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## BIOGRAPHICAL SKETCH

NAME	POSITION TITLE
Angosta, Alona D.	Assistant Professor

### EDUCATION/TRAINING

INSTITUTION AND LOCATION	DEGREE (if applicable)	MM/YY	FIELD OF STUDY
University of Hawaii at Manoa Honolulu, HI	PhD	12/2010	Nursing
University of Nevada, Las Vegas, Las Vegas, NV	MSN/FNP	12/2000	Nursing
University of Nevada, Las Vegas, Las Vegas, NV	BSN	12/1994	Nursing

### A. POSITIONS AND HONORS

#### Positions and Employment (Academic):

2010 – Present Assistant Professor, University of Nevada, Las Vegas  
2005 – 2010 Lecturer, University of Nevada, Las Vegas  
2003 – 2005 Lecturer, Nevada State College  
2002 – 2003 Clinical Faculty, College of Southern Nevada

#### Positions and Employment (Clinical):

2004 – Present NP, Urgent Care/Primary Care Clinic. Advanced Urgent Care Clinic. Las Vegas, NV  
2003 – 2004 NP, Internal Medicine/Primary Care Clinic. Southwest Medical Associates Las Vegas, NV  
2001 – 2003 NP, Urgent Care Clinic. Southwest Medical Associates, Las Vegas, NV  
1997 – 2005 Lieutenant, United States Naval Reserves  
1998 – 1999 Staff RN, Ambulatory Care Clinic. University Medical Center, Las Vegas, NV  
1997 – 1998 Staff RN & Relief Charge RN, Trauma ICU. University Medical Center, Las Vegas, NV  
1994 – 1997 Staff RN & Relief Charge RN, Cardiac IMC. University Medical Center, Las Vegas, NV

#### Honors, Awards, and Scholarships:

<u>Date</u>	<u>Award</u>
2014	National Institutes of Health/NINR Summer Genetics Institute Fellow
2014	Phi Kappa Phi National Honor Society
2013	Rapport Leadership International, Master Leadership Training Award
2013	John Crawford NSM Research Institute Fellow Award
2012	Excellence in Research (UNLV School of Nursing)
2012	Outstanding Research [Nevada Nurses Association]
2011	Scholastic Achievement (Nevada Nurses Association's Initiatives for the Future of Nursing in Nevada & U. S. Senator Harry Reid Award)
2010	Doctoral Degree Achievement Award (Nevada Nurses Association)
2010	University of Hawaii Keiki Endowed Scholarship
2009	University of Hawaii at Manoa Graduate Achievement Scholarship
2009	University of Hawaii Keiki Endowed Scholarship
2008	University of Hawaii Keiki Endowed Scholarship
2008	After College/American Association of Colleges of Nursing
2008	National Health Care Career Network/American Hospital Association Scholarship Graduate/PhD Student Award
2005	Nevada State College, Most Caring Instructor Award
2005	Nevada State College (NSC), Outstanding Clinical Faculty
2000	United States Naval Reserves, Outstanding Officer in Physical Readiness

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1998 Sigma Theta Tau International Honor Society Scholarship Award  
1992-1994 University of Nevada, Las Vegas, Nursing Dean's Honor List (BSN)

### **Professional Memberships:**

2012 – Present Advanced Practice Advisory Committee, Nevada State Board of Nursing  
2011– Present Vice President, Zeta Kappa Chapter, Sigma Theta Tau International Honor Society of Nursing  
2007 – 2009 Nevada Organization of Nurse Leaders  
2007 – Present Asian/American Pacific Islander Nurses Association  
2000 – Present American Academy of Nurse Practitioners  
1998 – Present Sigma Theta Tau International Honor Society of Nursing, Zeta Kappa Chapter  
1995 – Present Nevada Nurses Association  
1994 – Present American Nurses Association

## **B. PUBLICATIONS**

### **Selected Peer-Reviewed Publications**

Angosta, A. D., Ceria-Ulep, C. D., & Tse, A. (2014). Care delivery for Filipino Americans using the Neuman Systems Model. *Nursing Science Quarterly*, 27(2), 142-148.

Angosta, A. D., & Speck, K. E. (2014). Assessment of heart disease knowledge and risk factors among first-generation Filipino Americans: A cross-sectional survey. *Clinical Nursing Studies*, 2(2), 123-132. doi: 10.5430/cns.v2n2p123

Angosta, A. D. & Holmes, B. (2014). Case report: Chest pain, bradycardia, and ECG changes in acute cholecystitis. *Journal of Urgent Care Medicine, December 2014 issue*, pp. 25-27.

