

BIOGRAPHICAL SKETCH

NAME	POSITION TITLE
Angosta, Alona D.	Assistant Professor

EDUCATION/TRAINING *(Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training)*

INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	MM/YY	FIELD OF STUDY
University of Nevada, Las Vegas, Las Vegas, NV	BSN	12/1994	Nursing
University of Nevada, Las Vegas, Las Vegas, NV	MSN/FNP	12/2000	Nursing
University of Hawaii at Manoa Honolulu, HI	PhD	12/2010	Nursing

A. POSITIONS AND HONORS (In chronological order)

Positions and Employment (TEACHING):

2002 – 2003 Clinical Faculty, College of Southern Nevada
 2003 – 2005 Lecturer, Nevada State College
 2005 – 2010 Lecturer, University of Nevada, Las Vegas
 2010 – Present Assistant Professor, University of Nevada, Las Vegas

Positions and Employment (CLINICAL):

1994 – 1997 Staff RN & Relief Charge RN, Cardiac IMC. University Medical Center, Las Vegas, NV
 1997 – 1998 Staff RN & Relief Charge RN, Trauma ICU. University Medical Center, Las Vegas, NV
 1998 – 1999 Staff RN, Ambulatory Care Clinic. University Medical Center, Las Vegas, NV
 1997 – 2005 Lieutenant, United States Naval Reserves
 2001 – 2003 Nurse Practitioner (NP), Urgent Care Clinic. Southwest Medical Associates, Las Vegas, NV
 2003 – 2004 NP, Internal Medicine/Primary Care Clinic. Southwest Medical Associates Las Vegas, NV
 2004 – Present NP, Urgent Care/Primary Care Clinic. Advanced Urgent Care Clinic. Las Vegas, NV

Honors, Awards, and Scholarships:

<u>Date</u>	<u>Award</u>
1992-1994	University of Nevada, Las Vegas, Nursing Dean's Honor List (BSN)
1998	Sigma Theta Tau International Honor Society
2000	United States Naval Reserves, Outstanding Officer in Physical Readiness
2005	Nevada State College (NSC), Outstanding Clinical Faculty (awarded by the NSC's first BSN cohort)
2005	Nevada State College, Most Caring Instructor Award (awarded by NSC's first BSN cohort)
2008	National Health Care Career Network/American Hospital Association Scholarship Graduate/PhD Student Award
2008	After College/American Association of Colleges of Nursing
2008	University of Hawaii Keiki Endowed Scholarship
2009	University of Hawaii Keiki Endowed Scholarship
2009	University of Hawaii at Manoa Graduate Achievement Scholarship
2010	University of Hawaii Keiki Endowed Scholarship
2010	Doctoral Degree Achievement Award (Nevada Nurses Association)
2011	Scholastic Achievement (Nevada Nurses Association's Initiatives for the Future of Nursing in Nevada & U. S. Senator Harry Reid Award)
2012	Outstanding Research [Nevada Nurses Association]
2012	Excellence in Research (UNLV School of Nursing)
2013	John Crawford NSM Research Institute Fellow Award

2013	Rapport Leadership International, Master Leadership Training Award
2014	Phi Kappa Phi National Honor Society
2014	National Institutes of Health/NINR Summer Genetics Institute Fellow

Professional Memberships:

1994 – Present	Nevada Nurses Association
1995 – Present	American Nurses Association
1998 – Present	Sigma Theta Tau International Honor Society of Nursing, Zeta Kappa Chapter
2000 – Present	American Academy of Nurse Practitioners
2007 – Present	Asian/American Pacific Islander Nurses Association
2007 – 2009	Nevada Organization of Nurse Leaders
2011– Present	Vice President, Zeta Kappa Chapter, Sigma Theta Tau International Honor Society of Nursing
2012 – Present	Advanced Practice Advisory Committee, Nevada State Board of Nursing

B. PUBLICATIONS (In chronological order)

Peer-Reviewed Articles

In Print

Dalusung-Angosta, A. (2010). Concept analysis of risk in relation to coronary heart disease among Filipino-Americans. *Nursing Forum*, 45(4), 253-259.

