

PSY 101 General Psychology

Psychosocial Intervention and Referral

- 1-1: Simulate intervention with an individual who has a substance abuse problem and recommend appropriate referral.

- 1-2: Simulate a confidential conversation with a health care professional concerning suspected substance abuse by an athlete or other physically active individual.

- 1-3: Locate the available community-based resources for psychosocial intervention.

- 2-1: Simulate the following motivational techniques used during rehabilitation:
 - a. verbal motivation
 - b. visualization
 - c. imagery
 - d. desensitization