Llasus, L., Angosta, A. D., & Clark, M. Graduating BSN students' EBP knowledge, EBP readiness, and EBP implementation (2014). *Journal of Nursing Education*, 53(9), S82-S89. doi: 10.3928/01484834-20140806-05

Mallory, A. M., Angosta, A. D., & Kawi, J. (2014). A patient with metabolic syndrome and the role of the advanced practice nurse. *MEDSURG NURSING*, 23(4), 245-250. PMID: PMID 23906437

Angosta, A. D. & Gutierrez, A. (2013). Prevalence of metabolic syndrome among Filipino Americans: A cross-sectional study. *Applied Nursing Research*, 26(4), 192-197.

Angosta, A. D. (2013). Coronary heart disease knowledge and risk factors among Filipino Americans connected to primary care services. *Journal of the American Association of Nurse Practitioners*. doi: 10.1002/2327-6924.12039

Ceria-Ulep, C., Angosta, A. D., Magday-Asselstine, R. T., Castillo, M. A., Pagano, I. S., Dongmei, L., & Wooton, A. (2013). Assessing physical activity and function in the Filipino older adults. *Journal of Cultural Diversity: An Interdisciplinary Journal*, 20(1), 30-39.

Olde, D., Alpert, P., & Angosta, A. D. (2013). Metabolic syndrome: Clinical perspective for best practice. *Journal of the American Association of Nurse Practitioners*, 25(12), 644-652. doi: 10.1002/2327-6924.12048

Angosta, A. D. & Holmes, B. (2012). Atypical appendicitis in the older patient. *Journal of Urgent Care Medicine*, (JUCM Online Case Report).

Dalusung-Angosta, A. (2011). The Impact of *Tai Chi* Exercise on CHD: A Systematic Review. *Journal of the American Academy of Nurse Practitioner*, (23)7,376-381.

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Dalusung-Angosta, A. (2010). Concept analysis of risk in relation to coronary heart disease among Filipino-Americans. *Nursing Forum*, 45(4), 253-259.

### **Peer Reviewed Abstracts/Presentations**

Angosta, A. D. (2014). The Effects of Ballroom Dance on Blood Pressure, Heart Rate, Weight, Waist Circumference, and Body Mass Index among Filipino Americans: A Feasibility Study. Sigma Theta Tau International's 25th International Nursing Research Congress. Hong Kong (Podium)

Angosta, A. D., Vapor, V., Moonie, S., & Alforque-Tan, R. (2014). *Ballroom Dancing: An exercise for Filipino Americans*. 35<sup>th</sup> Annual National Convention: Sustaining Global Health, Empowering Collaborations. Philippine Nurses Association of America. Las Vegas, NV (Poster)

Angosta, A. D. & Speck, K. E. (2014). Knowledge of heart disease and risk factors among first-generation Filipino-Americans living in southern Nevada. 11<sup>th</sup> Annual Asian American Pacific Islander Nurses Association (AAPINA) National Conference. San Diego, CA. U.S.A.

Angosta, A. D. (2013). *Application of the Neuman Systems Model in caring for Filipino Americans with metabolic syndrome*. 14<sup>th</sup> Neuman Systems Model International Biennial Symposium. Vancouver, BC. (Poster)

Angosta, A. D., Vapor, V., Moonie, S., & Alforque-Tan, R. (2013). *Ballroom Dancing: A fun & sustainable form of exercise among Filipino-Americans*. 10<sup>th</sup> Annual Asian American Pacific Islander Nurses Association (AAPINA) National Conference. Honolulu, Hawaii (Poster)

Angosta, A. D. (2013). *Prevalence of metabolic syndrome among Filipino-Americans*. 10<sup>th</sup> Annual Asian American Pacific Islander Nurses Association (AAPINA) National Conference. Honolulu, Hawaii (Podium)

Angosta, A. D. (2013). *Prevalence of metabolic syndrome among Filipino-Americans: A cross sectional study*. UNLV's First STEM Summit. Las Vegas, NV. (Poster)

Dalusung-Angosta, A. (2012). Tai Chi Exercise and Coronary Heart Disease. 9<sup>th</sup> National Asian American Pacific Islander Nurses Association Conference. Las Vegas, Nevada U.S.A. (Podium)

