

UNIVERSITY OF NEVADA, LAS VEGAS

School of Social Work

Foundation Practice Study Guide for Comprehensive Exam/2007

Foundations Practice 720 (Micro)

Generalist social work - ecological systems, problem solving, strengths perspective

- Be able to analyze individuals & families using the above perspectives
- Understand environmental & personal factors that affect individuals & families

Basic components of interviewing

- Relationship
- therapeutic distance normalizing ambivalence,
- empathy
- Self disclosure
- Skills in interviewing-reflection of feeling, paraphrasing, confrontation, summarization, interpretation
- Verbal & nonverbal behavior

Social Work and self

- Self-awareness
- Boundaries
- Self disclosure
- Difference between professional and personal values and ethics

Values & ethics

- Know basic social work values
- Ethics – values in action
- Be able to identify and resolve ethical dilemmas

Theoretical Perspectives

- Ecological systems
- Constructivism

Theories of Practice (understand how theories inform your choices of treatment of particular problems and clients, not details of theories)

Psychodynamic
client-centered
Cognitive behavioral

Assessment

- Problem exploration & analysis
- Components of written assessment
- different issues and factors to assess – personality, family, environment, etc.
- symptoms
- Goals and objectives
 - Measurable
- Treatment plan

Treatment

- Engagement
- Resistance
- Termination

Crisis

- Nature of crisis
- Stress assessment
- Stages of crisis

Family Systems

- Homeostasis
- Types of systems
 - Open, closed, random
- Internal boundaries between subsystems
- Family Roles & problem roles
 - Rigid vs. flexible
 - Parentification of child
 - Scapegoating
 - Triangles

Diversity, culture & social injustice

- Demonstrate sensitivity & understanding of cultural & group differences when working with clients
- Understand effects of oppression