

SIM 101 Athletic Training

Risk Management and Injury Prevention

1-1: The student will assess the following:

- d. pulse

Acute Care of Injuries and Illnesses

2-1: The student will demonstrate the ability to:

- a. manage open and closed wounds
- b. apply direct and indirect pressure to control bleeding
- c. clean, debride, and protect an open wound
- d. apply superficial skin closures
- e. properly apply and remove gloves and other personal protective equipment
- f. properly dispose of biohazardous waste
- g. apply appropriate dressings
- h. apply ice, compression, and elevation to an acute sprain, strain, or contusion

Therapeutic Modalities

1-1: The student will perform a physical examination to identify the current inflammatory stage.

General Medical Conditions and Disabilities

1-1: Obtain a basic medical history that includes the following components:

- a. previous medical history
- b. previous surgical history
- c. pertinent family medical history
- d. current medication history
- e. relevant social history
- f. chief medical complaint

1-91: Recognize the signs, symptoms, and predisposing conditions associated with the following diseases and conditions:

The Skin

[See List]

1-92: Recognize the signs, symptoms, and predisposing conditions associated with the following diseases and conditions:

The Eyes, Ears, Nose, and Throat

- a. common cold
- b. conjunctivitis
- c. laryngitis
- d. pharyngitis
- e. rhinitis
- f. sinusitis
- g. tetanus
- h. tonsillitis

1-97: Recognize the signs, symptoms, and predisposing conditions associated with the following diseases and conditions:

Eating Disorders

- a. anorexia
- b. bulimia

c. obesity

Nutritional Aspects

1-6: Simulate intervention with an individual who has the signs and symptoms of disordered eating.