Rebel Wellness Zone Internship – Wellness Promotion

**Job Title:** Rebel Wellness Zone (RWZ) Internship – Wellness Promotion

**Area:** Wellness Promotion, Student Wellness  **Level/Number:** Appointment Only, Uncompensated

**Description:** Under the supervision of the Wellness Educator in the RWZ, the RWZ Intern Student(s) will have opportunity to gain practical experience in the following areas: research, planning, conduction and assessment of wellness programs/events; professional career development; peer education leadership; and related operations of a fitness and wellness facility. Additional and/or special projects may be assigned as needed. Programs, activities and events occur throughout the year and will be at various times and locations based on need and best practices.

**Responsibilities may include:**
- Research specific health/wellness topics
- Plan programs and assess needs for proposals using evidence-and theory-informed practice
- Plan and conduct a wellness program/event on campus
- Collaborate with other practicum students, interns, graduate, undergraduate and professional staff as needed
- Membership in the Healthy Rebels Wellness Peer Educator Student Organization
- Market and advertise programs, activities, services and presentations
- Provide customer service as a resource for information regarding the SRWC, including the facilities, programs and services of all components (CRS, FAC, Wellness)
- When possible, work in the RWZ at the assigned office area
- Attend mandatory meetings and semester orientations
- Other duties as assigned

**Minimum Qualifications:**
- Current enrolled undergraduate or graduate student in Community Health Education or Public Health
- Prior experience and knowledge of health and wellness programming topics, including, but not limited to: sexual health, alcohol, tobacco, drugs, impaired driving, mental health, physical health and fitness.
- Excellent interpersonal skills mandatory

**Knowledge or Special Skills Required:**
- Outstanding research ability (both web-based and print), organizational, and writing skills
- Strong presentation skills
- Willingness to adapt to change and work in high-energy environment
- Outstanding technical skills including: MS PowerPoint, Excel and Word

**Experience:** Variable. Training provided for conduction of programming.

**Time Commitment:** Variable as per academic program requirements, programming and staffing needs. Note that the majority of programming takes place normal business hours.

**Rebel Wellness Zone Location, Hours, Contact Info:**
SRWC 2nd floor, past weight room
M-R 8am-8pm, F 8am-7pm. Closed Weekends and Holidays
**Main Line:** 895-4400
**Email:** srwc.rwz@unlv.edu
**Website:** srwc.unlv.edu

**Contact Info:**
Starr Wharton, Wellness Educator – starr.wharton@unlv.edu, 702-895-0288

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