General HBSE content relevant to the exam:

- Social systems theory and the systems approach toward human behavior.
- Theoretical frameworks that describe, explain, and predict human behavior for individuals and families.
- Assessment of the strengths and limitations of various theories of human behavior and their implications for practice with diverse urban populations.
- Normal growth and developmental expectations of each stage of human life as conceptualized by major theorists.
- The role of social and cultural forces in the development and functioning of individuals and families.
- Understanding of behavior as a function of the interaction between multiple systems.
- Appreciation for the diversity of human experience and development, including the experience of women, people of color, gays and lesbians, and people with disabilities.
- Historical and socioeconomic factors which have an impact on oppressed and minority communities.
- The cultural uniqueness, status, history, needs, problems, strengths, and resources of ethnic and other oppressed groups in the diverse urban community of Las Vegas.
- The strengths and empowerment approaches to understanding human beings in the social environment.
- A willingness to promote social and economic justice.
- NASW Code of Ethics: values and ethics of social work, particularly as they relate to knowledge of human behavior in the social environment.

Examples of theories:

- Systems
- Conflict
- Psychodynamic
- Life span development (developmental theory)
- Cognitive theories
- Social construction
- Social learning
- Exchange
- Behavioral
- Symbolic interactionism
- Ecosystems theory
- Feminist theories
**Life Span Development**
- Knowledge of life stages and tasks at each stage
- Understand multiple dimensions (biological, psychological, social, cultural) of human being at each developmental stage
- Knowledge of social problems relevant to the developmental stage

**Family**
- Family structure
- Family development
- Family culture
- Genograms

**DSM**
- Axes
- Strengths and weaknesses of the DSM

**Highly Recommended Readings**


**Additional Readings**