Dalusung-Angosta, A. (2011). The Impact of *Tai Chi* Exercise on CHD: A Systematic Review. *Journal of the American Academy of Nurse Practitioner*, (23)7,376-381.

Dalusung-Angosta, A. & Holmes, B. (2012). Atypical appendicitis in the older patient. *Journal of Urgent Care Medicine*, (JUCM Online Case Report).

Ceria-Ulep, C., Angosta, A. D., Magday-Asselstine, R. T., Castillo, M. A., Pagano, I. S., Dongmei, L., & Wooton, A. (2013). Assessing physical activity and function in the Filipino older adults. *Journal of Cultural Diversity: An Interdisciplinary Journal*, 20(1), 30-39.

Angosta, A. D. (2013). Coronary heart disease knowledge and risk factors among Filipino Americans connected to primary care services. *Journal of the American Association of Nurse Practitioners*. doi: 10.1002/2327-6924.12039

Olde, D., Alpert, P., & Angosta, A. D. (2013). Metabolic syndrome: Clinical perspective for best practice. *Journal of the American Association of Nurse Practitioners*, 25(12), 644-652. doi: 10.1002/2327-6924.12048

Angosta, A. D. & Gutierrez, A. (2013). Prevalence of metabolic syndrome among Filipino Americans: A cross-sectional study. *Applied Nursing Research*, 26(4), 192-197.

Angosta, A. D. (2013). Coronary heart disease knowledge and risk factors among Filipino Americans connected to primary care services. *Journal of the American Association of Nurse Practitioners*. doi: 10.1002/2327-6924.12039

Angosta, A. D., & Speck, K. E. (2014). Assessment of heart disease knowledge and risk factors among first-generation Filipino Americans: A cross-sectional survey. *Clinical Nursing Studies*, 2(2), 123-132. doi: 10.5430/cns.v2n2p123

Angosta, A. D., Ceria-Ulep, C. D., & Tse, A. (2014). Care delivery for Filipino Americans using the Neuman Systems Model. *Nursing Science Quarterly*, 27(2), 142-148.

In Press

Llasus, L., Angosta, A. D., & Clark, M. Graduating BSN students' EBP knowledge, EBP readiness, and EBP implementation. *Journal of Nursing Education*.

Mallory, A. M., Angosta, A. D. & Kawi, J. A patient with metabolic syndrome and the role of the advanced practice nurse. *Medical-Surgical (MEDSURG)*.

Peer Reviewed Abstracts/Presentations

Dalusung-Angosta, A. (2007). Gender differences in the presenting symptoms, treatment, and outcome of myocardial infarction. Neuman Systems Model 10th Annual International Symposium Ft. Lauderdale, Florida U.S.A. (Poster)

Dalusung-Angosta, A. (2008). Risk factors of coronary heart disease among Filipinos. 5th National Asian American Pacific Islander Nurses Association Conference. Las Vegas, Nevada U.S.A. (Poster)

Dalusung-Angosta, A. (2009). CHD risk factors of Filipino Americans. 12th Biennial Symposia. Neuman Systems Model International Symposia. Las Vegas, Nevada U.S.A. (Poster)

Dalusung-Angosta, A. (2011). Coronary heart disease knowledge and risk factors among Filipino Americans. University of Nevada, Las Vegas' Interdisciplinary Research Scholarship Day. Las Vegas, Nevada U.S.A. (Poster)

Dalusung-Angosta, A. (2011). Coronary heart disease knowledge and risk factors among Filipino Americans connected to primary care services. 26th National Conference, American Academy of Nurse Practitioners. Las Vegas, Nevada U.S.A. (Podium)

Dalusung-Angosta, A. (2011). Coronary heart disease knowledge and risk factors among Filipino Americans connected to primary care services. Western Region IDeA COBRE-INBRE Scientific Conference. Reno, Nevada U.S.A. (Podium)