Dalusung-Angosta, A. (2012). Coronary Heart Disease Knowledge and Risk Factors among Filipino Americans. Gardner-Webb University School of Nursing & NCNA District 29 Nursing Research Day, North Carolina U.S.A. (Poster)

Dalusung-Angosta, A. (2012). CHD Risk and Prevalence of Metabolic Syndrome Among Filipino Americans. National Conference for Nurse Practitioners. Lake Buena Vista, Florida U.S.A. (Poster)

Dalusung-Angosta, A. (2011). CHD Risk Factors among Filipino Americans. 8<sup>th</sup> National Asian American Pacific Islander Nurses Association Conference. Houston, Texas U.S.A. (Podium)

Dalusung-Angosta, A. (2011). Coronary heart disease knowledge and risk factors among Filipino Americans connected to primary care services. Western Region IDEa COBRE-INBRE Scientific Conference. Reno, Nevada U.S.A. (Podium)

Dalusung-Angosta, A. (2011). Coronary heart disease knowledge and risk factors among Filipino Americans connected to primary care services. 26<sup>th</sup> National Conference, American Academy of Nurse Practitioners. Las Vegas, Nevada U.S.A. (Podium)

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Dalusung-Angosta, A. (2011). Coronary heart disease knowledge and risk factors among Filipino Americans. University of Nevada, Las Vegas' Interdisciplinary Research Scholarship Day. Las Vegas, Nevada U.S.A. (Poster)

Dalusung-Angosta, A. (2009). CHD risk factors of Filipino Americans. 12<sup>th</sup> Biennial Symposia. Neuman Systems Model International Symposium. Las Vegas, Nevada U.S.A. (Poster)

Dalusung-Angosta, A. (2008). Risk factors of coronary heart disease among Filipinos. 5<sup>th</sup> National Asian American Pacific Islander Nurses Association Conference. Las Vegas, Nevada U.S.A. (Poster)

Dalusung-Angosta, A. (2007). Gender differences in the presenting symptoms, treatment, and outcome of myocardial infarction. Neuman Systems Model 10<sup>th</sup> Annual International Symposium Ft. Lauderdale, Florida U.S.A. (Poster)

### **Invited Presentations**

Dalusung-Angosta, A. (2012). *Cardiovascular risk factors among Filipino-Americans*. School of Community Health Sciences. University of Nevada. Reno, NV

Dalusung-Angosta, A. (2012). *Hypertension* in the elderly. Osher Lifelong Learning Institute Educational Outreach Program. University of Nevada, Las Vegas. L.V., NV.

Dalusung-Angosta, A. (2011). *Cardiovascular research: Update*. INBRE EAC. Hyatt Place. Las Vegas, NV.

Dalusung-Angosta, A. (2011). *Coronary heart disease and hypertension*. Osher Lifelong Learning Institute Educational Outreach Program. UNLV, Las Vegas, NV.

## **C. RESEARCH SUPPORT**

### **Ongoing Research**

UNLV SON Intramural Research Grant Award

10/01/14-10/01/16

Title: Physical Function, Physical Activity Level and Dietary Consumption of Fruit and Vegetable as Mediators to Acculturation among Hypertensive Filipino Americans

The aims of this study are to: (a) examine the relationships of physical activity level, physical activity function, demographic variables, intake of fruits and vegetables, level of acculturation, and anthropometric measurements of Filipino Americans; and (b) identify the predictors of anthropometric measurements of Filipino Americans. Role: Co-Investigator

### **Completed Research**

IDEA Network of Biomedical Research Excellence (INBRE) P20RR-016464 06/01/12-05/31/13

Title: Effects of Ballroom Dancing on Blood Pressure, Heart Rate, Weight, and Waist Circumference: A Cross-Sectional Study

The aims of this study were to: (a) examine the psychological effect of ballroom dance, (b) evaluate the sustainability of ballroom dance in Filipino Americans, and (c) evaluate the effects of ballroom dance on cardiovascular function and anthropometric measurements.

Role: Principal Investigator

### **Completed Research**

IDEA Network of Biomedical Research Excellence (INBRE) P20RR-016464 06/01/11-05/31/12

Title: Coronary Heart Disease Knowledge and Risk Factors among Filipino Americans

The aims of this study were to examine the baseline knowledge of Filipino Americans about coronary heart disease and to investigate the prevalence of coronary heart disease risk factors among Filipino Americans living in southern Nevada.

Role: Principal Investigator

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