

## Questions for Reflective Supervision in Field Education

### **Establishing the Supervisory Relationship...**

- § What are your expectations/needs from a supervisor?
- § What is your personal learning style?
- § Do you have any concerns about safety in this field experience?
- § How do you take care of yourself?
- § How do you handle stress?
- § How do you approach conflict?

### **Throughout the Semester...**

- § What concerns do you have about your own safety or the safety of clients?
- § What qualities/attitudes/skills need to be present at every session/contact with a client?
- § Describe the steps that you take to build rapport with clients.
- § What skills/techniques do you use when you (insert task)?
- § What was your biggest concern and how did you approach it?
- § What is your experience working with other workers, students, volunteers from within your work unit? What about other parts of the agency?
- § How do you see my supervisory style working (or not working) with your learning style?

### **In response to specific issues or concerns...**

- § How do you experience the situation/person/group?
- § What experiences do you have related to the current situation?
- § What strengths do you bring to the relationship?
- § What personal limitations do you bring to your work?
- § How do all of these impact your role in facilitating change?
- § What concerns do you have about your own safety or the safety of clients?
- § What do you see as the areas of focus to resolve the crisis?
- § What are your limitations as a helper?
- § What barriers are you facing? Do you have any ideas about how to overcome them?

### **Mid Semester Evaluation...**

- § What is the progress on the specific assignments you have been working on this semester?
- § In reviewing each competency area on the learning agreement what areas need additional focus or discussion?
- § What are your strengths and how have you applied them in this setting?
- § What skills have you been able to transfer from previous experiences (work, internship, volunteering, life)?
- § Can you describe a specific accomplishment or proud moment?
- § Is your field experience what you expected?
- § Describe your workload. Is it too much, too little, just right?
- § At this point what grade would you give yourself and why? Discuss concrete examples of what a 4.0, 3.5, 3.0, etc. look like.
- § If you could change something, what would it be?
- § What feedback is most helpful to you?

### **End of Semester Evaluation...**

- § What plans have you made for continuity of services to clients you are working with? (Either over semester break or at the end of the placement) (termination plan)
- § What has the client termination process been like for you?
- § What are the accomplishments that you are most proud of?

- § What knowledge/skills will you take with you?
- § Is there a specific situation/experience that stands out?
- § What did you learn about yourself?
- § If you could change something about your experience what would it be?

### **Promoting Professional Development**

- § How has your identity as a social worker grown and developed related to (specific experience or stage in placement)?
- § What areas you would identify for your ongoing professional development?
- § How do your personal values and biases impact the therapeutic relationships with clients?
- § How do your personal values and biases intersect with professional ethics in this practice situation?
- § What preconceived ideas do I have about clients situation (ie poverty, issues of privilege, race, religion)? How are these influencing my practice?
- § How do you identify and respond to power differentials in your relationship with clients (or related to a specific experience)?
- § How do culture and issues of difference impact clients experience?
- § How do culture and issues of difference impact the therapeutic relationships with clients?
- § How can I use my understanding of differences as an opportunity for growth and change as a professional?
- § How can I use my understanding of differences as an opportunity to facilitate change for clients?