Dalusung-Angosta, A. (2011). CHD Risk Factors among Filipino Americans. 8th National Asian American Pacific Islander Nurses Association Conference. Houston, Texas U.S.A. (Podium)

Dalusung-Angosta, A. (2012). CHD Risk and Prevalence of Metabolic Syndrome Among Filipino Americans. National Conference for Nurse Practitioners. Lake Buena Vista, Florida U.S.A. (Poster)

Dalusung-Angosta, A. (2012). Coronary Heart Disease Knowledge and Risk Factors among Filipino Americans. Gardner-Webb University School of Nursing & NCNA District 29 Nursing Research Day, North Carolina U.S.A. (Poster)

Dalusung-Angosta, A. (2012). Tai Chi Exercise and Coronary Heart Disease. 9th National Asian American Pacific Islander Nurses Association Conference. Las Vegas, Nevada U.S.A. (Podium)

Angosta, A. D. (2013). *Prevalence of metabolic syndrome among Filipino-Americans: A cross sectional study*. UNLV's First STEM Summit. Las Vegas, NV. (Poster)

Angosta, A. D. (2013). *Prevalence of metabolic syndrome among Filipino-Americans*. 10th Annual Asian American Pacific Islander Nurses Association (AAPINA) National Conference. Honolulu, Hawaii (Podium)

Angosta, A. D., Vapor, V., Moonie, S., & Alforque-Tan, R. (2013). *Ballroom Dancing: A fun & sustainable form of exercise among Filipino-Americans*. 10th Annual Asian American Pacific Islander Nurses Association (AAPINA) National Conference. Honolulu, Hawaii (Poster)

Angosta, A. D. (2013). *Application of the Neuman Systems Model in caring for Filipino Americans with metabolic syndrome*. 14th Neuman Systems Model International Biennial Symposium. Vancouver, BC. (Poster)

Angosta, A. D. & Speck, K. E. (2014). Knowledge of heart disease and risk factors among first-generation Filipino-Americans living in southern Nevada. 11th Annual Asian American Pacific Islander Nurses Association (AAPINA) National Conference. San Diego, CA. U.S.A.

Angosta, A. D., Vapor, V., Moonie, S., & Alforque-Tan, R. (2014). *Ballroom Dancing: An exercise for Filipino Americans*. 35th Annual National Convention: Sustaining Global Health, Empowering Collaborations. Philippine Nurses Association of America. Las Vegas, NV (Poster)

Angosta, A. D. (2014). The Effects of Ballroom Dance on Blood Pressure, Heart Rate, Weight, Waist Circumference, and Body Mass Index among Filipino Americans: A Feasibility Study. Sigma Theta Tau International's 25th International Nursing Research Congress. Hong Kong (Podium)

Invited Presentations

Dalusung-Angosta, A. (2011). *Coronary heart disease and hypertension*. Osher Lifelong Learning Institute Educational Outreach Program. UNLV, Las Vegas, NV.

Dalusung-Angosta, A. (2011). *Cardiovascular research: Update*. INBRE EAC. Hyatt Place. Las Vegas, NV.

Dalusung-Angosta, A. (2012). *Hypertension in the elderly*. Osher Lifelong Learning Institute Educational Outreach Program. University of Nevada, Las Vegas. L.V., NV.

Dalusung-Angosta, A. (2012). *Cardiovascular risk factors among Filipino-Americans*. School of Community Health Sciences. University of Nevada. Reno, NV

C. RESEARCH SUPPORT

Completed Research Support

Angosta, D. A. (Principal Investigator)

IDEA Network of Biomedical Research Excellent (INBRE) 6/2011 to 5/2013

The aims of this feasibility study were to: (a) examine the baseline knowledge of heart disease among first-generation Filipino Americans; (b) investigate the prevalence of heart disease risk factors among Filipino Americans living in southern Nevada; and (c) examine the effects of ballroom dance on psychological and cardiovascular functions; and anthropometric measures.