidays will be given an opportunity during that semester to make up the missed work. The make-up opportunity will apply to the religious holiday absence only. It is the responsibility of the student to notify the instructor within the first 14 calendar days of the course for Fall and Spring courses (except for modular courses), or within the first 7 calendar days of the course for Summer and modular courses, of their intention to participate in religious holidays which do not fall on state holidays or periods of class recess. For additional information, please visit the Policy for Missed Work, under Registration Policies, on the [Academic Policies webpage](https://catalog.unlv.edu/content.php?catoid=6&navoid=531), <https://catalog.unlv.edu/content.php?catoid=6&navoid=531>.

In accordance with the policy approved by the Faculty Senate regarding missed class time and assignments, students who represent UNLV in any official extracurricular activity will also have

the opportunity to make up assignments, provided that the student provides official written notification to the instructor no less than one week prior to the missed class(es).

REBELMAIL:

Rebelmail is UNLV's official email system for students, and by University policy, instructors and staff should only send emails to students' Rebelmail accounts. Rebelmail is one of the primary ways students receive official University communications, information about deadlines, major Campus events, and announcements. All UNLV students receive a Rebelmail account after they have been admitted to the University. Emailing within WebCampus is also acceptable.

TUTORING AND COACHING:

The Academic Success Center (ASC) provides tutoring, academic success coaching, and other academic assistance for all UNLV undergraduate students. For information regarding tutoring subjects, tutoring times, and other ASC programs and services, please visit the ASC website, <https://www.unlv.edu/asc>, or call 702- 895-3177. The ASC building is located across from the Student Services Complex (SSC). Academic success coaching is located on the second floor of SSC A, Room 254. Drop-in tutoring is located on the second floor of the Lied Library, and on the second floor of the College of Engineering building (TBE A 207).

UNLV WRITING CENTER:

One-on-one or small group assistance with writing is available free of charge to UNLV students at the Writing Center, <https://writingcenter.unlv.edu/>, located in the Central Desert Complex, Building 3, Room 301 (CDC 3–301). Walk-in consultations are sometimes available, but students with appointments receive priority assistance. Students may make appointments in person or by calling the Center, 702-895-3908. Students are requested to bring to their appointments their Rebel ID Card, a copy of the instructions for their assignment, and two copies of any writing they have completed on their assignment.

DIVERSITY STATEMENT:

As an institution of higher learning, UNLV represents a rich diversity of human beings among its faculty, staff, and students, and is committed to aspiring to maintain a Campus environment that values that diversity. Accordingly, the University supports understanding and appreciation of all members of its community, regardless of race, sex, age, color, national origin, ethnicity, creed, religion, disability, sexual orientation, gender, gender identity, marital status, pregnancy, genetic information, veteran status, or political affiliation. Please see [University Statements and Compliance](https://www.unlv.edu/about/statements-compliance), <https://www.unlv.edu/about/statements-compliance>.

A successful learning experience requires mutual respect and trust between the students and the instructor. Accordingly, the instructor asks that students be willing to listen to one another's points of view, acknowledging that there may be disagreements, keep discussion and comments on topic, and use first person, positive language when expressing their perspectives.

Note: This syllabus is prepared as a guideline for the course. It is not a contract between the professor and student, and the professor reserves the right to modify the syllabus. Webcampus will contain all Power Points in order to help you study and prepare for exams and quizzes.

GRADING

Graded Assignments:

Total 500 Points

In-Class Activities:

10 points each, 80 points total

Individual in-class activities (ICAs) will be assigned periodically; they will be completed during class-time (submitted to me while in class) on a random basis throughout the term. There will be a total of eight ICAs throughout the semester, worth up to five points each. ICAs will not be announced in advance and missed ICAs cannot be made-up. A grading rubric for ICAs is on the Webcampus site.

Assessments:

5 points each, 20 points total

Throughout the semester there will be online assessments to complete (Love Style Quiz, Love Languages, Attachment Style, etc.) . Please make sure to complete them before the due date and submit a screenshot of your results in Webcampus (before class begins). These assessments will help you learn more about yourself and are meant to be educating and fun (yes, I said it) and not 'just another thing to do'. Late posts will not be accepted.

Exams (3 Exams):

100 points each, 300 points total

There will be three exams given in the course. The dates are as follows:

Date 1: September 27th

Date 2: October 27th

Date 3: December 6th (final exam, please note the time change to follow the final exam schedule)

The exams consist of 50 multiple choice and true/false questions consisting of questions taken from the course text and PowerPoints. The day of the exam we will not hold lecture, you will have the entire class time (75 minutes) to complete the exam. Please note, the exam will only be open during class time (i.e., on the assigned date, from 8:30am – 9:45am). It is your responsibility to log in during class time to complete the exam.

FINAL Research Paper:

Total 100 POINTS

There will be one research paper in the class. The paper will require you to use the UNLV library (<https://www.library.unlv.edu>) to find research articles on a topic of your choice. Please see the handout called “Research Paper Requirements” for more information.

