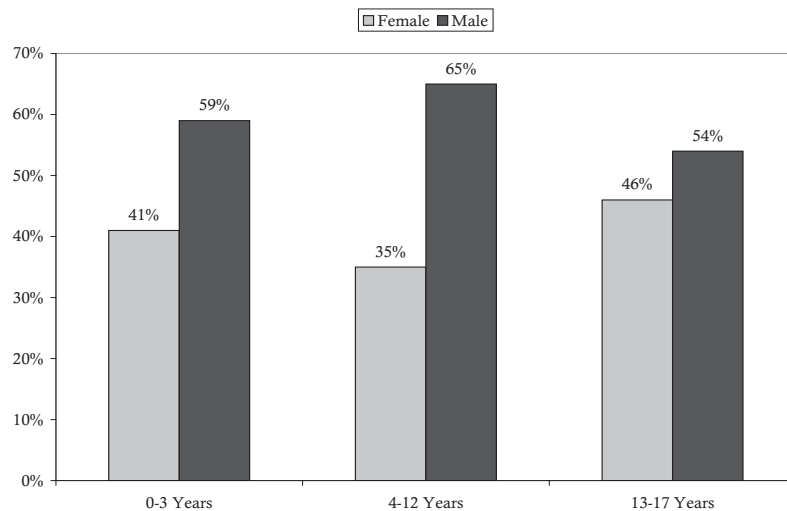


Mental Health

Definition

*Mental Health is a state of successful performance of mental function, resulting in productive activities, fulfilling relationships with other people, and the ability to adapt to change and to cope with adversity.*¹

All MHDS* Clients in Nevada by Gender by Age: 2004



*Mental Health and Developmental Services.

Source: Karr, Donald R. and Laura Valentine, *How Nevada Stacks Up: National and Regional Comparison of Nevada's Public Mental Health System Final Report: July 2005*, July 2005, available online at: <<http://mhds.state.nv.us/pdfs/HowNevadaStacksUp2005.pdf>> as of 10/20/05.

Nevada

Children and youth ages 17 and under make up 16.5 percent of all Mental Health and Developmental Services (MHDS) clients in Nevada.² Males were more likely to have received MHDS services than females in 2004, this was especially true for the four- to twelve-year-old-age group.

Rural Clinics

The Rural Clinics provide mental-health services in Carson City, Minden, South Lake Tahoe, Dayton, Silver Springs, Fernley, Yerington, Hawthorne, Fallon, Lovelock, Winnemucca, Battle Mountain, Elko, Ely, Mesquite, Pahrump, Tonapah, Caliente, and Overton.

In calendar year 2004, 1,093 children ages 17 and under received mental-health services in the Rural Clinics, 56.6 percent were males and 43.4 percent were females.³ Whites (82.4 percent) were the most likely to have received treatment, followed by American Natives/Alaskan Natives (3.0 percent), blacks (African Americans) (2.7 percent), more than one race (0.3 percent), and Asians (0.1 percent). Nearly 12 percent of the data were classified as other, unknown, or race conversion issue.

In FY04, children served by Rural Clinics were helped with attention deficit (33.0 percent), adjustment disorders (31.8 percent), depression (10.8 percent), anxiety (6.9 percent), and bipolar (3.3 percent).⁴