Questions for Reflective Supervision in Field Education

Establishing the Supervisory Relationship…
§ What are your expectations/needs from a supervisor?
§ What is your personal learning style?
§ Do you have any concerns about safety in this field experience?
§ How do you take care of yourself?
§ How do you handle stress?
§ How do you approach conflict?

Throughout the Semester…
§ What concerns do you have about your own safety or the safety of clients?
§ What qualities/attitudes/skills need to be present at every session/contact with a client?
§ Describe the steps that you take to build rapport with clients.
§ What skills/techniques do you use when you (insert task)?
§ What was your biggest concern and how did you approach it?
§ What is your experience working with other workers, students, volunteers from within your work unit? What about other parts of the agency?
§ How do you see my supervisory style working (or not working) with your learning style?

In response to specific issues or concerns…
§ How do you experience the situation/person/group?
§ What experiences do you have related to the current situation?
§ What strengths do you bring to the relationship?
§ What personal limitations do you bring to your work?
§ How do all of these impact your role in facilitating change?
§ What concerns do you have about your own safety or the safety of clients?
§ What do you see as the areas of focus to resolve the crisis?
§ What are your limitations as a helper?
§ What barriers are you facing? Do you have any ideas about how to overcome them?

Mid Semester Evaluation…
§ What is the progress on the specific assignments you have been working on this semester?
§ In reviewing each competency area on the learning agreement what areas need additional focus or discussion?
§ What are your strengths and how have you applied them in this setting?
§ What skills have you been able to transfer from previous experiences (work, internship, volunteering, life)?
§ Can you describe a specific accomplishment or proud moment?
§ Is your field experience what you expected?
§ Describe your workload. Is it too much, too little, just right?
§ At this point what grade would you give yourself and why? Discuss concrete examples of what a 4.0, 3.5, 3.0, etc. look like.
§ If you could change something, what would it be?
§ What feedback is most helpful to you?

End of Semester Evaluation…
§ What plans have you made for continuity of services to clients you are working with? (Either over semester break or at the end of the placement) (termination plan)
§ What has the client termination process been like for you?
§ What are the accomplishments that you are most proud of?
§ What knowledge/skills will you take with you?
§ Is there a specific situation/experience that stands out?
§ What did you learn about yourself?
§ If you could change something about your experience what would it be?

Promoting Professional Development
§ How has your identity as a social worker grown and developed related to (specific experience or stage in placement)?
§ What areas you would identify for your ongoing professional development?
§ How do your personal values and biases impact the therapeutic relationships with clients?
§ How do your personal values and biases intersect with professional ethics in this practice situation?
§ What preconceived ideas do I have about clients situation (ie poverty, issues of privilege, race, religion)? How are these influencing my practice?
§ How do you identify and respond to power differentials in your relationship with clients (or related to a specific experience)?
§ How do culture and issues of difference impact clients experience?
§ How do culture and issues of difference impact the therapeutic relationships with clients?
§ How can I use my understanding of differences as an opportunity for growth and change as a professional?
§ How can I use my understanding of differences as an opportunity to facilitate change for clients?