Your final paper will be due final’s week on DEC 8, 2021. You will submit the paper under the assignment tab listed FINAL RESEARCH PAPER. Availability to turn in your paper will open on Nov. 1 and close on 11:55 PM Dec 8, 2021 (PCT). All papers must be submitted in .docx format in Webcampus.

Sequence of Topics

WEEK ONE:

Introduction & Making Family Choices in a Changing Society

August 23 & 25, 2021

Week One Reading:

Chapter 1 in “Marriages, Families, and Relationships: Making Choices in a Diverse Society”

WEEK TWO:

Exploring Relationship and Families

August 30 & September 1, 2021

Week Two Reading:

Chapter 2 in “Marriages, Families, and Relationships: Making Choices in a Diverse Society”

Assignments:

Take the “Attachment Assessment” and post screen shot before 8/30/21 class time (5pts).

[Attachment Assessment](https://openpsychometrics.org/tests/ECR.php): <https://openpsychometrics.org/tests/ECR.php>

WEEK THREE:

Gender Identities and Families

*Labor Day Sept. 6 No class

September 8, 2021

Week Three Reading:

Chapter 3 in “Marriages, Families, and Relationships: Making Choices in a Diverse Society”

Assignments:

Take the “Open Sex-Role Inventory” and post screen shot before 9/8/21 class time (5pts). [Open Sex-Role Inventory](https://openpsychometrics.org/tests/OSRI/): <https://openpsychometrics.org/tests/OSRI/>

WEEK FOUR:

Our Sexual Selves

September 13 & 15, 2021

Week Four Reading:

Chapter 4 in “Marriages, Families, and Relationships: Making Choices in a Diverse Society”

WEEK FIVE:

Love and Choosing a Life Partner

September 20 & 22, 2021

Week Five Reading:

Chapter 5 in “Marriages, Families, and Relationships: Making Choices in a Diverse Society”

Assignments:

Take the “Six Love Style Assessment” and submit screenshot before 9/20/21 class time (5pts).

[Six-Love Style Assessment](https://backend.fetzer.org/sites/default/files/images/stories/pdf/selfmeasures/Different_Types_of_Love_LOVE_ATTITUDES.pdf):

https://backend.fetzer.org/sites/default/files/images/stories/pdf/selfmeasures/Different_Types_of_Love_LOVE_ATTITUDES.pdf

Take the “Five Love Languages Assessment” and submit screenshot before 9/20/21 class time (5pts). [Five Love Languages Assessment](http://www.5lovelanguages.com/): <http://www.5lovelanguages.com/>

WEEK SIX:

Nonmarital Lifestyles

September 27 & 29, 2021

Exam 1 – 9/27/21 – cover chapters 1 – 5.

Week Six Reading:

Chapter 6 in “Marriages, Families, and Relationships: Making Choices in a Diverse Society”

WEEK SEVEN:

Marriage

October 4 & 6, 2021

Week Seven Reading:

Chapter 7 in “Marriages, Families, and Relationships: Making Choices in a Diverse Society”

WEEK EIGHT:

Parenthood (<https://www.youtube.com/watch?v=yLir3pHD3kI>)

October 11 & 13, 2021

Week Eight Reading:

Chapter 8 in “Marriages, Families, and Relationships: Making Choices in a Diverse Society”

WEEK NINE:

Raising Children

October 18 & 20, 2021

Week Nine Reading:

Chapter 9 in “Marriages, Families, and Relationships: Making Choices in a Diverse Society”

WEEK TEN:

Work and Family

October 25 & 27, 2021

Week Ten Reading:

Chapter 10 in “Marriages, Families, and Relationships: Making Choices in a Diverse Society”

Exam 2 – 10/27/21 – covers chapter 6 – 10

WEEK ELEVEN:

Communication

November 1 & 3, 2021

Week Eleven Reading:

Read Chapter 11 in “Marriages, Families, and Relationships: Making Choices in a Diverse Society”

WEEK TWELVE:

Power and Violence

November 8 & 10, 2021

Week Twelve Reading:

Read Chapter 12 in “Marriages, Families, and Relationships: Making Choices in a Diverse Society”

WEEK THIRTEEN:

Divorce and Relationship Dissolution

November 15 & 17, 2021

Week Thirteen Reading:

Read Chapter 14 in “Marriages, Families, and Relationships: Making Choices in a Diverse Society”

WEEK FOURTEEN:

Remarriages and Stepfamilies

November 22 & 24, 2021

Week Thirteen Reading:

Read Chapter 15 in “Marriages, Families, and Relationships: Making Choices in a Diverse Society”

No class 11/24/21- Happy Thanksgiving

WEEK FIFTEEN:

Aging and Multigenerational Families

November 29 & December 1, 2021

Week Fifteen Reading:

Read Chapter 16 in “Marriages, Families, and Relationships: Making Choices in a Diverse Society”

WEEK SIXTEEN

December 6 & 8, 2021

Week Sixteen Reading:

None

Exam 3 – 12/6/21 – 8 AM - 10 AM covers chapters 11 – 16

No class – 12/8/21 – work on your paper and turn it in by midnight.